

Family Service Rochester

Family Advocacy in Recovery & Restoration

Life can be challenging, but together, we can go FARR!

Winona County

Olmsted County

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Meet the FARR Staff

Winona County

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Olmsted County

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Slide 2

- 1 Include google #'s?
Alysa Scott, 11/20/2020

Family Advocacy in Recovery and Restoration (FARR) provides recovery support for women age 18 and over who are pregnant and/or parenting. Services are culturally appropriate, gender-specific, and comprehensive. FARR currently operates in Rochester and Winona Areas.

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Current Group Numbers:

- Winona County:
 - 11 women
 - 3 alumni participants
 - 25 children
- Olmsted County:
 - 23 women
 - 3 alumni participants
 - 34 children

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FARR Provides:

- One-on-One Case Management
 - FARR Case Managers assist with person-centered goals related to: sobriety, mental health, parenting, child development, employment, education, referrals, and resource navigation.

- Peer Sober Support Groups
 - Winona-Tuesdays
 - Rochester-Mondays & Thursdays

- Drug Screens

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FARR Provides:

- Social Event
 - Pre Covid-1x a month case managers take the group out for a “Social Event.”

- Coordination with Service Providers
 - Case managers coordinate and work with families other service providers with a Team approach.

- Assistance with:
 - Diapers, wipes, basic needs.

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Program Participation:

- Participation in the program is for 1 year at intake
 - Year starts over the day baby is born
- Once a participant graduates she is eligible to participate as an alumni
 - Completed 1 year
 - Active participant at group- 75% of groups
 - Meet case plan goals

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F.A.R.R.

- Women are able to stay in the program for longer than 1 year if they need continuing support.
- Women are no longer immediately discharged if termination of parental rights occurs.
- More focus on the family as a whole and not just singular focus on mom.

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F.A.R.R.

- No cost to participate
- Insurance not required
- Program participation on a voluntary basis

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FARR is funded through a grant from PR%F (Proof) Alliance, an organization charged with outreach and prevention efforts to decrease the impacts of Fetal Alcohol Syndrome Disorders (FASD). FARR works in collaboration with PR%F to decrease the number of babies born exposed to substance use in-utero.

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Referral Process:

- Anyone can refer to FARR
 - Mothers can also refer themselves
- Simply fill out a referral form and email it back to FARR@familyservicerochester.org or contact 507-361-2198.

