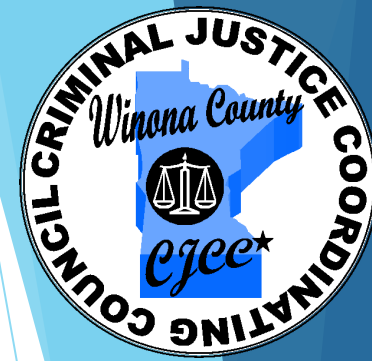


Third Judicial District Mini-Mental Health Summit  
January 26, 2023



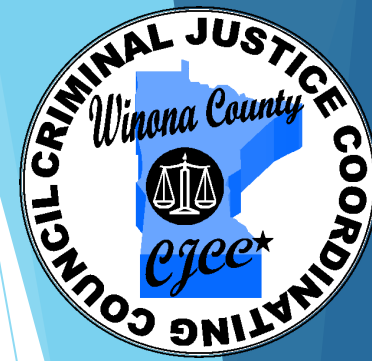
# The Winona County Experience

An overview of efforts taken in Winona County to identify, develop and implement strategies to improve response to individuals with mental illness who are involved in the justice system.

Presented by Kalene Engel  
Executive Director  
Winona County Criminal Justice Coordinating Council  
[www.winonacountycjcc.org](http://www.winonacountycjcc.org)

# The Winona County Experience

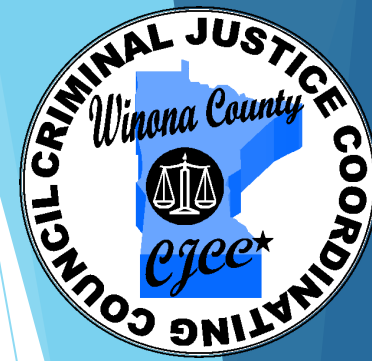
## Creation of a CJCC



- ▶ 2001 – County requested technical assistance (TA) from National Institute of Corrections – Jails Division to evaluate need for a new jail due to jail overcrowding. Experts recommend, among other things, the formation of a CJCC.
- ▶ 2007- County requested TA to form a CJCC. TA providers conducted interviews of key stakeholders and held a formation session in May of 2007.
- ▶ June 5, 2007- County Board establishes by resolution and funds the Winona County Criminal Justice Coordinating Council.
- ▶ March 1, 2008 – First (and only) Executive Director hired.

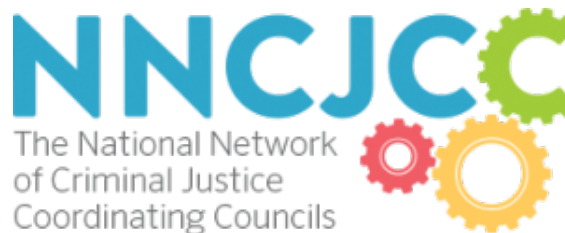
# The Winona County Experience

## What is a CJCC?



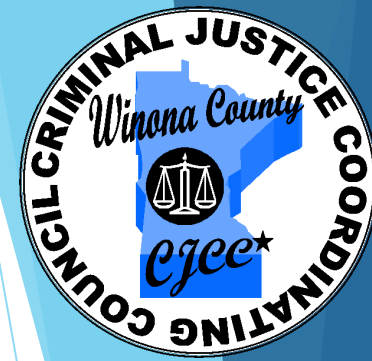
A criminal justice coordinating council (CJCC) is the general term used to describe a body of elected and senior justice system leaders that convene on a regular basis to coordinate systemic responses to justice problems. CJCCs differ widely in the membership and structure. However, generally speaking, a CJCC is a partnership of decision makers who have a stake in the effective administration of justice.

Source: [National Network of Criminal Justice Coordinating Councils](#)



# The Winona County Experience

## Early Efforts



### **CARE (Community Assessment and Reintegration) Program (2009-2019)**



*Winona County*

**CARE Program**  
Community Assessment and Reintegration

Jail re-entry program designed to address the needs of the returning offender to help them successfully integrate into the community and reduce recidivism

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### **Treatment Court of Winona County (2012 to present)**

Post adjudication treatment court offering intense accountability and support through probation supervision, chemical dependency treatment, mental health therapy, regular court appearances and more.



