

**Navigator Network Workgroup of the
CJCC Early Intervention & Prevention Committee
March 14, 2023 at 2:00 p.m. via Zoom**

Present: Rachel Stoll, Tyler Kinney, Kevin Estenson, Kalene Engel, Marissa Gerke, Katie Rommes, Tara Betz, Bill Moe, Karrie Hahn, Shannon Sullivan, Linda Jacobs, Kelly Wooden, Katelynn Aufderhar, Katie Schild, Amanda Rodriguez, Loice Odoual, Angela Holloway, Emily (intern), Katelyn Fox, Vanessa Southworth, Veronica Martinez, Kay Peterson, Ann McLaughlin, Chris Meyer.

Minutes by: Kalene Engel

Introductions: Attendees introduced themselves.

Hiawatha Hall Presentation: Tara Betz, Treatment Supervisor, provided an overview of Partners in Excellence.

For a recording on Hiawatha Hall (HH), see the Hiawatha Hall folder on the Navigator Network Google Drive:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing>.

Highlights of the presentation are as follows:

- Tara is a licensed therapist and treatment supervisor
- HH is an intensive residential treatment services (IRTS) placement for persons with serious and persistent mental illness.
- Individuals who are referred typically are coming from inpatient hospitalization and require a higher level of care than what a direct placement in the community will provide.
- When persons enter HH, their medications are stabilized and they are able to work on skills.
- HH takes persons who are in jail and housed or homeless
- A referral team reviews referrals and makes a determination on admissions based upon insurance and level of care needed.
- There are 9 beds so they can take up to 9 clients.
- Services include medication management, independent living skills, communication skills, social skills and groups (3x/day). Staff will work on a treatment plan with the client and community and put a plan in place to make sure there is not regression once the individual returns to the community.
- It's a 24 hour program with onsite staff including a program coordinator/supervisor, two mental health practitioners (who do a lot of service coordination) and 7-9 mental health rehabilitation workers.
- The program is a 90 day program.
- Project FINE provides interpreting services.

- Multiple insurances are accepted. Some that are not accepted are Humana, UHC, Quartz and Medicare.
- Referrals can be made by contacting FCC, Hiawatha Hall or online at <https://www.fcconline.org/locations/winona-mn>

Organizational Announcements:

- WRAP+ has multiple trainings planned; see the hvmhc.org website for more information
- As a result of a recent health needs assessment, Winona County is forming four workgroups. Anyone is welcome to join the workgroups.
- Advocacy Center is providing training this Saturday on safe dating for teenagers.
- Community Education is sponsoring a training on vaping.
- Rachel will be participating in a housing panel sponsored by Habitat for Humanity.
- An informational session on the Drivers License for All Legislation will be held in St. Charles.
- MNSure signups are continuing.
- Flyers on all of the above will be distributed by Rachel.

Meeting adjourned: 2:30 p.m.