

**Navigator Network Workgroup of the
CJCC Early Intervention & Prevention Committee
July 12, 2022 at 2:00 p.m. via Zoom**

Present: Rachel Stoll, Kalene Engel, Marissa Gerke, Amy Sixty, Bill Moe, Amanda Rodriguez, Rebecca Lundeen, Katie Schild, Vanessa Southworth, Kelly Wooden, Helen Bagshaw, Phil Huerta, Loice Odoul, Ashley Floy, Marie Kovecsi

Minutes by: Kalene Engel

Introductions: Persons present introduced themselves and their role. Rachel summarized the workgroup purpose and context within CJCC.

Presentation on Winona County ASAP: Phil Huerta, Program Coordinator and Helen Bagshaw, Volunteer, provided an overview of Alliance for Substance Abuse Prevention.

For detailed information, please see the presentation Powerpoint or video, located in the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing)

Key takeaways from the presentation are as follows:

- ASAP is short for Alliance for Substance Abuse Prevention. It is a community-based coalition, not a non-profit, which uses a public health approach and science as opposed to scare tactics.
- ASAP started in 2012 when a Winona Area Public School counselor became concerned about what was going on in the community with respect to teen drug use. The CJCC and Livewell Winona joined together with other community members to apply for a Drug Free Communities Grant.
- Phil joined ASAP in 2015, when the 1st grant was awarded. The second grant was awarded in 2020. Helen became involved because, as a part of four teenage children (at the time), she felt that this group seemed to be what was missing in the community.
- ASAP uses a variety of prevention strategies, including changes in policies, systems and the environment.
- The vision of ASAP is to have a community free from the negative consequences of alcohol and substance abuse, to promote health lifestyles and choices for youth, especially regarding alcohol, tobacco and other drug use. ASAP empowers youth to become youth leaders.
- ASAP has a Board of Directors with representatives from 12 sectors, which provides a broad community perspective. Winona Health serves as ASAP's fiscal agent.
- ASAP has been involved in many outreach activities over the years, where representatives attend community events and provide information. This includes stints at the Winona County fair, in schools (including football games) and in the community.

- Since 2016, they have hosted Drug Take Back Days. They also worked on expanding prescription drug dropboxes.
- Other examples of activities ASAP has done include art contests, student created ad campaigns, teen nights, and even a visit to the legislature.
- Persons wanting to help ASAP can do so by volunteering at community events or other activities, receiving updates via email, joining a workgroup or helping lead at monthly board updates.

Organizational Announcements: None.

Meeting adjourned: 2:40 p.m.

Next Meeting: August 9, 2022 at 2pm with featured speaker: Brad Nelson, 3rd Judicial District Ignition Interlock