2017 Juvenile Justice Committee Minutes January - December

Criminal Justice Coordinating Council Juvenile Justice Committee January 19, 2017 at noon County Office Building, Conf. Room B

Present: Kalene Engel, Rebecca Church, Beth Wilms, Kris Sather, Teri Henderson, Karen Sanness, Marie Kovecsi, Phil Huerta, Chris Rogers, Matt Brickl, Sara Langley, Betsy Andrews, Joe Rubado and Loren Nerison

Minutes by: Kalene Engel

Welcome & Call to Order: 12:05 p.m.

Presentation on Mille Lacs Academy and Gerard Academy: Joe Robado of Mille Lacs Academy and Loren Nerison of Gerard Academy provided information on their respective facilities, both of which are operated by Nexus. Following is a summary of the information provided; additional information is available at www.nexustreatment.org.

Mille Lacs Academy:

- Residential treatment facility for boys, ages 10-19, with significant mental health issues and unhealth sexual behaviors.
- Boys do not have to be adjudicated or charged, but must be at high risk of unhealthy behaviors.
- Facility is located in Onamia, Minnesota.
- Kids are separated both by age and intellectual functioning.
- Family involvement is emphasized; HIPAA-compliant videoconferencing is available for family visits.
- A parent partner (mentor) was recently hired to work. This individual is a parent who has had a child go through the program and who helps the parents understand and work through the process.
- The average length of stay is 10 months; however, that number is influenced by the fact that some of the youth remain in placement after completing the program because they are hard to place elsewhere.
- The facility has two psychologists who do psychosexual reports; they also contract with a psychiatrist.
- School is provided as part of the Onamia School District.
- There is funding/help available for families for visit expenses, such as hotel stays and meals.
- They request a 45 day full comprehensive evaluation.
- They are currently serving 73 kids.
- There is also an associated group home (step-down/transitional) which serves 10 kids.
- There is capacity to serve 83 kids, but like other, similar facilities, staffing presents challenges.

Gerard Academy:

- Provides individualized treatment programs for boys' and girls' with emotional and behavioral disorders
- Located in Austin, MN.
- Also emphasizes family involvement and utilizes HIPPA-compliant video teleconferencing.

- Is a 93 bed facility; they also have staffing issues so they are not at full capacity.
- They have a wait list extending until April (for an admission)
- They offer training through the University of Oklahoma to become licensed as youth counselor
- Serves boys ages 6-18 years old
- Some counties have started a "bridging" program which allows a mental health professional in the child's community to provide services before; during and after the child's stay. This has proven very successful as it allows for continuing of services and collaboration. The program came about as a request from the counties who placed kids there.
- Nexus is willing to grow and explore options for needed services.
- Dr. Berryhill has been contracted to provide psychiatric services 20 hours per week, which has been very beneficial.
- Gerard has its own school—New Dominion School. The teachers at the school undergo some of the same training as the youth counselors and other employees.
- They have a very high successful discharge rate—over 90 percent during the last few years.
- Generally, about 80% of the kids go home and stay home w/no further placements
- They have developed somewhat of a specialty in Reactive Attachment Disorder cases.
- They work closely with Kindred Family Focus (which is also a Nexus Program) on placements.
- Funding comes from a variety of sources including the county, Medical Assistance, private health insurance and private pay.
- Approximately 70-75% of their placements come from counties.
- The average length of stay at Gerard is 9 months.

Adjournment: 12:50 p.m.

Next Meeting: February 16, 2017 at noon at County Office Building, Conf. Room. B

Criminal Justice Coordinating Council Juvenile Justice Committee February 16, 2017 at noon County Office Building, Conf. Room B

Present: Rebecca Church, Beth Wilms, Kris Sather, Teri Henderson, Karen Sanness, Phil

Huerta, Chris Rogers, Matt Brickl, Sara Langley, Betsy Andrews, Lisa Gernard

Minutes by: Rebecca Church

Welcome & Call to Order: 12:05 p.m.

Approve Minutes from January 19, 2017 meeting: Approved without changes.

Truancy Update: Restorative Justice discussed the increased amount of truancy cases they are working on. Rebecca also noted the large amount of truancy cases she is reviewing. It was noted that there is an issue with the Winona Middle School referrals. Many of the referrals have had a large number of absences before being referred. There is a concern. Lisa and Drew are going to brainstorm and figure out the best way to approach this concern. Karen Sanness was going to reach out to some counties and get feedback on how they handle truancy matters.