# The Winona County Experience-2015

## THE **STEPPINGUP** INITIATIVE

The Stepping Up Initiative is a national initiative to reduce the number of people with mental illnesses in jails. It is a data-driven framework that assists counties through training, resources and support that are tailored to local needs.

[StepUpTogether.org](http://StepUpTogether.org)

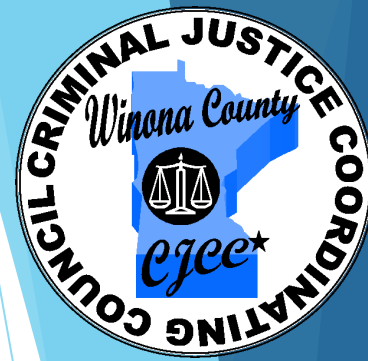
**JUSTICE★CENTER**  
THE COUNCIL OF STATE GOVERNMENTS  
*Collaborative Approaches to Public Safety*

**APF** American Psychiatric  
Foundation  
*Research. Education. Impact.*

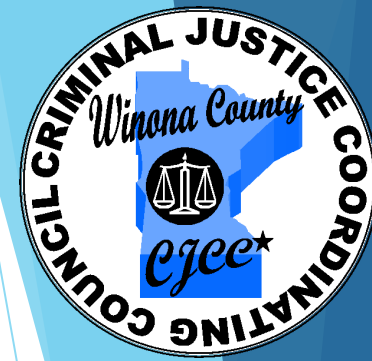


**BJA**  
Bureau of Justice Assistance  
U.S. Department of Justice

**NACO** National Association of Counties  
*The Voice of America's Counties*



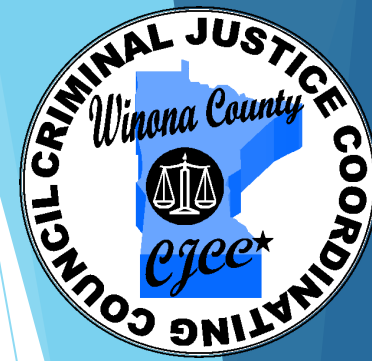
# The Winona County Experience



- ▶ Formally joined June 2015 via County Board resolution
- ▶ Over course of 18 months, multidisciplinary task force researched, gathered data, evaluated processes and completed sequential intercept map
- ▶ Submitted application for a \$250,000 Justice and Mental Health Collaboration Grant from Bureau of Justice Assistance; received Oct. 2016; created 1<sup>st</sup> Winona County Reentry Assistance Program

