

**2019 Crime Prevention
(Alliance for Substance Abuse Prevention)
Committee Minutes

January - December**



WINONA COUNTY
ASAP
 Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
January 14, 2019: 2:30 – 4:00 pm at Pleasant Valley Church

ATTENDANCE

Board of Directors:			
*Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
-	Travis Volkman		CJCC liaison
Present	Helen Bagshaw	Karla Eppler	Health – Vice-Chair
-	Karin Sonneman	Rebecca Church	Government
Present	Ron Ganrude	Jeff Mueller	Law Enforcement
-			Business
-	Mark Anderson	Chai Lee	Schools
-			Faith
-			Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
-	Jenna McMillan		Substance Abuse Treatment
-	Darci Roesler	Craig Putz	Youth Serving Organization
-	Greg Taylor		Media
Present	Payton Borchardt		Youth
Present	Janneke Sobeck	<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Stacy Cottrell	Miller Mentoring
Chris Meyer	Winona County Commissioner
Jason Larsen	BBBS
Maddie Revord	WSU Student

Consent Agenda

January Agenda:

December Minutes:

No quorum present. Conduct an electronic vote for this month's business.

Old Business

Business Rep.

Dave Steinquist, Owner of Mediascope, Inc, agreed to serve on the Board as the new Business Rep.

New Business

Seeking new Secretary

(continued on next page)

Discussion about who can fill the role and take notes during meetings. Coordinator informed the group that the ASAP Secretary, Alison Marco, accepted a new job in Wisconsin and has moved. Chair (Beth) and Vice-Chair (Helen) agreed to alternate taking notes at Board meetings.

Seeking new Parent Rep.

Discussion about who can fill the role. Coordinator informed the group that Molly Dahl, current Parent Rep., asked to step down from the Board. She explained that her work is in Winona, but she is a resident of Rushford County and heavily involved in her kids' activities in Rushford so felt it was not the best fit for her to serve the role. Coordinator mentioned a few candidates and volunteered to invite them.

Seeking new Faith Rep.

Discussion about who can fill the role. Coordinator informed the group that Brian Sauter, current Faith Rep., accepted a new job in Nebraska and will resigning from the Board this month. Chair (Beth) mentioned that Karin Sonneman (Gov't Rep.) knows a person from her church that would be a good candidate. Coordinator also volunteered to ask Brian's organization (Pleasant Valley Church) if there would be a good candidate from within since the church currently hosts our meetings.

Youth-serving Rep. proxy

Chair (Beth) suggested Jason Larson, Director for La Crosse area Big Brothers Big Sisters, join the leadership team as a proxy for our current Youth-serving Rep. (Darci). Jason agreed. Conduct a Board vote electronically.

Workplan and budget

Board talked through each line item of the proposed action plan and budget to finalize the plans for 2019. Board said it would be helpful to list out on future agendas (from the action plan): Ongoing activities and upcoming activities (2-months out). Board would also like a list of tabling events for 2019 listed out on paper and posted on the website. Coordinator will put these items together. Below is a summary list of adjustments to the action plan along with other discussion.

- Assigned a few more names or action teams to activities
- Removed incentive to provide employers with \$15 to attend the Responsible Beverage Server Training (They already get a reduction in insurance premiums for participation)
- Removed two student activities to present on alcohol (Students have a lot of other activities in the action plan we'd like to see accomplished first)
- Video production and Advocacy Training line items in the budget have been adjusted

Campaign video

Discussion of ideas for a 15-second ad in movie theaters similar to the 2017 production on marijuana. Received sample videos from Screenvision on vaping and prescription drug drop off. Board would like a quote from our previous videographer on cost to develop another short ad locally. Coordinator will obtain this for next meeting. Coordinator will also gather interest for a movie theater ad from various student groups. Goal is to identify a topic for the ad by next month and launch this Spring.

Organization MOU's

Discussion about obtaining MOU's (coalition involvement agreements) with organizations vs. individuals. Challenged raised about having a person involuntarily elected from an organization to serve on the leadership team. Board prefers to have a person volunteer and passionate about the issues. Having an MOU with an organization would prevent us from needing to find a new representative if one person

resigns. Obtaining MOU's would be more challenging with certain sectors. Executive Committee will discuss more and look at which organizations it would be beneficial to obtain an MOU.

T21 Initiative

Discussion about the process to adopt a new local policy and who the champions or supporters would be for raising the legal tobacco age to 21. Consensus that the Board and general public needs to receive more education on the topic. Board would like talking points or a fact sheet to learn and share with others. Coordinator will create and bring this to the next meeting.

Other discussion

Vice-Chair (Helen) shared a few upcoming dates for HIPS and the new vaping backpack:

- Jan. 18: Presenting during teacher workshop day at WSHS
- Feb. 28: HIPS at the Family & Children Center
- Mar. 6: Vaping presentation at Rotary

Next Meeting: February 25, 2019 at 2:30pm at Pleasant Valley Church

Please note the date change because of President's Day during our regular scheduled time.

DRAFT

Winona County Criminal Justice Coordinating Council
Alliance for Substance Abuse/Crime Prevention Minutes
February 2019

ASAP did not meet in February of 2019 due to inclement weather. The next meeting is on March 18, 2019 starting at 2:30 p.m. at Pleasant Valley Church.



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee

March 18, 2019: 2:30 – 4:00 pm at Pleasant Valley Church

ATTENDANCE

Board of Directors:			
*Bolded names were present			
<u>Attendance:</u>	<u>Board Member:</u>	<u>Proxy:</u>	<u>Sector:</u>
Present	Travis Volkman		CJCC liaison
Present	Helen Bagshaw	Karla Eppler	Health – Vice-Chair
Present	Karin Sonneman	Rebecca Church	Government
Present	Ron Ganrude	Jeff Mueller	Law Enforcement
Present	David Steinquist		Business
-	Mark Anderson	Chai Lee	Schools
-			Faith
-			Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Craig Putz	Youth Serving Organization
-	Greg Taylor		Media
-	Payton Borchardt		Youth
		<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
<u>Name:</u>	<u>Organization:</u>
Ted Barthel	Hiawatha Valley Mental Health Center
Stacy Cottrell	Miller Mentoring
Mark Hecht	Family & Children's Center
Carin Hyter	Winona County District Court
Deb McComb	Winona County
Kathy Sublett	Winona Arms Inc
Lisa Hawkinson	Parent
Maddie Revord	WCTC Intern

Consent Agenda

March Agenda:

January Minutes:

Approved. Beth made motion. Dave S. Second. Carried.

Old Business

Welcome Business Sector Rep:

Dave Steinquist from Mediascope Inc.

Potential new Board members:

Present at Board meeting were Lisa Hawkinson and Danielle from First Congregational Church (Faith).

Thank You cards:

Signed for past Board members Linda King, Brian Sauter and Molly Dahl.

Videographer quote:

This Information from Screenvision via Jeff after discussion at the Board meeting: Winona 7 gets 2-4k visits every week, and over the course of the year 80% of the population in Winona (and the surrounding area) will go to at least one movie. Hence, the longer campaign works better for optimal reach. Millennials go to the movies about 6 times a year, better exposure with your target demographic. For a 52-week ad to run 30 seconds if we supplied the video would cost a total of \$3830
For a 52-week ad to run 30 seconds if screen vision supplied the video would cost a total of \$4180
For a 52-week ad to run 15 seconds if we supplied the video would cost a total of \$2790
For a 52-week ad to run 15 seconds if screen vision supplied the video would cost a total of \$3040As for creative, its \$450 if you upload a supplied ad (like the sample ad attached). If we were to build an ad for you (Animated Audio) the cost would be \$700 for a :15 and \$800 for a :30. More discussion to follow and other quotes? Phil will get quotes from Jose Peleaz, Blake Darst, and referral from Travis.

New Business

Stacy Cottrell as new the School proxy. Travis made motion Dave S Second. Carried.

Janneke resigned her position as the ASAP director due to taking up CEO position at the Winona YMCA.

Vaping Listening Sessions Summary:

Phil, Janneke and Helen shared positive experiences at Lewiston Altura and Winona Senior High Schools. Melissa (ASAP evaluator) provided summary for both schools with discussion points and prevention strategies from students. Full summaries available from Coordinator.

Advocacy materials:

Talking points for marijuana and e-cigarettes. Blue folders with information on vaping and marijuana given out to ASAP members present at the meeting to help get conversations started.