Juvenile Housing Update: Kalene sent Rebecca an e-mail stating she had provided an interested landlord with contact information for Karen S. and Beth W. The landlord is potentially interested in opening an shelter care in the area.

Juvenile Committee Updates: Mady's Place is going through an accreditation process right now. This process will assist in creating an improved MDT (Multi-Disciplinary Team). Rebecca and Karen S. are part of the group assisting in this process. The process could take over a year to go through. CJI has its next meeting on March 8, 2017 at noon. The CJI has been a great way to discuss child protection parts. The Juvenile Delinquency Screening team has been meeting regularly. The team members find these meetings useful as they can talk about upcoming juveniles or discuss what is going on with juveniles prior to them being transferred from pre-trial to post-trial.

Open Discussion: ASAP is putting on a presentation called Hidden in Plain Sight on February 25, 2017, at the Wellness Expo.

Adjournment: 12:50 p.m.

Next Meeting: March 16, 2017, 2017 at noon at County Office Building, Conf. Room. B

Criminal Justice Coordinating Council Juvenile Justice Committee March 16, 2017 at noon County Office Building, Conf. Room B

Present: Kalene Engel, Rebecca Church, Beth Wilms, Kris Sather, Teri Henderson, Karen Sanness, Marie Kovecsi, Phil Huerta, Matt Brickl, Sara Langley, Drew Althoff, Lisa Gernand

Minutes by: Kalene Engel

Welcome & Call to Order: 12:05 p.m.

Approval of Minutes from February meeting: No changes.

Juvenile Housing Issues: Finding appropriate placements for juveniles continues to be a huge issue. Treatment centers are becoming more particular and are kicking kids out of the facility for less egregious behaviors than they have in the past. This is likely due to the fact that they have other kids waiting to take those spots. The reimbursement rates are low and prevent the facilities from attracting and keeping staff. Furthermore, given the Federal government is threatening to reduce the funding even more and/or switch to a block grant funding stream. Karen reported that her staff are spending large chunks of time trying to locate appropriate facilities and complete referral paperwork. Due to the lack of facilities, they are looking more and more to out of state placements. Karen has had some discussions with Family and Children's Center about opening a shelter care facility but staffing would likely be an issue, as it is elsewhere. No one was aware of a statewide coordinated effort to address the problem. Marie has asked the County Board to have each department do a working session to bring to light some of the challenges in their department. Attendees agreed that talking about these issues and proposing possible solutions would be appropriate for a working session.

Juvenile Court Hearings: Juvenile court hearings are supposed to be confidential, but lately they have become very "open." This week, some juveniles skipped school to attend their friend's juvenile hearing. Technically, the only persons beside court staff who are supposed to be attending the hearings are the juvenile, the juvenile's parents and the attorneys. After discussion, the committee agreed that providing additional education on the matter would be beneficial. Rebecca will work on a memo describing the problem and proposed solution.

Family Dependency Treatment Court (FDTC): In follow-up to some comments that she made at the time of the Children's Justice Initiative, Kalene discussed FDCT as being a way to promote better outcomes in CHIPS cases involving parents with chemical dependency addictions. The FDTC combines components of Drug Court with a CHIPS proceedings. Locally, no one has done an extensive analysis of what would be required to start a FDTC, but other Minnesota jurisdictions have had some success. Kalene inquired as to whether there was something who might be interested in doing some more research on FDTC and reporting back to the committee. Karen will discuss the issue with the two WCCS interns to see if they would like to take on that task.

Juvenile v. CHIPS Cases: DOC is concerned that they are being asked to supervise some juvenile cases on delinquency matters that are truly CHIPS cases. The concern is that DOC does not know the children or his/her history, so they are without the information necessary to truly be able to do the child justice. Another issue that arises is that if a child is on probation, as opposed to merely a CHIPS case, the child cannot be placed out of state. After discussion, it was agreed

that the current Juvenile Screening Team will be used to facilitate the exchange of information between these "dual status youth."

Announcements:

- Betsey Andrews is no longer in charge of the Winona Workforce Center Youth Program.
- Hiawatha Valley will be taking over medication management and some other public health functions.