# The Winona County Experience

## 1<sup>st</sup> Sequential Intercept Map-2016

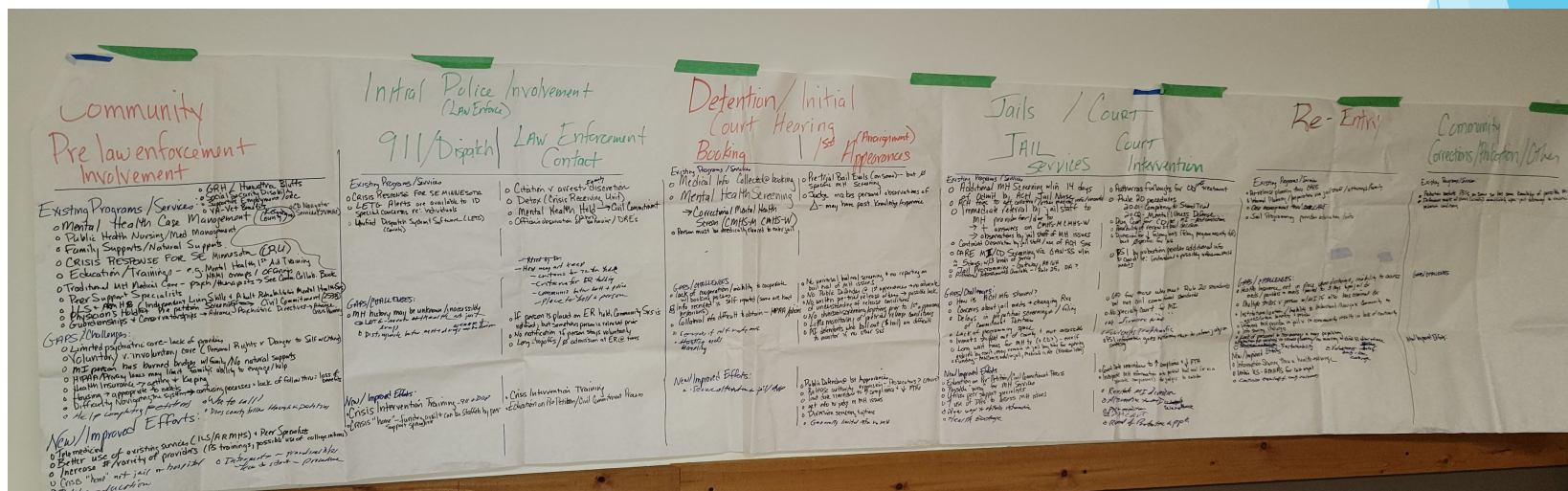
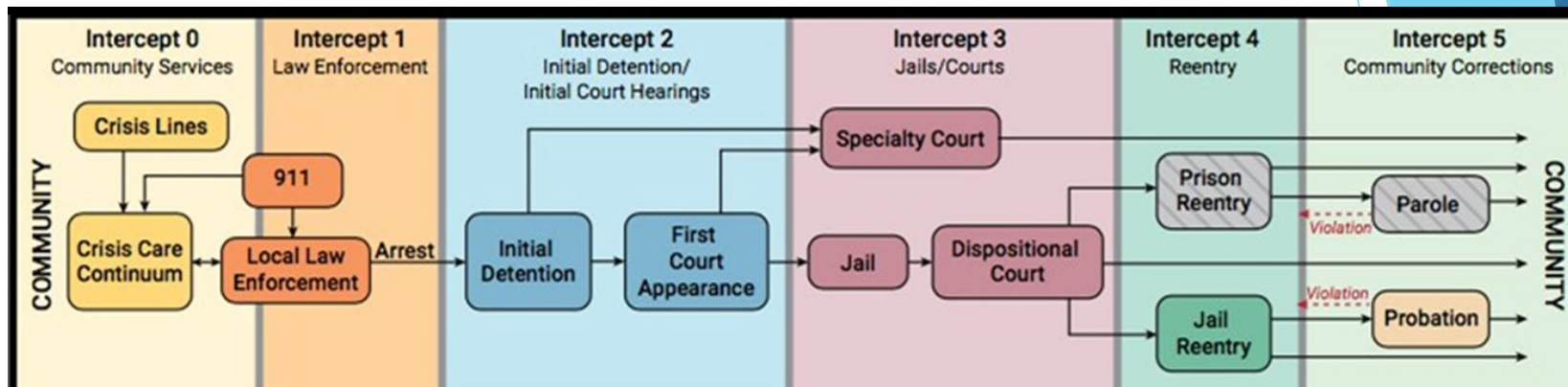


**What is SIM Mapping?:** SIM Mapping is a process that results in the development of a map that illustrates how people with mental and substance use disorders enter and move through the criminal justice system. Through the process, facilitators and participants identify opportunities for linkage to treatment and other support services, and for prevention of further penetration into the criminal justice system.

**Why do SIM Mapping?:** SIM Mapping has three primary objectives:

1. The development of a comprehensive picture of how people with mental and substance use disorders enter and move through the criminal justice system along six distinct intercept points.
2. Identification of resources, gaps in services, and opportunities at each intercept for individuals in the target population.
3. The development of priorities for change and strategic action plans.