Phil will upload these handouts and information to the ASAP web page.

2019 Action Plan:

Reviewed progress and delegate activity. 2 workgroups to be set up:

1. ASAP Sustainability Team: Beth and Karin. Beth to e-mail invite for others to sign up.
2. ASAP T21 (Tobacco 21) Team: Dave S, Beth, Karin, and Helen. Beth and Helen to contact other interested community members.

Other discussion

Click on Volunteer Opportunities on ASAP web page to see what you can sign up for:

National Prescription Drug Take-Back Day (Apr 27)

Law Day (May 2)

Hidden in Plain Sight at Friendship Center (Jun 25-26)

Winona County Fair (Jul 10-14)

Hidden in Plain Sight at Winona Public Library (Jul 11)

Hidden in Plain Sight at National Night Out (Aug 6)

Events:

T21 Webinar sponsored by ASAP on Tuesday 2nd April at Winona Health from 11 to 12 Noon

ASAP Vaping presentation Wednesday 3rd April at CJC Noon at 171 W. 3rd, Winona.

Resources:

Helen encouraged members to borrow and share the vaping backpacks and information. Also Hidden in Plain Sight (HIPS) is an excellent exhibit to learn how to identify substance abuse and what to do if you think a youth is using. The mock teen bedroom is an exhibit for parents and community members to learn about numerous potential warning signs. If you are interested in hosting a Vaping 101 presentation or HIPS, please contact Phil the ASAP program coordinator

Next Meeting: Monday April 15th, 2019 at 2:30pm at Pleasant Valley Church

Minutes drafted by Helen Bagshaw.

DRAFT



WINONA COUNTY
ASAP
Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee

April 15, 2019: 2:30 – 4:00 pm at Pleasant Valley Church

ATTENDANCE

Board of Directors:			
*Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
Present	Travis Volkman		CJCC liaison
Present	Helen Bagshaw	Karla Eppler	Health – Vice-Chair
Present	Karin Sonneman	Rebecca Church	Government
Present	Ron Ganrude	Jeff Mueller	Law Enforcement
Present	David Steinquist		Business
Present	Mark Anderson	Stacy Cottrell	Schools
-			Faith
-			Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Jason Larsen	Youth Serving Organization
-	Greg Taylor		Media
-	Payton Borhardt		Youth
		<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Ted Barthel	Hiawatha Valley Mental Health Center
Cassidy Yager	Family & Children's Center
Deb McComb	Winona County
Tori Borzyskowski	Winona Health - Parent
Jen Batey	Community member
Danielle Bartz	Pastor, First Congregational Church

Consent Agenda

April Agenda

March Minutes

April Finance Report

Approved by consensus.

Coordinator Position

Phil Huerta has resigned to take a new position in early June. He is interested in staying on as Program Director, a 10%-time position. He and Beth will both visit with Jessica Remington at Winona Health (the person who is overseeing the Live Well/ASAP staff). Winona Health will post the position. Beth, Helen,

Karin and Travis will work with Winona Health to ensure the transition goes smoothly and to determine the best way to fill the Director Role.

Old Business

Fill Parent and Faith Sectors:

Phil will meet with Danielle Bartz from First Congregational Church to go over the role of the Faith sector volunteer role and have her sign a Memorandum of Understanding (MOU) for that role. Board voted by consensus to welcome Danielle to the Board.

Tori Borzyskowi from Winona Health attended the meeting. She, along with Lisa Hawkinson, is interested in filling the Parent sector role.

Screenvision Ad (videographer quotes):

Phil got additional quotes for videography services for a movie PSA focusing on vaping. They ranged in cost from \$499 to \$1,140 (with the cost of running the PSA for 52 weeks \$2,340 (for a 15-second ad) or \$3,380 (for a 30-second ad). ASAP has \$1,200 to spend. Other funding options might include a mini-SHIP grant, or forfeiture funds from the County Attorney's Office or the Sheriff's Department. He also received a PSA from students at WSHS; they would produce it at no cost. The board discussed how to give the students credit for the PSA (could add a by-line, etc.) and the issues that would need to be addressed (privacy, copyright info for music, etc.). Phil will visit with the people in charge of the student video center at the high school.

Helen moved, and Travis seconded, that Phil work with the students to make the video for ASAP. Motion carried.

Committee Updates:

- Youth:
 - Youth in both Winona and Lewiston are doing a lot of activities around ASAP's goals. They're developing videos, sharing information from student councils, etc. (mostly about tobacco/vaping). In Winona, the 5th-graders have made posters; 6th-graders have made a video; 7th-graders have Fun Fact Fridays (where they are sharing information); and 8th-graders made a presentation to the 5th-graders. In Lewiston, they are educating their fellow students about vaping.
- Tobacco (T-21):
 - T-21 is still in play at the Legislature, but it does not appear that it will pass this year. We will continue our efforts to gather support for a county-wide ordinance – talking with groups and individuals, asking people to write letters to the editor, etc., while not speaking directly about the issue with the County Board (to avoid even the appearance of lobbying).
- Sustainability:
 - We are in the 4th year of our 5-year grant. The RFP will come out in January 2020, with the grant due the end of March. We would not find out if we are funded years 6-10 until late summer 2020. The group needs to look at additional funding options; there is

another, similar federal grant that may be available. We also need to have conversation with Winona Health to ensure they will still be willing to be fiscal agent at that point. Beth will put together a Doodle poll for the board and regular attendees to see who is interested in meeting about sustainability and when they are available.

- Training:
 - Hidden in Plain Sight (or the backpack presentation) exhibits are scheduled at the Winona Public Library, the Winona Friendship Center and several other places. There was also a presentation at last month's CJCC meeting. Please encourage friends and colleagues to schedule a presentation.

New Business

Evaluation Report (Oct-March):

The report from our evaluator, Melissa Adolfson from EpiMachine was very positive for the first two quarters of Year 4.

Her recommendations for Quarter 3 (April-June) are:

- Goal 1: Enhance Community Capacity for Prevention Efforts:
 - Continue to find more ways to engage youth in planning and implementation;
 - Ensure that community awareness-raising efforts continue to address alcohol and marijuana, in addition to vaping (which had a very strong emphasis in Quarter 2);
 - Work on getting more involvement in activities from the faith community, substance abuse community, and youth-serving organizations.
- Goal 2: Prevent and Reduce Youth Alcohol, Marijuana, and Prescription Drug Use/Misuse:
 - Ensure that strategies are being worked on to address all three priority substances – most Quarter 2 efforts were focused on vaping strategies;
 - Begin administering knowledge tests at RBST classes (at least a post-test);
 - Use the HIPS event feedback/evaluation tool for all formal presentations;
 - Continue work with the schools to encourage implementation of an evidence-based prevention curriculum.

2018 Annual Report:

Phil shared the annual report with the board. It was developed by a student at Winona State, and printed by DigiCopy (a vendor used by Winona Health). It was very well-received:

- Format
- Look
- Information

Updates:

Substance Abuse Prevention Skills Training (SAPST):

Helen attended this session in the Twin Cities. It was informational, and she learned how well ASAP is doing relative to peers. One of the pieces of information she shared was the importance of getting to know other members of the Coalition and why they are involved. Each month, one person will share (a

couple minutes) who they are and why they are involved. For May, Ted Barthel agreed to be the first person to share his interest in ASAP.

It was noted that attending the SAPST conference (4 days) allows participants to become certified and credentialed for 2 years in this organization.

Cannabidoil (CBD):

Helen had a lot of information to share about CBD. Basically, there are a lot of health claims about it, but the research is not complete. THC is not part of the oil, but no one – at this point – truly knows if it's safe, or not. We will continue to collect information.

"Lock it Up" Campaign targeting parents:

The "Lock it Up: campaign will take the place this year of "Buzzkill." Youth volunteers will place stickers on (mostly) beer cases at a variety of liquor stores in the community, with the following message: "Adult Advisory: It is unlawful for any person to host or allow alcohol to a person under 21. You can be held criminally responsible, and face up to 1 year in jail, \$3000 in fines, or both. – City of Winona Ordinance 55.19." The logos of ASAP and the Winona Police Department are on the stickers.

This is a campaign to educate parents about the consequences of allowing minors to drink on their property and to provide guidance. There was discussion about how to create an exhibit about this movement. Steele County holds an event with parents and children around this issue, with panel discussions focusing on how things are currently done, and hearing information from the students' perspective.