Adjournment: 1:05 p.m.

Next Meeting: April 20, 2017 at noon at County Office Building, Conf. Room. B

Criminal Justice Coordinating Council Juvenile Justice Committee April 20, 2017 at noon County Office Building, Conf. Room B

Present: Rebecca Church, Beth Wilms, Kris Sather, Teri Henderson, Chris Rogers, Sara

Langley, Lisa Gernard, Drew Althoff, Kalene Engel, Marie Kovecsi

Minutes by: Kalene Engel

Welcome & Call to Order: 12:05 p.m.

Approve Minutes from March 16, 2017 meeting: Approved without changes.

Juvenile Housing Update: None.

Truancy Update: Following are the truancy stats as of April 19, 2017:

• EARLY INTERVENTION:

- o 124 student referrals
- WSHS, WMS, ALC, Jefferson Elementary, Madison Elementary, Bluffview Montessori, Lewiston-Altura, St. Charles, MN Virtual Academy, SAIL Academy (Kellogg), Immanuel Lutheran SILO
- o We have met with 80 of those students
- o With those 80 students we have held 42 follow-up meetings to check in
- o 16 of the referrals were for students age 11 and younger (we were told this school year that we will no longer be working with these students on interventions)
- Of the remaining 28 students we did not meet with, the primary reasons are NO CONTACT and TRUANCY FILED/ALREADY ON PROBATION
- o 6 of those 28 students were referred recently so we haven't had the chance to meet yet

PETITIONS

- o 51 of the 124 students had truancy petitions filed (that we are aware of)
- o 23 of the 51 students petitioned to court were referred to diversion
- o 20 of the 23 referred for diversion are still active with Restorative Justice

Students who go through truancy usually do not get a second chance, but there are exceptions. Restorative Justice sees a lot of kids that are missing classes or late to class, so it appears as though some of the schools are using truancy to modify behavior. Principals from every school attended a truancy meeting last month and reviewed policies and procedures. Currently, students are allowed to miss 3 days each month without a doctor's excuse, which some students and parents interpret to be 3 free days off every month. The principals were receptive to reconsidering that policy.

Data Dashboards: Kalene notified committee members about two criminal justice "data dashboards" for Minnesota (including county-specific data) and encouraged members to check out the available data. Below are the links to the dashboards:

Department of Public Safety:

https://dps.mn.gov/divisions/ojp/statistical-analysis-center/Pages/Criminal-Justice-Dashboards.aspx

Minnesota Judicial Branch:

http://www.mncourts.gov/Help-Topics/Data-Requests/Dashboards.aspx

Family Dependency Courts (FDC): Rebecca reached out to Dodge County and Blue Earth County regarding their FDCs; neither has responded yet. Kalene also suggested that Carin Hyter, Drug Court Coordinator look into FDCs for a possible expansion grant of the existing drug court grant. FDCs offer more frequent court check-ins that a CHIPS case would, providing more accountability and the ability to intervene earlier if things are not on track. Research has indicated that FDCs yield better results than the traditional CHIPS model.

Juvenile Committee Updates: CJI is meeting every other month. The Juvenile Delinquency Screening Team meets every other week and has result in smoother transitions for juveniles from Community Services to Probation. The Out of Home Placement Team is meeting via e-mail.

Other:

- Court security/confidentiality on juvenile cases has improved dramatically during the last month.
- Marie would like the Juvenile Justice Committee to present to the County Board on the challenges of the criminal justice system.
- Ruth Charles will be presenting to the County Board ACES.
- Restorative Justice is looking for more mentors for its mentoring program. Direct people to http://www.co.winona.mn.us/page/2783 for more information and an application form.

Adjournment: 12:50 p.m.

Next Meeting: May 18, 2017 at noon at County Office Building, Conf. Room. B

Criminal Justice Coordinating Council Juvenile Justice Committee May 18 at noon County Office Building, Conf. Room B

Present: Rebecca Church, Kris Sather, Teri Henderson, Sara Langley, Lisa Gernand, Drew Althoff, Kalene Engel, Matt Brickl

Minutes by: Kalene Engel

Welcome & Call to Order: 12:05 p.m.