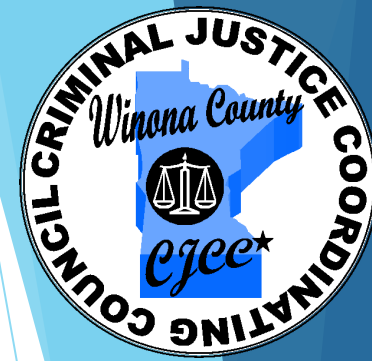






# The Winona County Experience

## Winona County Reentry Assistance Program 2018-2020

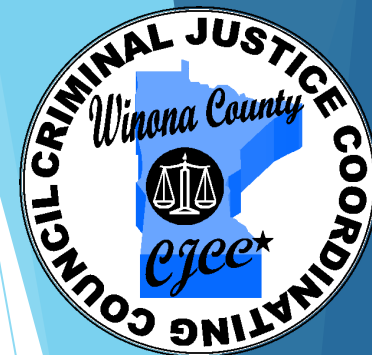


- ▶ Added Jail Intake Worker (now a county employee)
  - ▶ Performed bail evaluations; provided referrals to community resources; assisted w/applications, assembled paperwork, compiled data, did case management
- ▶ Added screening for mental illness and chemical dependency at jail intake
- ▶ Eligible participants served by a case manager from different disciplines (probation, child protection, treatment court, etc)
- ▶ Funding for “recovery support services” such as rent, healthcare, bus passes, education
- ▶ Crisis Intervention Training
- ▶ Secure Video Teleconferencing (even before COVID!)



# The Winona County Experience

## 2020-present



Partnered with Hiawatha Valley Mental Health Center; applied for and received a second Bureau of Justice Assistance [Justice and Mental Health Collaboration Grant](#) in the amount of \$724,674 to create an enhanced re-entry program called



[WRAP+ FORMS](#)

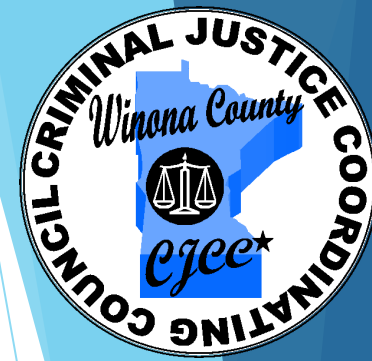
The Justice and Mental Health Collaboration Program (JMHCPC) supports cross-system collaboration to improve public safety responses and outcomes for individuals with mental illnesses (MI) or co-occurring mental illness and substance abuse (CMISA) who come into contact with the justice system.

See [JMHCPC.org](http://JMHCPC.org)



# The Winona County Experience

## Goal 1: Extensive Cross-Training for Criminal Justice and Behavioral Health Professionals



### Mental Health Trainings (Examples)

- Basic Mental Health Training
- Medication Assisted Treatment
- Adverse Childhood Experiences
- QPR (Question, Persuade Refer)
- Motivational Interviewing
- Mental Health Terminology & Roles
- Understanding Chemical Dependency Evaluations & Diagnostic Assessments
- Trauma Informed Care

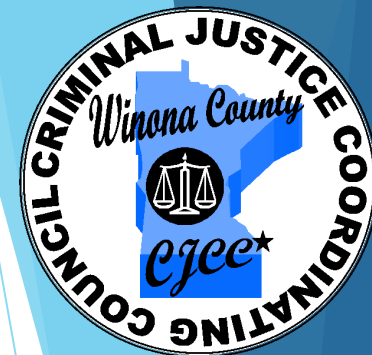
### Criminal Justice Trainings (Examples)

- Risks-Needs-Responsivity Principles
- Understanding the Civil Commitment Process
- Best Practices for Successful Re-Entry
- Collaborative Comprehensive Case Plans
- Criminal Justice Terminology and Roles
- Correctional Healthcare
- Guardianship 101
- Social Security 101



# The Winona County Experience

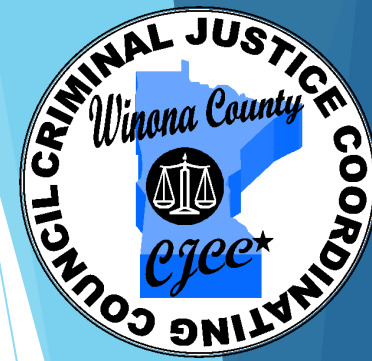
## Goal 2: Enhance in-jail mental health and chemical dependency services



- **Embed social worker in jail:** Full-time grant-funded social worker employed by Winona County to provide in-jail counseling/mental health services to any inmate needing those services, making referrals for in-jail CD and cog skills classes, pre-petition screening as needed (for civil commitment) and assisting with linkages to insurance and other recovery support services.
- **Chemical Dependency & Mental Health Services**
  - Cognitive behavioral skills class, chemical dependency services
  - In-jail psychiatric and medical health services will continue to be provided by jail medical provider