Mediascope is providing the printing of the stickers at no cost.

Travis moved, and Jeff seconded, to utilize this campaign. Dave Steinquist abstained. Motion carried.

Garvin Heights Park Monitoring:

Phil reported that Garvin Heights Park is still a "hot spot" for marijuana and other substances. There was discussion about how to make the area less attractive to that activity. Suggestions included: scanning the environment, then cleaning it up; courting media coverage about the issue; and raising awareness of the issue throughout the community. No action was taken.

Respectfully submitted,
Beth Forkner Moe
Board Chair, ASAP

Next Meeting: Monday, May 20, 2:30-4:00 p.m., Pleasant Valley Church



WINONA COUNTY
ASAP
 Alliance for Substance Abuse Prevention



2018 ANNUAL REPORT

LOCAL DATA

Minnesota Student Survey for Winona County

From 2013 to 2016, the number of Winona County 8th, 9th and 11th graders reporting past 30 days

- Marijuana use decreased by 11%
- Prescription misuse decreased by 35%

ACCOMPLISHMENTS

Prescription (Rx) Drug Take-Back Events
 7 events
 817 pounds of prescription drugs collected
 550 drop-offs
 244 volunteer hours

Supported Responsible Beverage Server Training hosted by Winona Police Department
 10 trainings
 227 attendees

Assisted Winona Health in coordinating and purchasing drug drop box
 167 pounds collected (Since July 2018)

Hidden in Plain Sight Exhibits
 507 attendees
 299 volunteer hours
 8 locations

REACH

2,654
 People served

459,000
 Media impressions

\$104,840
 Total value of in-kind volunteer time and resources

BOARD

Beth Forkner Moe - Civic/Volunteer
 Darci Roesler - Youth Serving Organization
 Greg Taylor - Media
 Helen Bagshaw - Healthcare
 Jenna McMillan - Substance Abuse Treatment
 Karin Sonneman - Local Government
 Linda King - Business

MEMBERS

Mark Anderson - School
 Molly Dahl - Parent
 Pastor Joe McConkey - Religious
 Payton Borchardt - Youth
 Ron Ganrude - Law Enforcement
 Travis Volkman - CJCC Representative

OUR MISSION

We work together to create a culture free from the misuse of alcohol, tobacco and other drugs for our youth through community-wide collaboration

ABOUT US

Since its inception in 2012, the Winona County Alliance for Substance Abuse Prevention (ASAP) coalition of community volunteers has taken a preventative approach to reduce and prevent youth substance use of alcohol, marijuana, and prescription drug use in the Winona Area Public Schools and Lewiston-Altura School Districts. In September 2015, ASAP was awarded a 5-year federal grant of \$532,974 by the Drug-Free Communities (DFC) Support Program from the Substance Abuse Mental Health Services Administration (SAMHSA).



GET INVOLVED

Help us continue to grow our efforts in educating the community and supporting our youth by promoting a healthy drug-free culture.

1. Sign up for the Winona County ASAP newsletter at www.winonacountyasap.org/
2. Attend a board meeting on the third Monday of each month from 2:30 - 4:00 pm at Pleasant Valley Church (1363 Homer Road, Winona, MN 55987)
3. Join an Action Team. Email the Program Coordinator to learn more
-phil.huerta@winonacountyasap.org
4. Make a tax-deductible donation
Checks can be mailed to:
Winona County ASAP
855 Mankato Ave.
Winona, MN 55987.



WINONA COUNTY
ASAP
Alliance for Substance Abuse Prevention

CONTACT

507.474.2727
info@winonacountyasap.org
www.winonacountyasap.org/

OUR STAFF

Janneke Sobek - Program Director
Phil Huerta - Program Coordinator

DESIGNED BY:

Rachel Adam
www.racheladam.me
raadam96@gmail.com



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
May 20, 2019: 2:30 – 4:00 pm at Pleasant Valley Church

ATTENDANCE

Board of Directors:			
*Bolted names were present			
Attendance:	Board Member:	Proxy:	Sector:
-	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
Present	Karin Sonneman	Rebecca Church	Government
Present	Ron Ganrude	Jeff Mueller	Law Enforcement
Present	David Steinquist		Business
Present	Mark Anderson	Stacy Cottrell	Schools
Present	Danielle Bartz		Faith
-			Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Jason Larsen	Youth Serving Organization
-			Media
Present	Payton Borchardt		Youth
		<i>(non-voting)</i>	Program Director
Present	Phil Huerta	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Ted Barthel	Hiawatha Valley Mental Health Center
Kayla Kaczorowski	Treatment Court of Winona County (intern)
Carin Hyter	Treatment Court of Winona County
Tori Borzyskowski	Winona Health - Parent
Lisa Hawkinson	Community member - Parent
Paulette Clark	Regional Prevention Coordinator
Gabrielle Mark	Newly hired Program Coordinator
Melissa Adolphson	EpiMachine – Program Evaluator

Consent Agenda

- May Agenda
- April Minutes
- May Finance Report
- Approved by consensus.

Get to Know a Coalition Member

Helen Bagshaw suggested that one member a month talk about who they are, and why they are interested in our work. Ted Barthel from Hiawatha Valley Mental Health Center (HVMHC) volunteered

to be our first speaker. Ted was originally interested in the criminal justice field, then discovered his affinity for the recovery community, and became a Licensed Alcohol and Drug Counselor (LACD). He interned at HVMHC and now works there. Dave Steinquist has agreed to share his story at the June board meeting.

Organization Updates

- **Coordinator Position**

This was Phil Huerta's last meeting as Coordinator. (Helen Bagshaw brought cake so we could celebrate his work, and that of Payton Borchert, who is graduating from high school and has been an outstanding Youth member). He will stay on as Program Director, a 10%-time position. Several Board members, along with Winona Health HR staff, conducted interviews for his successor. Gabrielle Mark was offered and accepted the position; she will begin June 17. She was in attendance at the meeting. Welcome, Gabrielle!

- **Sustainability**

We are in the 4th year of the 5 year grant. The coalition needs to begin sustainability planning, along with developing a grant for years 6-10 in the next few months. There is a significant risk that ASAP will face a "gap year" for funding (Gabrielle has been made aware that funding for her position is guaranteed only until the September 29, 2020), since the Federal government has signaled its intent to expand ASAP-like programming throughout the nation (but without additional funding). There are, however, additional funding sources/types of funding that may be available.

- **New Federal oversight organization**

SAMSHA has always been the funder and oversight organization for DFCs (Drug-Free Communities). As of June 30, that oversight will shift to the Centers for Disease Control (CDC). We will watch to see when funding opportunity becomes available.

- **Request for credentialing funding**

On behalf of ASAP, Helen Bagshaw has attended extensive training in the work we do. She has requested funding to become credentialed in this work, for the next 2 years, at a cost of \$125. (Any member of the Coalition is eligible for this this credentialing, as long as they attend the training). Jenna McMillen made a motion, and Dave Steinquist seconded it, that we pay for Helen's credentialing for this purpose. Discussion ensued, and there was significant consensus that she is one of the most visible members of our Coalition, and does a significant amount of work on our behalf. Motion was unanimously carried.

Action Plan Review

Melissa Adolphson, from EpiMachine (our program evaluator) brought a significant amount of information to the meeting to share with the Board/Coalition, about community conditions and how we are addressing them.

One area of discussion was whether we are having an impact, have the time, and are making a measurable difference on all of the community conditions, etc. More discussion will take place at later meetings.

- **Youth taking alcohol from home (3 of 10, according to Minnesota Student Survey – MSS)**
 - Potential strategies include a campaign showing parents how to lock up and monitor alcohol. Nothing has been implemented to date. Those involved in HIPS (Hidden in Plain Sight) are working to develop something for that exhibit; it's been difficult to find ways to do this in a logistical and practical way. Some ideas were shared about this, including educating parents on ways to monitor alcohol use.
- **Youth drinking at parties – we have implemented "Sticker Shock" and after-prom information. However, these are not evidence-based deterrents.**

- Perception and risk of harm from drinking continues to decrease. We had hoped to introduce evidence-based curriculum in schools; that did not happen (timing, and lack of interest from school district); will continue to evaluate effectiveness and continue to work with schools.
- Perception and risk of harm from marijuana continues to decrease. Am continuing to monitor conditions (Garvin Heights Park, etc.) Also providing safe and sober (non-alcohol, non-marijuana) activities, including free bowling on April 20 (4/20) – provided information about risks of use. 29 students took part. Evidence-based practices show students need “greater dosage” (aka, more exposure to positive messaging) to make a difference in decreasing use or perception of harm.
- Other activities to promote positive messaging, etc.:
 - Campaign on potential risks
 - WSU posters (deck of cards, with legal policies/consequences/etc of use)
 - Deck of cards with exercises re: positive workouts (i.e., 4 types of workouts, related to the 4 suits of cards)
 - After-prom party at WSHS – 188 students signed up; 177 attended. If students signed up but didn’t attend, their parents were called by committee members. If students left early, their parents were also called.
 - Winona Middle School – vaping programs for education of fellow students
 - “Educate and Congratulate” program, promoted by law enforcement
- Questions to continue to think about and attempt to answer:
 - What does success look like for our coalition?
 - What changes do we want to see as a result of our work?