Approve Minutes from April 20, 2017 meeting: Delete reference to Hidden in Plain Sight Exhibit; otherwise approved.

Juvenile Warrants/Arrests: During the last two months, there have been two instances where a juvenile with a warrant has attempted to turn themselves in, but have been turned away at the jail and asked to return the following day. It is unclear as to why the juvenile was turned away, but the issue is very concerning due to the possibility of self-harm or harm of others if the individual is not immediately taken into custody. Kalene noted that the PONI (Planning of New Institutions) Training is next week, so the issue could hopefully be addressed at that training.

Housing Update: No new updates.

Family Dependency Court: At a recent CJI meeting, a Community Services intern provided an overview of Family Dependency Court model. At least two other counties in Minnesota have such a court. Results have been very good. Rebecca noted that Karin Sonneman was very interested in the idea and was going to discuss it with Beth Wilms. Committee members agreed that, in light of the success that Winona has had with its drug court, and the high percentage of CHIPS cases involving chemical dependency, it made sense to support the idea. The current method of handling CHIPS cases involving chemically dependent parents does not seem to be working well, insofar as reunification is concerned.

Juvenile Committee Updates: CJI held a meeting in Mayo. The Juvenile Delinquency Screening Team and Family Preservation Teams continue to meet. There have been some issues with adhering to scheduled meeting times and avoiding distractions during the meetings.

Other:

- Tracking Program: Committee members weighed in on the efficacy of the tracking programs. Kris noted that the program director has been very responsive to her inquiries, responding within 4 hours every time. Others felt the program was also working well.
- Engage Winona: Engage Winona is holding its first meeting to discuss juvenile mental health issues on Monday, May 22nd at 6pm at the Winona History Center.
- The ACES team is currently taking application for ACES Training.

Adjournment: 12:50 p.m.

Next Meeting: June 15, 2017 at noon at County Office Building, Conf. Room. B

Winona County Criminal Justice Coordinating Council Juvenile Justice Committee Meeting

The Juvenile Justice Committee did not meet in June of 2017.

The next meeting of the committee is on July 20, 2017 at noon in the County Office Building, Conf. Room. B.

Criminal Justice Coordinating Council Juvenile Justice Committee July 20, 2017 at Noon County Office Building, Conf. Room B

Present: Rebecca Church, Kris Sather, Sara Langley, Drew Althoff, Karen Sanness, Matt

Brickl, Walfsty Pierre

Minutes by: Rebecca Church

Welcome & Call to Order: 12:05 p.m.

Approve Minutes from May 18, 2017 meeting

Family Dependency Court: Karen has been in communication with Dodge County regarding their court. Dodge was starting to look at their numbers on how this has been a benefit to them. Karen will talk to them again after they do that to find out what the results were.

Out of Home Placements: Karen has been working with Ken and reviewing the out of home placement numbers. They are reviewing at all areas such as why we place so far away, the length of placements, and where are the largest expenditures. One thing is clear, Winona County needs more foster homes. So there is also work in the area of recruitment and a support system.

Juvenile Warrants/Arrests: There was some improvement in this area of concern. But then it has happened with at least one other juvenile. This concern has been brought up to the Sheriff's Department and it is supposed to be being addressed. There has been a total of four known instances when juveniles were not arrested when they attempted to turn themselves in or someone has called to state where they are at (such as tracking or a parent).

GPS: There was also discussion about the concern with GPS. The concern is that juveniles are not really been placed on house arrest in the GPS system or that the proper restrictions are not been put into the system and then the agents are not getting notifications when a juvenile is violating the restrictions. Karen was going to reach out to another county that uses a different system and look into that. If GPS is not reliable, then more juveniles will be recommended to stay in placement instead of being released on GPS.

Juvenile Committee Updates: CJI was held in July. Many items were discussed including out of home placement numbers and attorneys for children in CHIPS cases. There will no other new updates.

Other:

• Youth Night Campus: They have 6 new referrals.

Adjournment: 12:35 p.m.

Next Meeting: August 17, 2017 at noon at County Office Building, Conf. Room. B

Criminal Justice Coordinating Council Juvenile Justice Committee August 17, 2017 at noon County Office Building, Conf. Room B

Present: Karen Sanness, Kalene Engel, Phil Huerta, Teri Hendersen, Rebecca Church, Walfsty

Pierre, Marie Kovecsi

Minutes by: Kalene Engel

Welcome & Call to Order: 12:05 p.m.