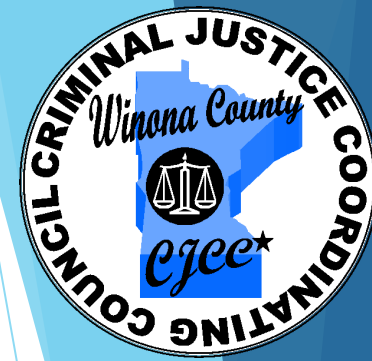
# The Winona County Experience

## Goal 3: Enhanced Reentry Program



- WRAP+ has expanded eligibility criteria and does not require an individual to have been incarcerated in order to access services (more people will qualify).
- Risk, mental health and **chemical dependency screens** are performed at the jail or upon referral to the program.
- Qualified individuals are paired with the **jail social worker** or a **community connector** (community health worker) who is part of the Winona Community Hub and employed by HVMHC) or **treatment court coordinator** to work with the participant to identify areas of needed services and to assist the individual in accessing services.
- Funding is available through the grant to assist with recovery support services, such as rent, transportation, medical and prescription expenses (until health insurance is in place), and related expenses.

# The Winona County Experience



## Screening

- Mental Health and CD Screening done at jail intake

## Assessment

- Eligible applicants undergo formal MH (and CD) assessments

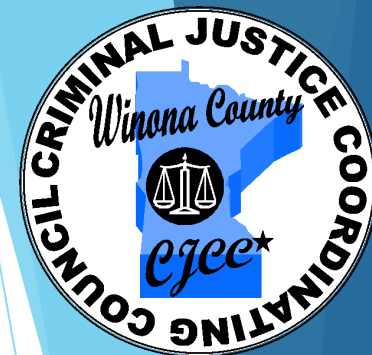
## Case Management

- Case management provided by Jail Intake Worker, Community Connector or Treatment Court Coordinator



# The Winona County Experience

## 2nd Sequential Intercept Map-2021



### Sequential Intercept Model Mapping Workshop Report

Winona County, Minnesota

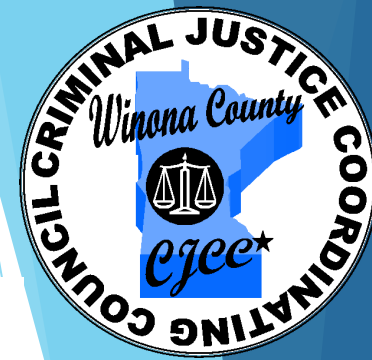
March 2021

<https://www.samhsa.gov/criminal-juvenile-justice/sim-overview>

<https://winonacountycjcc.org/sim-mapping/>

# The Winona County Experience

## 2nd Sequential Intercept Map-2021

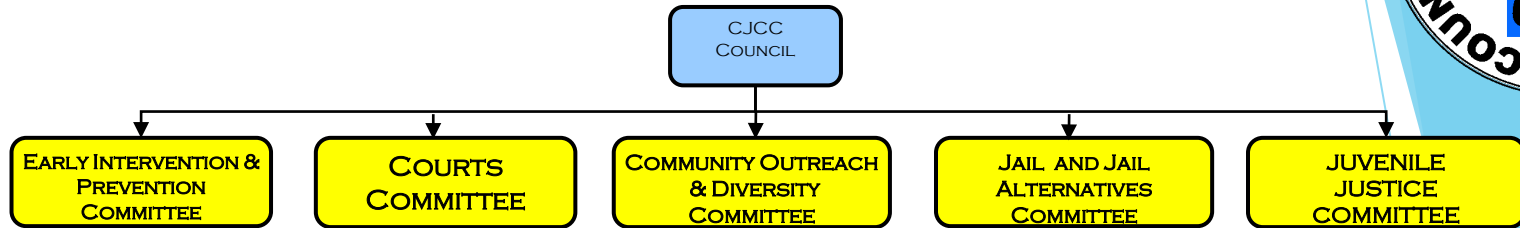
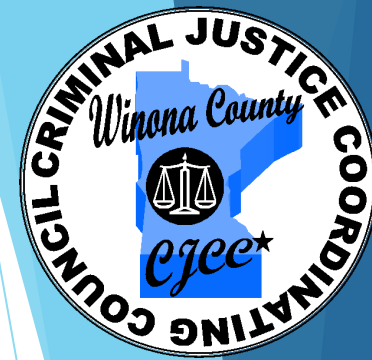