Next meeting:

- NOTE: Will be held June 24 instead of June 17 (conflict at PV Church). WILL BE HELD AT B.A. MILLER AUDITORIUM AT WINONA HEALTH, IN ORDER TO FULLY DISCUSS T-21 ISSUES. SPACE WILL WORK FOR DR. DENVER BROWN FROM WINONA HEALTH, WHO IS A TOBACCO SPECIALIST AND IS WILLING AND EAGER TO DISCUS THIS WORK. THIS WILL ALLOW HIM TO COME WITHOUT COMPROMISING HIS PATIENT SCHEDULE.)

Upcoming Events:

- HIPS – various venues
- May 30 – vaping presentation, Bluffview Montessori School
- June 12 – Know Your Neighbor, East End Rec.
- Mid-July – Winona County Fair

Mediascope is providing the printing of the stickers at no cost.

Respectfully submitted,
Beth Forkner Moe
Board Chair, ASAP

Next Meeting: Monday, JUNE 24, 2:30-4:00 p.m., B.A Miller Auditorium, Winona Health



WINONA COUNTY
ASAP
 Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
June 10thwa, 2019: 2:30 – 4:00 pm at Winona Health (BA Miller Auditorium)

ATTENDANCE

Board of Directors:			
*Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
Present	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
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Present	Lisa Hawkinson		Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
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Present	Payton Borchardt		Youth
Present	Phil Huerta	<i>(non-voting)</i>	Program Director
Present	Gabrielle Mark	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Denver Brown, PA	Winona Health
Sen. Jeremy Miller	Minnesota State Legislature
Rep. Gene Pelowski	Minnesota State Legislature
Marie Kovesci	Winona County Board
Chris Meyer	Winona County Board

Consent Agenda

- June agenda
- May minutes
- June financial report
- Approved by consensus.

Get to Know a Coalition Member

Helen Bagshaw has suggested that one member a month talk about who they are, and why they are interested in our work. Member Dave Steinquist had agreed to share his story at the June board meeting, but was not able to attend.

Organization Updates

- **Coordinator Position**

This was Gabrielle Mark's first meeting as Coordinator. Welcome, Gabrielle! Phil Huerta will act as Program Director, on a 10% time basis.

T-21 Conversation:

Both Sen. Jeremy Miller and Rep. Gene Pelowski were in attendance, as well as Winona Health's Denver Brown, PA and Tobacco Specialist.

Rep. Pelowski shared with the group that T-21 bills didn't make it to the final stages of a vote in this year's Legislative session because there were too many bills overall during the year. This issue will carry over to next year and can be amended. He encouraged us to continue to work with the community toward encouraging passage of such legislation. Sen. Miller is also in favor of T-21.

Helen noted that there were some positive actions taken this year about tobacco, including passing a clean indoor air act (that prohibits vaping, e-cigs, etc. inside), and funding for tobacco cessation programs.

Denver Brown updated the group on tobacco and what he sees are issues with it. He is a tobacco specialist (receiving training in a Mayo program), and a family practitioner. He has written a letter to the editor at our request about the need for T-21; we have not yet sent it. He also has expressed willingness to talk about this issue in the schools.

He said the 2018 national youth tobacco survey showed a 78% one-year increase in teen tobacco use (rising from 11% to 21% in one year), with 20 or more times used during a month rising from 20% to 28%. Youth who have ever used e-cigs are 3-1/2 times more likely to begin using regular tobacco.

E-cig companies target youth, making the devices look like candy or other appealing products. Juul's first patent has such a high concentration of nicotine that it was unpalatable, so the company now uses nicotine salt to make it more palatable (but that has 5 times the amount of nicotine). Even topically, these ingredients can be toxic to young children.

Denver said the FDA is focusing on preventing access, sending letters to companies (warning them to stop making e-cigs look like other products), and providing education for teens and families.

The makers of Juul say it's safer than regular cigarettes and can be used to wean off cigarettes (but this is anecdotal, since studies have not been done). There are other methods – scientifically studied – that work, including patches, Chantix, etc.

According to Denver, we don't yet know how safe e-cigs are, and that it will take about 15-20 years to learn the full effects. A lot of the e-cig companies are owned by tobacco companies. Juul began in 2018, and is already worth \$38 billion.

Hookahs have also made a resurgence, generally among college-aged students. Their effects are often misunderstood – 1 hour of hookah smoke is the equivalent of 100 cigarettes. Often their users believe the water bubbling through the device cleanses the nicotine, but that is not true. Additionally, charcoal is used to heat hookahs, which provides its own health issues.

Finally, he talked about e-juice, which is flavored and contains nicotine. Propylene glycol (which heats the juice) has formaldehyde as one of its by-products. In addition, lithium batteries are used to heat the devices, which have been known to explode.

Karin Sonneman shared that the CJCC's annual October summit will focus on vaping; middle and high school students will be invited. Maurella Cunningham from WAPS will help. Other substances (including THC) will also be included in the information.

Vaping videos:

The students at WSHS made several vaping videos to be used as PSAs at the movie theater. The group liked all of them, one in particular. Travis Volkman made a motion, and Jeff Mueller seconded it, to have the students make a couple changes to the video we liked best, including adding sponsor logos at the end (ASAP, County Attorney's Office, and Sheriff's Department). After being reviewed again by Jeff and Exec., they can start running as soon as practical.

We will also try to get some media coverage about the videos, including the fact that they were student-developed, etc.

Other media ideas include sharing information about the backpack and how many people have been impacted.

Upcoming Events:

- Know Your Neighbor
- County Fair

Next meeting:

- NOTE: We will not hold a July meeting. The next meeting will be August 12, 2:30-4, at Winona Health (Gabrielle will be at a training seminar during the regular meeting day).

Respectfully submitted,
Beth Forkner Moe
Board Chair, ASAP

Next Meeting: Monday, August 12, 2:30-4:00 p.m., BA Miller Auditorium, Winona Health

Finally, he talked about a juice which is flavored and contains nothing. (Probably glycol which heats the juice) has formaldehyde as one of its by products. In addition, formaldehydes are used to test the devices, which have been found to be false.

Kenyon's statement stated that the CDC's annual October seminar will focus on vaping, nicotine and high school students will be invited. (Invitation from WASH. will help. Other substances (including THC) will also be discussed in the invitation.)

Various delays
The students of WSHS made several vaping videos to be used as part of the movie theater. The group filed all of them one in particular. Travel Yolkman made a motion and left the theater according to have the students make a couple changes to the video we had been watching. (Selling sponsor logos of the and (ASAP, County Attorney's Office, and Sheriff's Department). A letterhead, reviewed again by left and right, they can start running as soon as official.

We will also try to get some more coverage about the video, including the fact that they were student-developed.

Other media ideas include sharing information about the backpack and how many people have been impacted.

- Upcoming Events:
- * How Your Backpack
 - * County Fair

Next meeting:
* NOTE: We will not hold a July meeting. The next meeting will be August 13, 2019 at 10:00 AM at Winona Health (Garnelle) will be at a training session during the regular meeting day.