Approval of Minutes: Minutes from last meeting approved without changes.

Mental Health Training Updates: The two day ACES Training was recently held at the high school. Among the participants were Phil Huerta, Drew Althoff, Latrisha Green and Marie Kovecsi. Discussion was held about possibly have Phil and Drew (or others) do a training for judges, law enforcement or foster care parents. Karen will work on incorporating some training for foster care parents in October. Marie is interested in doing a training for law enforcement and jailers.

Juvenile Placement Options: Rachel Madison was recently hired as a case aide in human services licensing, to assist Jenny Losinski, Case Aide. Community Services is actively recruiting for foster care options. Hope Harbor will be opening in September, but Community Services is unable to place children there or fund their stay. Parents can place children at Hope Harbor voluntarily. Karen has had informal discussions with FCC regarding respite care in the past. The need for juvenile placement options will likely be discussed when the jail planning committee does its needs assessment. A suggestion was made to have WSU consider adding a juvenile ACES Center with respite beds to provide hands on experience for social work and child advocacy students (and others). Marie will discuss it with Ruth Charles.

Open Discussion:

• GPS Updates: Since kid's schedules are much different than adults, setting GPS zones can be very challenging. When Teri puts a child on GPS, she completes a referral sheet which includes exclusion and inclusion zones. However, when kids have school and doctor's appointments and other events, it becomes difficult to maintain schedules in the monitoring system. Some believed the GPS was simply turned off while the child was in school and that case managers were not being notified when/if they left school. Teri noted that she could receive immediate notifications if she provided her personal cell number. Kalene questioned whether access to the monitoring software could be granted to caseworkers, so they could input schedule changes directly. Rebecca was concerned that some of the judge's orders place the child on house arrest GPS unless at school or with their parents. Enforcing the "with their parents" condition would be very difficult to manage on GPS. It was decided that a meeting with Bruce Wemette would be helpful to try and iron on these issues. Kalene will convene a meeting with Bruce, Sherri Brekke, Karen Sanness, Rebecca Church, Kris Sather, Teri Henderson and Walfsty Pierre.

- Warrant Updates: Enforcing juvenile pick-ups on warrants continues to be problematic. Recently, a warrant was issued for a juvenile and when police when to pick him up, he was at home, babysitting his brother. He told the police to return in an hour and when they did, he was gone. Past problems included not detaining a juvenile who turned himself/herself in on a warrant. It appears as though this issue exists more with city police than with the Sheriff's Dept. Rebecca will discuss the matter again with Karin.
- Family Dependency Court: Karen is waiting for data from Dodge County about the success of its court. Drug Court currently has 15 clients and Wendy Van Duyne (Court Administrator) would like that number to increase to 25. A discussion was had about including another criteria for admission to drug court—active CHIPS case with children removed from the home.

Next Meeting: October 19, 2017 at noon at County Office Building, Conf. Room B.

Adjourn: 1:03 p.m.

Winona County Criminal Justice Coordinating Council Juvenile Justice Committee Meeting

The Juvenile Justice Committee did not meet in September of 2017.

The next meeting of the committee is on October 19, 2017 at noon in the County Office Building, Conf. Room. B.

Winona County Criminal Justice Coordinating Council Juvenile Justice Committee Meeting Minutes October 19, 2017 at noon at County Office Bldg. Room B

Present: Rebecca Church, Matt Brickl, Kalene Engel

Approval of Minutes: Minutes of the previous meeting were approved without changes.

Mental Health Training Updates: Engage Winona is holding a Visioning Session on Tuesday, October 24th at 5pm at LiveWell Winona on Huff Street. (See attached handouts for more information). Committee members are encouraged to attend the meeting and/or become familiar with the work that Engage Winona and Solomon's Song are doing. Doing so will help avoid overlaps and increase referrals for mental health events/services. The CJCC Community Collaboration Summit will include a Poverty Simulation which will allow participants to "step into the shoes" of a person living in poverty for an hour. An invite to this event has been circulated to many groups, including social workers, guardian ad litems and others.

Option for Placement Updates: Rachel Madison is the new County employee working on foster care licensing. Representatives from Von Wald have requested to come and speak to committee members in December.

