



**LET US HELP
YOU TAKE THE
FIRST STEP.**



THE ROADMAP TO RECOVERY

1) CALL THE INTAKE LINE.



**ALL OF THESE ARE LOCAL PROVIDERS
READY TO HELP YOU ON YOUR PATH:**

PHONE NUMBERS CAN BE FOUND ON OUR WEBSITE

ACUMEN COUNSELING

ASSOCIATES IN MENTAL HEALTH AND ADDICTION
SERVICES

COMMON GROUND

COUNSELING ASSOCIATES

ELLIE MENTAL HEALTH

HIAWATHA VALLEY MENTAL HEALTH CENTER

WINONA COUNSELING CLINIC

2) INTAKE WILL MAKE AN APPOINTMENT WITH YOUR PROVIDER.



WINONA COUNTY

ASAP

Alliance for Substance Abuse Prevention

3) YOUR ASSESSMENT IS COMPLETED.

**YOUR ASSESSMENT WILL LIKELY CONSIST OF A
SERIES OF QUESTIONS COVERING
6 DIMENSIONS OF THE INDIVIDUAL.**



**RISK RATINGS ARE BASED OFF OF
INFORMATION AND CLINICAL JUDGEMENT.**

**RECOMMENDATIONS FOR TREATMENT
SERVICES ARE GIVEN
BASED OFF OF RISK RATINGS.**

4) A RECOMMENDATION IS MADE UNIQUELY FOR YOU.

COMMON TREATMENT PROCESSES ARE:

- OUTPATIENT
- INTENSIVE OUTPATIENT
- RESIDENTIAL TREATMENT



5) TREATMENT IS STARTED.

IF NEEDED, YOUR ASSESSMENT WILL BE SENT TO AN OUTSIDE REFERRAL SOURCE FIRST.



6) TREATMENT FACILITY WILL DETERMINE ELIGIBILITY.

THE TREATMENT FACILITY WILL RECEIVE YOUR ASSESSMENT AND DETERMINE IF THEY WOULD BE ABLE TO ADEQUATELY HELP YOU.



7) YOU WILL BE CONTACTED BY THE TREATMENT FACILITY.

THE TREATMENT FACILITY WILL CONTACT YOU, CONFIRMING A START DATE AND ARRANGING TRANSPORTATION FOR YOU IF NEEDED.

WHY SHOULD I GET TREATMENT?

1. FOR YOU
2. FOR YOUR FAMILY
3. FOR A HEALTHY COMMUNITY

SUBSTANCE MISUSE IS HARMFUL TO YOU, YOUR FAMILY, AND COMMUNITY:
(STATISTICS TAKEN FROM WINONA COUNTY AND SUMN.ORG)

- 213 STUDENTS BETWEEN 5TH TO 11TH GRADE REPORTED EXCESSIVE ALCOHOL CONSUMPTION IN THEIR HOMES. (2014–PRESENT)
- THERE HAVE BEEN 27 OPIOID-RELATED DEATHS IN WINONA COUNTY (2008–2015)
- NEARLY 10% OF MOTOR VEHICLE CRASHES WERE ALCOHOL RELATED. (2019)

YOU OR YOUR FAMILY DON'T NEED TO BE ONE OF THE STATISTICS.

? STILL HAVE QUESTIONS? ?

YOU CAN CONTACT US AND WE WILL DO OUR BEST TO ASSIST YOU ON YOUR JOURNEY.

WINONA COUNTY ASAP

507-474-9825

INFO@WINONACOUNTYASAP.ORG



? FOLLOW US ON SOCIAL MEDIA ?



@ASAPWINONA