Respectfully submitted,
Beth Fokker-Ross
Board Chair, ASAP

Next Meeting: Thursday, August 13, 10:00 AM, Winona Health

ASAP DID NOT MEET IN JULY 2019



WINONA COUNTY
ASAP
 Alliance for Substance Abuse Prevention



Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
August 12, 2019: 2:30 – 4:00 pm at Winona Health (BA Miller Auditorium)

ATTENDANCE

Board of Directors: *Bolted names were present			
Attendance:	Board Member:	Proxy:	Sector:
	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
	Karin Sonneman	Rebecca Church	Government
	Ron Ganrude	Jeff Mueller	Law Enforcement
-	David Steinquist		Business
Present	Mark Anderson	Stacy Cottrell	Schools
	Danielle Bartz		Faith
Present	Tori Borzykowski		Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
	Darci Roesler	Jason Larsen	Youth Serving Organization
-			Media
			Youth
	Phil Huerta	<i>(non-voting)</i>	Program Director
Present	Gabrielle Mark	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Carin Hyter	Winona County Treatment Court
Diane Hanke	WAPS (retired)
Pauline Krause	Winona Health
Chris Meyer	Winona County Board

Consent Agenda

- August agenda
- June minutes
- Financial report (not official – Elle will sent out)
- Approved by consensus.

Get to Know a Coalition Member

Our scheduled member was not able to attend.

Theater Ad Update:

The vaping ads will begin August 16. They are 15 seconds long, and will be aired before each move at Winona 7 for a full year. They were developed by students from Winona Senior High, to appeal to fellow teens. ASAP, the County Attorney’s Office, and the Sheriff’s Office are co-sponsors. They will also appear

on ASAP's Facebook page. Beth Moe will write a press release about them, to give exposure to ASAP; the release will feature the information that they were developed for students, by students. The County Attorney's October Community Summit will also feature the ads.

Marijuana: Next Steps:

Elle Mark shared an idea with the group to gather baseline data from community adults about marijuana use and attitudes. Board members will each meet with at least 5 people to discuss these ideas. Elle will give the board a worksheet with questions. The "100 Cups of Coffee" conversations will give us information as we move forward with this work.

Sustainability Workgroup:

Beth Moe will convene a workgroup to begin working on sustainability as we are going into our 5th year and will need to apply for a continuation grant (or other types of grants) within the next year. We will begin by looking at last year's application to see the types of questions asked, and begin to formulate information. We will also discuss other ways to maintain sustainability.

Looking Back, Moving Forward:

- Summer successes:
 - Since the end of May, Helen Bagshaw has made 4 vaping presentations, with one coming up at the Y for parents (Denver Brown, PA, will speak with parents) and youth (Elle Mark will speak with them). A backpack presentation will be part of the event.
 - There have been 3 HIPS events.
 - ASAP, CJCC and Treatment Court shared a table at the county fair. About 150 people each day visited the table.
 - Elle Mark attended the CADCA mid-year training in Dallas in July; the focus was on marijuana.
 - ASAP information is being shared on Facebook, Twitter (@ASAPWinona) and Instagram (@ASAPWinona).
 - Elle has met with Jake Ledger, health teacher at Lewiston-Altura. He is interested in implementing the life skills curriculum that ASAP can supply. She is planning to meet with Mark Anderson, principal at Winona Senior High to discuss what consequences students face for using nicotine products.
- What's Next:
 - We are working with Clearway Minnesota on T-21 issues. Midtown, WalMart, Seversons and several other businesses are interested in this and have shown willingness to limit nicotine sales to those under 21.

Upcoming Events:

- August 15 – there will be a free training on preventing child abuse at Family and Children's Center. CEUs are available.
- Right before school starts there will be a "Tools for a Successful School Year" workshop at Winona Senior High, sponsored by the Primary Prevention Program. It will feature Deputy Mark Dundy, talking about internet safety; Ruth Charles, talking about ACES, and Vanessa Southworth (Family and Children's Center), talking about teen suicide.

Next meeting:

- The next meeting will be **September 9, 2:30-4**, at the **BA Miller Auditorium at Winona Health**. NOTE: Meetings will again be held the third Mondays of the month beginning in October. All meetings will now be held at the BA Miller Auditorium.

Respectfully submitted,
Beth Forkner Moe
Board Chair, ASAP

Next Meeting: Monday, September 9, 2:30-4:00 p.m., Winona Health

DRAFT



**Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
September 9th, 2019: 2:30 – 4:00 pm at Winona Health (BA Miller Auditorium)**

ATTENDANCE

Board of Directors: *Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
Present	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
	Karin Sonneman	Rebecca Church	Government
	Ron Ganrude	Jeff Mueller	Law Enforcement
	David Steinguist		Business
Present	Kenzie Antczak	Stacy Cottrell	Schools
	Danielle Bartz		Faith
	Tori Borzykowski	Lisa Hawkinson	Parent
	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Andrea Garcia	Youth Serving Organization
			Media
			Youth
Present	Phil Huerta	<i>(non-voting)</i>	Program Director
Present	Gabrielle Mark	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Carin Hyter	Winona County Treatment Court
Paulette Clark	Regional Prevention Coordinator
Ted Barthel	Hiawatha Mental Health Center

Consent Agenda

Quorum not present, unable to consent officially.

September agenda – Approved (unofficially)

August minutes – Approved (unofficially)

Financial Report – Approved with discussion (unofficially):

- Brainstormed events missed on “match”. All to e-mail Elle (gabrielle.mark@winonacountyasap.org) with events they could contribute. Elle to send out reminder e-mail.

Year 5 Budget – Approved (unofficially), e-vote to be conducted

- Elle to complete formal carryover request. Carryover funds to be used to sponsor youth attendance at CADCA NLF and Youth to Youth Conference in 2020.

Get to Know a Coalition Member

Our scheduled member was not able to attend.

Board Updates:

Elle Mark suggested revision of executive team by adding a secretary to ease burden of current Chair, Beth Moe. All members are to brainstorm potential secretaries. To fill current vacancies, Elle will have Tori Borzykowski and Lisa Hawkinson sign Parent Sector CIA's as previously approved. Kenzie Antczak attended the meeting to replace Mark Anderson on the Board of Directors. Kenzie is a health and PE teacher at Winona High School and has agreed to sign Education Sector CIA after conclusion of meeting on 9/9/2019. *Welcome, Kenzie!* We are still missing sector representatives for Media and Student sectors. Kenzie to ask Casellius (co-worker) if his son will be sector representative and Elle will follow up with TJ Leverentz of Leighton Broadcasting for the media position.

***Upcoming Training:**

During our meeting, Paulette Clark received an e-mail offering a PCN training open to all in Deerwood, MN. The one day training will be held on October 1st, 2019 and the cost is \$60.81. Paulette will e-mail details to Elle. If interested, contact Elle at gabrielle.mark@winonacountyasap.org by Friday, September 13th.

Sustainability Workgroup:

Tabled until next meeting.

***T-21 Update:**

Helen Bagshaw used the open agenda spot to fill in the group on T-21 updates. After presentations at Rotary, WSU, YMCA, Severson, Midtown Foods, and with new Superintendent of Winona Public Schools, Helen and Pauline Krause have collected letters of support. Helen has requested coalition members presence at Winona City Council meeting on September 16th @ 6:30pm as well as Letters to the Editor in effort to gather attention of County Commissioners. Travis Volkman suggested we discuss T-21 at the upcoming legislative mini-session. Elle is to ask Karin and Kalene if there will be time to discuss this topic and if it is appropriate.

Marijuana, Next Steps:

Elle Mark presented a training on how to conduct the "100 Cups of Coffee" interviews for data collection. Slideshow with training will be uploaded to the website as well as the talking guide. Each member's 3-5 interviews will be due at the November meeting.

Looking Back, Moving Forward:

- Meeting with Superintendent
 - Helen Bagshaw, Elle Mark, Karin Sonneman, and Beth Moe all attended a meeting with new Winona Area Public Schools Superintendent, Dr. Annette Freiheit. She expressed interest in supporting our coalitions' efforts, including a letter of support for T-21.
- New Calendar on Google
 - Elle Mark sent out a link to every e-mail on our subscriber list to our new calendar on google. She is working to add a calendar to the website as well.
- Take-Back Day
 - The group discussed how we should conduct the upcoming Drug Take-Back Day on October 26th. Helen Bagshaw mentioned the idea of broadening our disposal to e-cigarettes and vaping devices. Phil Huerta mentioned the difficulty in getting volunteers for the event despite it being a good source of publicity for a low cost. Travis Volkman offered to ask the Goodview Reserves if they would be willing to help with these struggles.

Upcoming Events:

- October 24th @ 6:00pm, Community Collaboration Summit on Vaping at Winona Middle School. Tabling volunteers needed from 5:30-8:00pm. Helen Bagshaw and Carin Hyter volunteered to present the Vaping Backpack. *Thank you, Helen and Carin!*

Next meeting:

- The next meeting will be **October 21st, 2:30-4:00**, at the **BA Miller Auditorium at Winona Health**. NOTE: Meetings will again be held the third Mondays of the month beginning in October.