Juvenile Committees: The MDT has not been meeting. CJI met earlier this month and discussed, among other things, McKenna's Law which requires children 10 and older to be offered an attorney in a CHIPS case. The Juvenile Screening Team has had difficulties with scheduling, so it has not met regularly.

Open Discussion:

- <u>Family Dependency Court:</u> Rebecca is interested in pursuant Family Dependency Court, but would like others to help. She will reach out to the coordinator in Dodge County to see if she could share her experiences with our committee, as well as host a team from Winona to observe the court in action.
- GPS: Kalene reported back on the CamSystems presentation which was made at the Courts Committee Meeting. Teri Henderson was also present at that meeting and the issue of GPS compliance with the court order was discussed. It is virtually impossible for a GPS Unit to ensure compliance with an order that requires the child to be on home detention, "except when they are with their parents." Rebecca reported that she is working on this issue. Matt noted that kids have confided in him that even when they violate the terms of the GPS by being away from home in the wee hours of the morning, they are not caught.
- <u>Child Protection Removal Symposium:</u> Kalene attended a child protection seminar at William Mitchell with Sue Cooper and Suzanne Bublitz of Houston County. The event featured national speakers and was attended by over 200 people. The focus of the seminar was to address how traumatic it was for children to be removed from the home and how to minimize that trauma by addressing process issues. Guidance was provided on how to prevent removal in the first place, as well as how to make the removal process less traumatic for the child.
- Medical Assistance Applications: Matt noted that a recurring challenge is the number of people who allow their Medical Assistance to lapse. Kalene noted that the forms are not easy to complete. Matt noted that Olmsted County has implemented a dedicated call-in line so people are able to get telephone assistance to complete their MA applications. This has been very successful.

Meeting Adjourned: 12:45 p.m.

Next Meeting: November 16, 2017 at noon at County Office Building, Room B.

- -Engage Winona Handouts
- -Poverty Simulation Invitation



CHAMPIONS FINAL VISIONING SESSION

Tuesday, Oct. 24, 5 p.m., Live Well Winona

5 p.m. Greet, convene with intent

5:05 p.m. - Large group - project selection, priorities

- Sort existing list of projects
- Choose top projects for immediate action
- Identify, add any projects to the list

5:30 p.m. - Small groups - discussion, planning on first projects

Sort based on interest in active projects; design steps, outcomes

6 p.m. - Large group - discussion, feedback

- Each group shares initial plan and first steps

6:30 p.m. - Large group - Public launch, next steps

6:45 p.m. - Updates, share-in

- Roundtable sharing on upcoming programs and events,

7 p.m. Leave with intent



WHO WE ARE

The Youth Mental Health initiative builds community around compassionate, proactive and holistic approaches to mental health that serve and include all youth and families in all possible ways.

WHAT WE DO

The Youth Mental Health initiative primarily accomplishes its work by taking on projects, both of our own design and those brought to us by individuals or organizations looking for additional partners and resources. The group meets regularly to guide and serve folks working on projects, to listen to and help with ideas for new projects, and to hear feedback and input on its work. These meetings are held **XXX** and are freely open to all - please consider attending to learn more, or reach out to **XXX** for more info.

Our focus areas:

- Connect, partner with, support, and enhance projects, services and organizations
- Map, share and promote programs and services
- Promote and share community events and opportunities
- Address gaps by creatively using and aligning existing resources and talents
- Tell stories and build shared language that is inclusive, positive and community-specific
- Support parents through dialogues, groups, resources and outreach
- Foster deep connections with youth and families to inform and support our work
- Educate residents to serve as self and community advocates

HOW WE DO IT

Each project group works independently, with assistance from the Youth Mental Health group and Engage Winona as needed. Each group has champions who guide the project, and members who help with specific tasks as their time and skills allow. Projects are supported by direct access to all resources and assistance the Youth Mental Health membership and Engage Winona provide.

We have two ways to engage: Active projects, with specific ways you can join in right now; and potential projects, which we need your help in leading or assisting.

Are you or your organization working on a project you'd like help with, and think fits with this group? Do you have a project or idea to suggest? We'd love to hear from you! Reach out to brian@engagewinona.org.

WE'RE DOING THESE (JOIN NOW!)

