

MINUTES
CRIMINAL JUSTICE COORDINATING COUNCIL
NOVEMBER 2, 2022
VIA ZOOM MEETING

Members (Attendance shown by X, Proxy shown by P)					
Brandt, Becky Court Administrator	X	Gilow, Judy Public Member	X	Patterson, Rená DOC Supervisor	P
Buswell, Steve Jail Administrator	P	Green, Justin Public Member	X	Vacant Asst. Winona City Atty	
Buytendorp, Nancy District Court Judge		Kovecsi, Marie County Commissioner	X	Said, Fatima Project Fine, Public Member	X
Carman, Gwen L-A Superintendent		Kuehn, Michael Asst. Public Defender	X	Sanness, Karen Winona DHHS Director	X
Maureen Holte Interim County Administrator		Lallemont, Angela Winona Co. Bar Assoc	X	Sonneman, Karin Winona Co. Attorney	X
Ganrude, Ron Winona Co. Sheriff	X	Moeller, Eileen Winona City Council		Volkman, Travis Goodview Police Dept.	
				Williams, Tom Winona Police Chief	X

Guests Present: Kalene Engel (CJCC Executive Director); Chris Meyer (Winona County Commissioner; proxy for Marie Kovecsi); Trish Chandler (Jail Intake Worker); Katie Schild (Criminal Justice Social Worker); Rebecca Church (Asst. Winona Co. Atty); Rebecca Lundeen (WRAP+ Community Connector); Andy Kranz (Inclusa); Carin Hyter (Treatment Court of Winona County); Linda Soderstrom (Supportive Housing Workgroup); Dave Glithero (Winona Co. Sheriff’s Dept., proxy for Steve Buswell); Kay Peterson (Winona Volunteer Services); Kelsie Horst (Winona Co Sheriff’s Dept.); Danielle Swedberg & Karrie Hahn (Family & Children’s Center); Renee Rumpca (Dept. of Corrections, Proxy for Rená Patterson); Christy Ferrington (HVMHC); Rachel Stoll (Livewell Winona and Winona Community Hub); Phil Huerta (Winona County ASAP).

Minutes by Kalene Engel

- 1) **Call to Order:** Karin Sonneman called the meeting to order at 12:02 p.m. Introductions were done after the first presentation.
- 2) **Review/Revise/Approve Agenda for November 2, 2022:** By mutual agreement, the agenda was revised to reverse the order of the two presentations.
- 3) **Review/Revise/Approve Draft Minutes from October 5, 2022:** Minutes were approved by consensus as presented.
- 4) **Information/Action Items:**

A. Presentation on Jail Programming by Dave Glithero Assistant Jail Administrator and Programs Director: Dave provided information on the anticipated programming in the new jail, set to be open in September of 2023. The old jail had very little space and could not accommodate much in the way of programming. The new jail will have two classrooms (one for computers), seven multipurpose rooms and a recreation room (half-sized basketball court). Expected programs include the following:

- Chemical dependency treatment: inpatient treatment by Teen Challenge
- Mental health treatment: exact programming not yet determined, but several are being considered
- Support groups: AA, NA
- Religious: Sunday church, Bible study, religious reading materials
- Employment: Huber work release, assistance with job search (resume writing, interviewing, completing applications and obtaining identification).
- Activities: board games, cards, minimum of an hour each day in rec room
- Exercise: yoga, mediation, aerobics, mostly YouTube based; exercise equipment and free weights in the gym (which has fresh air)
- Education: GED classes, life skills classes, computer classes (keyboarding, Word, Excel), law library, manufacturing and food service with certifications from the tech college
- Family/Friends: free inmate video visits, Ipod access with texting and calls, holiday stationary program, parenting skills and a child(ren) of incarcerated parents' program.

Volunteers are crucial to the success of jail programs, as in-person programming is more impactful than online. All volunteers must undergo a background check and attend a training. Having a criminal history does not necessarily exclude someone from volunteering. Anyone who has skills in a certain area and is interested in volunteering should contact Dave at dglithero@co.winona.mn.us.

B. Presentation on Resilient Winona County (RWC) by Ruth Charles: Ruth Charles provided an overview of RWC as follows:

- RWC started after a group of people from Winona attended an ACES Summit and created an ACES Initiative. The ACES Initiative rebranded itself through the help of Engage Winona and became RWC.
- The purpose of the group is to build self-healing communities. The way in which they plan to do that is to Educate, Advocate and Elevate.
 - Educate on trauma-informed practices, brain science and resiliency.
 - Advocate for people who have experienced trauma and help them heal.
 - Elevate the stories of those affected to increase understanding and compassion.
- An extensive study of over 17,000 participants, most of whom received healthcare at Kaiser Permanente in California, confirmed with scientific evidence that adversity in childhood (adverse childhood experiences or ACES) increases a person's mental and behavioral health problems later in life.
- Brains are built through experiences, good or bad. During the infant through elementary stage, every new experience a child has builds neurons, but as children

enter puberty, some of those neurons are already hard wired and become set. When the neurons that are hardwired are different than social expectations, that is where people might run into trouble.

- Gender, age and resiliency makes a difference in how people experience the same traumas. This explains why people in the same family don't react the same way to traumatic events.
- The 10 question ACE questionnaire has been shown to be predictive of disease, disability and social problems.
- In 2014, Minnesota conducted its own ACEs study, which confirmed the earlier nationwide test results.
- The question to ask someone with ACES is "what happened to you?" and not "why did you do that?"
- Research has also show that everyone is able to grow and learn and build resilience. Resiliency is the capacity to recover from difficulties. The key components of resiliency are (1) individual capability, (2) attachment and belonging and (3) community, culture and spirit. RWC focuses on the third of these.
- The things that can make a difference in reducing the effect of ACES are as follows: (1) feeling social/emotional support and hope; (2) experiencing hope and help; (3) community reciprocity (watching out for each other) and (4) social bridging (reaching out to people you do not know). When those four things are present, the positive effects are enormous.
- Recommended next steps are to educate yourself, learn more about aces and trauma and reduce adversity in your life and other. A good book to read is What Happened to You? by Dr. Bruce Perry and Oprah Winfrey
- Even simply acknowledging that someone has experienced trauma can build resiliency.
- RWC meets regularly to discuss and plan its work. The next meeting is on November 16th from 5-7pm at Sobieski Park. Anyone is welcome to join.

5) **Committee Reports:** Due to time constraints, no committee reports were given. Attendees were referred to the committee minutes attached to the meeting packet.

A. Jail & Jail Alternatives Committee:

Next Meeting: December 14, 2022 at noon via Zoom

B. Juvenile Justice Committee:

Next Meeting: November 17, 2022 at noon via Zoom

C. Courts Committee:

Next Meeting: November 17, 2022 at 8:15 a.m.

D. Early Intervention & Prevention Committee:

Next Meeting: December 22, 2022 at 1 pm

E. Community Outreach & Diversity Committee:

Next Meeting: November 30, 2022 at noon

6) **Other:** Another individual (Jeremy Polus) will graduate from Treatment Court of Winona County on Thursday.

Adjourn: 12:59 p.m.

Next Meeting: December 7, 2022