Next Steps:

What?	Who?	When?
Brainstorm events missed on match in Finance Report and e-mail ideas to Elle at gabrielle.mark@winonacountyasap.org	All Members	As soon as possible
Approach Casellius and ask if son would be able to serve as student representative.	Kenzie A.	As soon as possible
Ask TJ Leverentz, Tori Borzykowski and Lisa Hawkinson sign Parent and Media Sector CIA's respectively.	Elle M.	As soon as possible
Ask Goodview Reserves if interested in volunteering/helping out with upcoming Drug Take-Back Day.	Travis V.	As soon as possible (October 21 st is take-back day).
Make appearance at Winona City Council meeting on September 16 th at 6:30pm and write Letters of Support/Letters to the Editor in support of T-21.	All Members (ask Helen B. if questions)	September 16 th / as soon as possible.
Ask Kalene and Karin if T-21 can be discussed at mini-session	Elle M.	As soon as possible.
Present vaping backpack at October 24 th summit	Carin H. and Helen B.	October 24 th
Conduct 3-5 "100 Cups of Coffee" interviews and fill out associated paperwork (Elle has copies)	All Members	November Meeting (18 th)

Respectfully submitted,
Elle Mark
Program Coordinator, ASAP

Next Meeting: Monday, October 21st, 2:30-4:00 p.m., Winona Health



**Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
October 21st, 2019: 2:30 – 4:00 pm at Winona Health (BA Miller Auditorium)**

ATTENDANCE

Board of Directors: *Bolted names were present			
Attendance:	Board Member:	Proxy:	Sector:
	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
	Karin Sonneman	Rebecca Church	Government
	Ron Ganrude	Jeff Mueller	Law Enforcement
	David Steinqvist		Business
Present	Kenzie Antczak	Stacy Cottrell	Schools
			Faith
Present	Tori Borzykowski	Lisa Hawkinson	Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Andrea Garcia	Youth Serving Organization
	TJ Leverentz		Media
			Youth
Present	Phil Huerta	<i>(non-voting)</i>	Program Director
Present	Gabrielle Mark	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Carin Hyter	Winona County Treatment Court
Deb McComb	Winona County Health and Human Services
James Harvey	Winona Health HR, Safety

Consent Agenda

Quorum not present, unable to consent officially.

October agenda – Amended to add Jeremy Miller’s T21 e-mail, approved

September minutes – Approved

Financial Report – Approved

- Discussed the purpose of the “match” to show funders the level of community involvement.
- Year 5 Budget – Approved by e-vote on September 11th, 2019 by majority
- Discussed evaluator budget and elimination of “Needs Assessment Workbook Update” and “EVERFI Evaluation”.
 - Beth Moe (Civic/Volunteer, Chair) reminded that eliminating these items does not reduce their “validity or value”.
 - Members are encouraged to look over themselves and offer other ideas or suggestions.
 - Discussed the use of Winona State Students for evaluation work not completed by evaluator for “free” as interns.

Get to Know a Coalition Member

Our scheduled member, Dave Steinquist (Business), was not able to attend. Members in attendance brainstormed what they knew of Dave and came up with the following list:

- Has a dog golden retriever named Abe who likes to go to work
- Has a new house
- "Really good teacher" at Pleasant Valley Church
- Two or three grown sons (Dave, please come to clarify)

Sustainability Workgroup:

Beth Moe (Civic/Volunteer, Chair) is heading the sustainability workgroup as ASAP prepare's to apply for DFC funding for years 6 through 10. The materials are to be submitted in March. All are invited to participate as it goes beyond writing the continuation grant. Beth Moe to send Elle Mark (Program Coordinator) possible dates and times for members to respond to.

- **NOTE:** This e-mail with the "Doodle Poll" was sent on October 28th, 2019. You can also respond by following this link: <https://doodle.com/poll/n9q3rdhdw7y6kgca>

Education:

Helen Bagshaw (Health, Vice-Chair) presented informational materials (see attachments A and B) aimed at youth. Helen mentioned the need to talk about more than vaping, and the handouts are great materials for discussing marijuana and alcohol.

- SAM Handout (see attachment A): Succinct information on marijuana
 - Deb McComb of Winona County Health and Human Services discussed that there is a lot of discussion surrounding marijuana from elders in the community as well.
 - Phil Huerta (Program Director) suggested printing these handouts for the Health Department. Elle Mark to forward to Deb.
- Coaches Handout (see attachment B):
 - Phil Huerta discussed sharing at Winter Athletic Parent Meeting
 - Stacy Cottrell (Education, Proxy) to pass along to Winona High School coaches

100 Cups of Coffee:

Elle Mark (Program Coordinator) reviewed the "100 Cups of Coffee" training materials. You can find them on the website at this link: <http://www.winonacountyasap.org/board-meetings/>. All members are expected to complete 3-5 interviews by our November Coalition meeting.

T-21 Update:

Helen Bagshaw (Health, Vice-Chair) shared the recent successes of T-21. Helen shared that the Winona City Council, St Charles School Board, and St Charles City Council all wrote a letter of support for T-21 at the County Level. The Criminal Justice Coordinating Council (CJCC) also wrote one. We are waiting to hear when the County Commissioners will put the item on their agenda after passing to put it on there. The coalition shall make a presence at the meetings.

- Deb McComb mentioned that Cotter High Schools may oppose as their foreign students are allowed to smoke on campus.
- ****Added to the agenda: Jeremy Miller's Letter to constituents**
 - A recent e-mail and post of Senator Miller asked if constituents would support a statewide T21 ordinance and if they would support one with an exemption for military personnel.

- Elle Mark (Program Coordinator) will send out this information and encourage people to contact Senator Miller.
- Helen has asked for our help in getting youth involved
 - Tori Borzyskowski (Parent) suggested her children as supporters
 - Annette Freiheit (Winona Schools Superintendent) was mentioned as a resource for student connections
- New member, James Harvey of Winona Health's Human Resources Department, asked how T-21 would help in our community. Beth Moe (Civic/Volunteer, Chair) suggested how youth 11-14 years-old don't hang out with 21 year-olds, but they do know 18 year-olds who can give them devices. Elle Mark (Program Coordinator) referred to statistics from other communities who have passed (Needham, MA seeing a 46% decrease amongst high school smokers).
- Deb McComb suggested the slogan of "Putting 'Win' in 'Winona'"
- *A special thank you to Helen Bagshaw for her efforts in getting this passed!*

Looking Back, Moving Forward:

- Elle Mark (Program Coordinator) reviewed September Next Steps with coalition.
 - Kenzie Anzctak (Education) is offering the opportunity to serve as a Youth Representative to her students.
 - Again, all coalition members are expected to complete 3 to 5 interviews for "100 Cups of Coffee". Please have complete by November 18th, 2019.
 - The Legislative Mini-Session was a success! Thanks to Travis Volkman (CJCC Liason) for presenting.
- Upcoming Events: Please sign-up to volunteer.
 - October 24th @ 6:00pm, Community Collaboration Summit on Vaping at Winona Middle School.
 - October 26th @ 10:00am-2:00pm, Rx Take Back Day at Winona Hy-Vee
 - October 28th @ 1:00pm-7:30pm, Hidden in Plain Sight at Rushford-Peterson Schools

Next meeting:

- The next meeting will be **November 18th, 2:30-4:00**, at the **Acorn Room at Winona Health**. This room is located between the Lab and Urgent Care at the WH Clinic.