These projects are off and running! No matter what stage the projects are at, we could always use your help. Check out the details below, see where your time and talents might be a good fit, and reach out.

RESOURCE MAP

Create a community program and service resource map by surveying organizations, professionals, families and youth. Collect information and share widely in two forms: A private list for organizations/professionals (includes potential programs, non-public contact info, etc.), and a public list of active programs, resources and contact info.

Champions, members: Engage Winona

Community partners:

Aiming to complete by: January 2018

What we've done: Planning

Where we are: Preparing the list of questions for resource map, with help from YMH group **What's next:** Entering questions into digital survey, sharing the survey across Winona

What we need right now: Assistance from organizations, individuals, youth and families to complete the

survey, and then promote, share, advertise it to their networks. **Contact:** Brian Voerding, brian@engagewinona.org, 507-450-7307

YOUTH LISTENING SESSIONS

Hold listening sessions with youth, focused on their needs, challenges and opportunities. Collaborate with schools and community programs to gather the groups. Collect and curate findings into an accessible document that informs youth mental health work and is shared with the community.

Champions, members:

Community partners:

Aiming to complete by: Winter-spring 2018

What we've done:

Where we are:

What's next:

What we need right now:

Contact:

WE'D LIKE TO DO THESE (LEAD OR HELP!)

We need your time, talent and passion to help us take on these great projects! If you want to **lead** a project but it sounds overwhelming, we've got your back - we can get you the people, the checklist, the plan, and the help along the way. If you want to jump in and **help** a specific project if it becomes active, that's great, too. Either way, reach out and let us know.

Quicker wins, low-hanging fruit

- Marketing available resources: Use existing channels and networks and develop a
 promotion/marketing model that all working in youth mental health are welcome to use to widely
 spread the word.
 - "How do we get the message out that we are doing this? That there are trainings, or meetings, or whatever - what creative resources can we use?"

Most flexible commitments

- **Stronger regional resource collaboration:** Identify and seek to learn from and connect existing resources across southeast Minnesota (Rochester) and western Wisconsin (La Crosse).
- Spread programs into new spaces: Bring existing programs and services into new community
 and public spaces where youth naturally gather, and where youth participate without feeling
 labeled as working on mental health.
- Education for individuals and families: Integrate basic education into all existing and new
 programs to foster a deeper understanding of mental health in general; help a person identify
 their own emotional states accurately, and be able to express them, whether a friend or a doctor
- Community parenting: Spread the word/market best practices for neighbors supporting
 neighbors, knowing when neighborhood youth need help; provide resources and education for
 neighbors looking to develop programs or services to share talents and skills with youth (bike
 garage, woodshop, etc.); community education for anyone who interacts with youth.
- **Professional/organizational education:** Use resource map and group expertise to find education and training opportunities for organizations and institutions (healthcare, and community institutions that work with youth, too)

Bigger investment, sustained payoff

- Parent support groups: Create a parent listening and support group that's open, accessible. Use
 the model to replicate the group across the community and train others to lead (like AA model).
 Groups would provide a judgment-free zone for sharing experiences, education on and
 connections to local resources, and more.
- Shared, positive language and brand: Create shared, positive, normative language around youth mental health - a community brand for Winona around youth mental health that's accessible and welcoming - and catchy.
 - "When someone gets cancer, there's tons of support, but when someone struggles with a child who's suicidal, it doesn't feel safe to say I need help, and people don't know how to respond."

- "Makes me think of a LEED-certified building, that easily understood brand. What if we had a
 community that was holistically certified, or trauma certified. I don't know what the cool hip
 name would be, but I hear, that place is so awesome, I want to be there. It's a compassionate
 community."
- **Storytelling:** A series of stories, focused on the personal experiences of children and families in the Winona community dealing with mental health issues, told across multiple platforms:
 - "A professional and thoughtful public awareness campaign to bust cultural norms about mental health in our community."
 - "What if we asked teens and parents to tell us/write the story of their struggles and successes with mental health and then worked with acting students from WSU to create mini-plays of the stories? We could remove all identifying characteristics and this would allow teens to tell their stories without actually identifying themselves. This would allow us to use the mini-plays in a variety of ways just one play for a classroom, 2-3 for a community presentation, the whole group as a performance at the performing arts center."
- Youth support and connections groups: Integrate and connect existing youth support groups from across the community, from schools to churches; share best practices, models, activities and work