Next Steps:

<i>What?</i>	<i>Who?</i>	<i>When?</i>
Schedule Sustainability Group Meeting	Beth Moe Elle Mark All Members	As soon as possible
Find Youth Sector Representative	Kenzie Antzcak	As soon as possible
Write to Jeremy Miller showing your support for T-21	Elle Mark (template) All Members (write letter)	When possible
Conduct 3-5 "100 Cups of Coffee" interviews and fill out associated paperwork (Elle has copies)	All Members	November Meeting (18 th)

Respectfully submitted,
Elle Mark
Program Coordinator, ASAP

Next Meeting: Monday, November 18th, 2:30-4:00 p.m., Winona Health Acorn Room

DRAFT



**Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
November 18th, 2019: 2:30 – 4:00 pm at Winona Health (Acorn Room)**

ATTENDANCE

Board of Directors: *Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
Present	Travis Volkman		CJCC liaison
Present	Helen Bagshaw		Health – Vice-Chair
Present	Karin Sonneman	Rebecca Church	Government
	Ron Ganrude	Jeff Mueller	Law Enforcement
	David Steinquist		Business
Present	Kenzie Antczak	Stacy Cottrell	Schools
			Faith
Present	Tori Borzykowski	Lisa Hawkinson	Parent
	Beth Moe	Brian Voerding	Civic/Volunteer - Chair
Present	Jenna McMillan		Substance Abuse Treatment
Present	Darci Roesler	Andrea Garcia	Youth Serving Organization
Present	TJ Leverentz		Media
			Youth
Present	Phil Huerta	<i>(non-voting)</i>	Program Director
Present	Gabrielle Mark	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Katie Jensen	Winona State University, Health and Wellness
Lara Radawitz	Community Member
Kyra Renner	WSU Nursing Student
Maresa Gigliotti	WSU Nursing Student
Rebecca Sims	Live Well Winona
Pauline Krause	Winona Health, Nurse
Jen Timm	Professor, WSU Nursing
Haylee Murray	Miller Mentoring, Middle School
Peter Bagshaw	Community Member, Soccer Coach

Consent Agenda

November Agenda

October Minutes

October Finance Report

- Year 5 Evaluation Budget was not discussed

Kenzie Antczak (Education Rep) Mileage Reimbursement

- Kenzie attended “Up in Smoke” vaping education seminar in Plymouth, MN with Program Coordinator, Elle Mark, on November 14th, 2019. Kenzie shared her key takeaways with the

group, including her shock in the continued rise of vaping students and the new trend of vaping alcohol.

- Travis Volkman (CJCC liaison, Law Enforcement) moved to reimburse Kenzie for her milage. Jenna McMillan (S.A. Treatment) second. The motion carried.

Consent agenda was approved by consensus.

Get to Know a Coalition Member

Our scheduled member, Dave Steinquist (Business), was not able to attend. He will present in December at our recognition event.

Sustainability Workgroup:

Beth Moe (Civic/Volunteer, Chair) is heading the sustainability workgroup as ASAP prepares to apply for DFC funding for years 6 through 10. The first meeting was well attended by members of the board and the foundation was laid. All are encouraged to attend the next meeting on December 9th at 3:00 in the Acorn Room of Winona Health.

- Travis Volkman (CJCC liaison, Law Enforcement) asked when the grant would be due, and Phil Huerta (Director) mentioned that the due date is typically March though it was May this year.
- All Board Members are to keep an eye out for a message from Elle (Coordinator) regarding Coalition Involvement Agreements (CIA's).

Education – T-21 Advocacy Training

Kelly McIntee of the American Lung Association attended our coalition meeting to present their "Tobacco 21 Testifier Training" and each participant received a free T-Shirt. Please see Attachment A for her slideshow presentation.

- In preparing to testify, please prepare the following questions and answers:
 1. Who are you?
 - a. Name, role, address (if speaking to own policy-maker), etc.
 2. What perspective are you speaking on? Who are you specifically speaking to?
 - a. Parent? Concerned citizen? Youth influencer?
 - b. Are you speaking to lawmakers? Media?
 3. What are your areas of expertise?
 4. What have you personally seen/witnessed/experienced from tobacco?
 - a. Feel free to share a personal story as to why you are advocating
 5. What supporting evidence do you have to make your ask for change?
 6. What is the ask you are making?
 - a. In this case, passing Tobacco 21 ordinance in Winona County.
- Some "Testimony Tips":
 1. Be concise and clear
 2. 3-minute time limit
 3. Stories go further than stats
 4. Consider your audience & speak their language

Enjoy watching the videos in the slideshow of the testimonies given in Mankato, MN to gain better insight as to what the public hearing would look here in Winona. Karin Sonneman (Government) and Helen Bagshaw (Health) shared the upcoming opportunity to support T-21 at the Community Health Board Meeting at 6:15pm on Tuesday, November 26th at the Winona County Office Building, Room 138. Please attend wearing your red "Keep Lungs Loud" T-Shirt.

Looking Back, Moving Forward:

Elle Mark (Program Coordinator) reviewed successes of October and November including the Legislative Mini-Session, T-21 work, the Community Collaboration Summit on youth vaping, the Rx Take Back Day (80 pounds collected!), and the Hidden in Plain Sight exhibit in Rushford attracting over 100 parents.

- Upcoming events include:
 - Community Health Board Meeting: Tuesday, 11/26/2019 @ 6:15pm
 - Winona County Office Building, Rm 138
 - Community Thanksgiving Dinner: Tuesday, 11/26/2019 @ 4:00-7:00pm
 - East Rec Center, Winona
 - Hidden in Plain Sight, WSHS Conferences: Thursday, 12/5/2019 @ 7:30-8:30am, 4:00-6:00pm
 - Winona Senior High School

Next meeting:

- The next meeting will be **December 16th, 2:30-4:00**, at the **Nate and Aly's**. This meeting will be a "Celebration Event" recognizing all we have accomplished this year.

Next Steps:

<i>What?</i>	<i>Who?</i>	<i>When?</i>
Attend sustainability meeting	All members as able	December 9 th , 2:30 at Winona Health Acorn Room
Find Youth Sector Representative	Kenzie Antzacak All members as able	As soon as possible
Sign-Up to volunteer for upcoming events	All members as able	See events listed above

Respectfully submitted,
Elle Mark
Program Coordinator, ASAP

Next Meeting: Monday, December 16th @ 2:30-4:00pm, Nate and Ally's

There will be free ice cream!



WINONA COUNTY
ASAP
 Alliance for Substance Abuse Prevention



**Winona County Alliance for Substance Abuse Prevention & Crime Prevention Committee
 December 16th, 2019: 2:30 – 4:00 pm at Nate & Ally's**

ATTENDANCE

Board of Directors:			
*Bolded names were present			
Attendance:	Board Member:	Proxy:	Sector:
Present	Travis Volkman	-	CJCC liaison
Present	Helen Bagshaw		Health – <i>Vice-Chair</i>
	Karin Sonneman	Rebecca Church	Government
	Ron Ganrude	Jeff Mueller	Law Enforcement
	David Steinquist		Business
Present	Kenzie Antczak	Stacy Cottrell	Schools
	Mike Johnston		Faith
Present	Tori Borzykowski	Lisa Hawkinson	Parent
Present	Beth Moe	Brian Voerding	Civic/Volunteer - <i>Chair</i>
Present	Jenna McMillan		Substance Abuse Treatment
	Darci Roesler	Andrea Garcia	Youth Serving Organization
	TJ Leverentz		Media
			Youth
Present	Phil Huerta	<i>(non-voting)</i>	Program Director
Present	Gabrielle Mark	<i>(non-voting)</i>	Program Coordinator

Coalition Members and Guests:	
Name:	Organization:
Carin Hyter	Winona County Treatment Court
Deb McComb	Winona County Health and Human Services
Jade Fang	Civic member
Brandon Scott	WSHS Student, TechNest
Nicole Miller	WSHS Student, TechNest
Cooper Hancock	WSHS Student, TechNest
Colton Beier	WSHS Student, TechNest

Consent Agenda

Quorum not present, E-Vote conducted and consent agenda approved on 12/20/2019.

- December agenda
- November minutes
- Financial Report

- Members encouraged to continue reporting their “match” with tracking sheets handed out.

Get to Know a Coalition Member

Our scheduled member, Dave Steinquist (Business), was not able to attend.

Workgroup Updates:

Sustainability:

- Beth Moe (Civic, Chair) updated the board that the sustainability group is currently updating ASAP's old application to prepare for the grant announcement in early 2020. At the last meeting, the group discussed other possible funders and are creating a "hub" of that information.
- The next meeting will take place on January 20th @ 3:00pm in the Acorn Room of Winona Health. All are welcome!

T21:

- Helen Bagshaw (Health, Vice-Chair) shared her gratitude to the TechNest students for their work on the influential vaping ads!
- As far as progress with the county, Helen informed the board that things are going "OK". She requested continued support through letters to the commissioners as they need to hear from all of Winona County – not just the T21 team.
 - One cause for concern was the lack of representation from the rural community. Beth Moe suggested reaching out to Project FINE and their city councils for support. Deb McComb (Government) suggested using the videos from TechNest at rural conferences and other events. Cooper Hancock (Youth) suggested we contact 4-H and FFA clubs.
 - A note of encouragement came from Carin Hyter (Government), noting that e-mails/letters of support do go a long way with our commissioners!