Marathons and major victories zone

- **Teen center:** Create a safe space for teens, a teen and family center; work can begin with programming and series of programs across the community, testing what works, building support and advocates (especially parents and teens), and building from there
- Peer helper network: Build a network of trained peer helpers capable of identifying mental-health concerns and issues, connecting youth to resources, and advocating for them.
 - "My big dream is how can we build a model in our community where everybody is a peer helper? We all go to our friends first, no matter who we are. So how do we make sure we all know what mental health is, have emotional literacy, how do we recognize when there are concerns, and have the self-advocacy skills to ask for help?"

Winona County Criminal Justice Coordinating Council Juvenile Justice Committee Meeting Minutes November 16, 2017 at noon at County Office Bldg. Room B

Present: Rebecca Church, Matt Brickl, Kalene Engel, Sara Langley, Teri Henderson, Phil Huerta, Drew Althoff

Approval of Minutes: Minutes of the previous meeting were approved without changes.

Direction for 2018: Committees have been encouraged to formulate goals/objectives or areas of emphasis on which they plan to focus for the upcoming year. Amidst much discussion, the committee identified the following areas of interest.

- Truancy: The truancy process has been improved and tweaked continuously for the past five years. However, new personnel and a lack of understanding of the process by some people have created opportunities for improvement. Drew has become the default resource for many issues that have arisen. It appears as though there is a need to educate people on the entire process, so that they can understand who is responsible for what tasks and how each step in the process affects other steps. Kalene suggested a sequential mapping meeting involving all stakeholders and/or a video explaining the process. Karen Sanness, though absent from the meeting, had also recommended to Rebecca via e-mail that all stakeholders be present to discuss truancy issues.
- Review of Current Programming: The hiring of a new Community Services
 Supervisor presents an excellent opportunity and reason to invite representatives of
 programs and services to meeting to explain what they have to offer. Next month, a
 representative from Von Wald will be presenting. Family and Children's Center is also
 interested in presenting on its services.
- Apprehension/Detention Process for Juveniles: Similar to the truancy process issues, there seems to be a lack of understanding about the apprehension/detention process for juveniles with warrants. It is unclear as to what information is required from who in order to make sure that children with warrants get picked up on a timely basis.
- **Prevention Programs**: All present expressed an interest in spending more time on prevention programming.

Meeting Adjourned: 1:05 p.m.

Next Meeting: December 21, 2017 at noon at County Office Building, Room B.

Winona County Criminal Justice Coordinating Council Juvenile Justice Committee Meeting Minutes December 21, 2017 at noon at County Office Bldg. Room B

Present: Rebecca Church, Matt Brickl, Sara Langley, Teri Henderson, Kris Sather, Drew Althoff, Sarah Larson, Phil Huerta, Karen Sanness, Heather Johnson

Approval of Minutes: Minutes of the previous meeting were approved with the note that Drew Althoff was at the meeting, but not noted in the minutes.

Von Wald: It was anticipated that Von Wald would be making a presentation at this meeting, however, that was re-scheduled for the January meeting.

Staff Updates: Sarah Larson started with Restorative Justice recently. She will be working with Drew. Heather Johnson started last Wednesday as the new Director of Community Services. Karen Sanness will be out on medical leave the month of January 2018. There is a new person working at the workforce center. This person filed the role of helping young adults find work. The person in this role has attended this meeting in the past, however, this position has had some turnover in the last year or so.

Truancy: The committee decided to put together a small sub-committee to take a through look at our current truancy program/response to see what improvements may be able to be made. On the sub-committee will be Drew, Rebecca, and Karen. Heather Johnson will attend the meetings if she can, but would like to stay updated on what the committee is doing. Someone from the school will also be invited/encouraged to attend. This sub-committee will start meeting in February.

Other items for 2018: Rebecca will be lining up program presentations for these meetings included on that list will be Youth Night Campus and ASAP.

Other items: Phil mentioned a couple items/topics that this group might be interested in including 7 strategies for prevention and enhancement recovery.

Meeting Adjourned: 12:50 p.m.

Next Meeting: January 18, 2018 at noon at County Office Building, Room B.