Programs & Strategies:

- We are looking to start up this workgroup again in 2020. Helen Bagshaw will be researching possible days in the new year to hand out pizza and prizes at a WSHS basketball game. Keep an eye out for communications from her and sign up to volunteer at this event.

Training:

- There is a training titled "Beyond Smoke & Mirrors: Science-Based Marijuana Prevention) on January 9th, 2020 from 10:00am-2:00pm. ASAP will cover the cost of training and transportation if you would like to join us for this presentation put on by SAM (Smart Approaches to Marijuana) Minnesota. Please contact Elle Mark at gabrielle.mark@winonacountyasap.org to register.

Other workgroups (Outreach, and Teens Against Drug Abuse) will be meeting again come 2020.

Reminder: Per our bylaws, all members of the board are required to join one subcommittee. Please keep an eye out for future communication on this matter.

Looking Back, Moving Forward:

- Elle Mark (Coordinator) gave an update on the "100 Cups of Coffee" interview progress. Currently, 10 interviews were turned in and we are in need of at least 50. The board discussed some difficulties and suggested we take the interview to an online format. This will be investigated, but members should still continue to conduct the in-person interviews in the meantime. The board discussed what helped them complete their interviews. Below are some tips:
 - Have a brochure about ASAP on hand (contact Elle for these and/or a link to them)
 - "Practice" the questions before performing the interview
 - Schedule the interviews in hand with other meetings/lunch dates that are already on the books. They only take 15-30 minutes!
 - Ask the interviewee what role they identify with most before the interview (regarding sector), or ask them to answer coming from one of their roles that you identify them with
 - Once you do one, it gets easier!

Background

Summary

- Beth Moore (Vice Chair) reported the board that the sustainability group is currently updating ASAR's application to prepare for the grant announcement in early 2020. At the last meeting, the group discussed other possible factors and are creating a "hub" of that information.
- The next meeting will take place on January 30th @ 7:00pm in the Audit Room of Winona Health. All are welcome!

Key

- Helen Bayshaw (Health Vice-Chair) shared her gratitude to the fastest students for their work on the industrial vaping site.
- As far as progress with the county, Helen informed the board that things are going "OK". She requested continued support through letters to the commissioner as they need to hear from all of Winona County - not just the TAT team.
- One cause for concern was the lack of registration from the local community. Beth Moore suggested reaching out to Project EHE and University Council for support. Deb Macomber (Government) suggested using the video from the latest of rural conferences and other events. Cooper Hancock (Youth) suggested via contact 4-H and FFA clubs.
- A note of encouragement came from Co. in (Yr) (Government), noting that the mediators of support do go a long way with our community.

Program & Activities

- We are looking to start up the working group again in 2020. Helen Bayshaw will be researching possible days in the new year to hand out pizza and pizza at a WASH basketball game. Keep an eye out for communications from her and sign up to volunteer at this event.

Training

- There is a training titled "Beyond Smoke" to be held on January 23rd from 10:00am-12:00pm. ASAR will cover the cost of training and transportation if you would like to join us for this presentation and by 5:00pm (Smart Approaches to Marijuana) Minnesota. Please contact Elie at elie@winonahealth.org to register.

Other workgroups (Outreach and Youth Against Drug Abuse) will be meeting again come 2020. Reminder for our bylaws, all members of the board are required to join our subcommittee. Please keep an eye out for future communication on this matter.

Looking Ahead (Working Forward)

- Elie Mack (Coordinator) gave an update on the "100 Days of Coffee" interview program. Currently, 10 interviews were turned in and we are in need of at least 50. The board discussed some difficulties and suggested we take the interview to an online format. This will be investigated, but members should still continue to conduct the in-person interviews in the meantime. The board discussed what helped them complete their interviews. Below are some tips:
- Have a brochure about ASAR on hand (found at www.winonahealth.org and/or a link to them)
- "Practice" the question before performing the interview.
- Schedule the interview in hand with other meetings/other dates that are already on the books. They only take 15-20 minutes!
- Ask the interviewees what role they identify with most before the interview (regarding sector) or ask them to answer coming from one of their roles that you identify them with.
- Once you do one, it gets easier!

- The National Leadership Forum scholarship applications have been collected, and we will be granting 3 students the opportunity to attend the conference in February! We are in need of one more adult advisor to travel with the coordinator and the students. Please contact Elle if you are interested.
- Our faith sector representative, Danielle Bartz, had to step down. Mike Johnston of Community Bible Church has agreed to join the board in January! We are excited to have him. Welcome, Mike!
- **Important information for our Board of Directors:** For the new grant, we will need updated mini-bios and new Coalition Involvement Agreements (CIA). Elle will send out an e-mail with an example. Please respond to this e-mail with your bio and three (3) 15-minute time slots that you would be available to sign your CIA and discuss your future involvement with the coalition. This needs to be completed by January 13th, 2020.

Next meeting:

- The next meetings will NOT be on the 3rd Monday of the month due to holidays. Both meetings will be held at **Winona Health in the Acorn Room** on:
 - **January 13th** @ 2:30-4:00 (Training: “Coalition Work; What’s in it for you?”)
 - **February 24th** @ 2:30-4:00 (Minnesota Student Survey Results presentation)

Next Steps:

What?	Who?	When?
Hand-out two (2) 2020 meeting date cards to peers and colleagues	All members (Contact Elle for more cards)	January 13 th , 2020
Track “match” time using paper tracking form	All members (Contact Elle for sheet)	Ongoing
E-mail Elle your updated mini-bio and schedule time to sign CIA	Board of Directors	January 13 th , 2020
Complete “100 Cups of Coffee” interviews (3 per member)	All members	Ongoing until 50 are completed
Write letters of support for T21 and send to ALL commissioners	All members	ASAP
Connect with 4-H and FFA regarding T21	Kenzie A. (FFA) Phil H. (4H)	ASAP
Attend a workgroup session (Sustainability, T-21, Programs/Strategies, Training)	All members	Sustainability: 1/20/20 @ 3:00 at WH Acorn Room T-21: Contact Helen Bagshaw Programs/Strategies: Contact Helen Bagshaw Training: 1/9/20 training, Contact Elle Mark

Respectfully submitted,
 Elle Mark
 Program Coordinator, ASAP

The National Leadership Forum scholarship applications have been collected, and we will be granting students the opportunity to attend the conference in February. We are in need of one more adult advisor to level with the coordinator and the students. Please contact Elie if you are interested.

Our faith sector representative, Danielle Barz, had to step down with the relocation of Community Bible Church. We are excited to have him back. We are excited to have him back. Welcome, Mike!

Important information for our Board of Directors for the next year. We will need updated mini-bios and new Coalition Involvement Agreements (CIA). This will be sent out as an email with an example. Please respond to this email with your bio and form (15-20 minutes time slot that you would be available to sign your CIA and discuss your future involvement with the coalition. This needs to be completed by January 13th, 2020.

Next meeting

The next meeting will NOT be on the 31st Monday of the month due to holidays. Adult meetings will be held at Winona Health in the Acorn Room on:

- January 13th @ 2:30-4:00 (Training: "Coalition Work: What's in it for you?")
- February 24th @ 2:30-4:00 (Minnesota Student Council by Rodica presentation)

Next steps

What?	Who?	When?
Hand-out two (2) 2020 meeting date cards to peers and colleagues	All members (Contact Elie for more cards)	January 18th, 2020
Track "match" time using paper matching form	All members (Contact Elie for form)	Ongoing
E-mail Elie your updated min-bio and schedule time to sign CIA	Board of Directors	January 18th, 2020
Complete "100 Cups of Coffee" interviews (1 per member)	All members	Ongoing until 50 are completed
Write letters of support for TSI and send to ALL commissioners	All members	ASAP
Connect with 4-H and FFA regarding TSI	Kendra A. (FFA) Patti H. (4H)	ASAP
Attend a workshop session (Sustaining TSI: Program/strategies, Training)	All members	Attendability 1/20/20 3:00 at Win Acad Room 1-21: Contact Helen Barshaw Program/strategies Contact Helen Barshaw Training 1/20/20 training Contact Elie Mark

Respectfully submitted,
Elie Mark
Program Coordinator, AAP