Sequential Intercept Mapping (updated October 7, 2021)  
Highlighted bullet points are from 2021 SIM Map Report

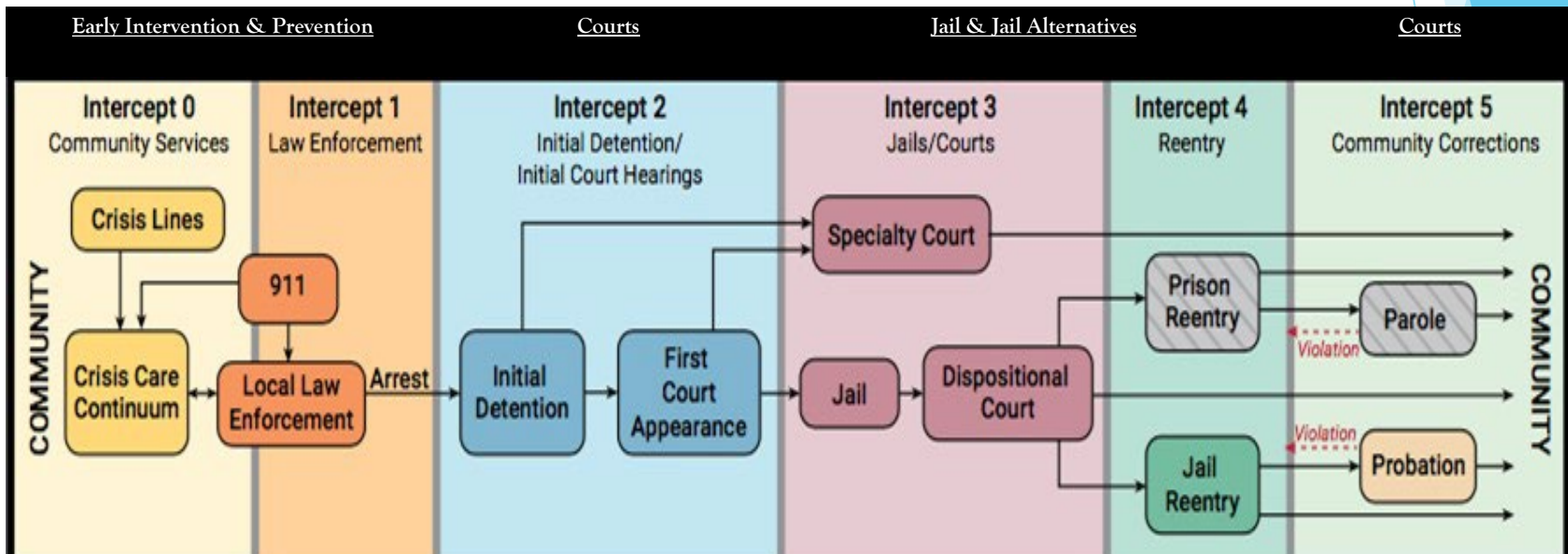
	Intercept 1: Law Enforcement (911 & Emergency Services)
Existing Programs	<ul style="list-style-type: none"> <li>County law enforcement units: Winona Sheriff's Office, Minnesota State Patrol; police departments: Winona, Goodview, Lewiston, St. Charles <ul style="list-style-type: none"> <li>Law enforcement officers uphold Good Samaritan Laws which encourage calls for drug overdose and EMS (Emergency Medical Service) carry and will administer Naloxone to rapidly reverse opioid overdose.</li> <li>Training: some dispatch and Winona County officers have received Crisis Intervention Trainings; and many attend one-day mental health trainings annually. As of 7/1/18, 16 CEU credits of crisis intervention training is required for all MN law enforcement officers</li> </ul> </li> <li>Emergency medical services: Winona Area Ambulance; Winona Fire Department; smaller communities have volunteer ambulance/fire department/1<sup>st</sup> Responders</li> <li>911 - Unified dispatch system (county does all dispatch) <ul style="list-style-type: none"> <li>Medical calls are transferred to Gundersen Lutheran for anything that EMS would be sent to; GL would tell caller what to do until EMS arrived.</li> <li>During call, dispatchers to feed information to law enforcement officers via phone about individuals involved or addresses.</li> <li>ARMER Radio System has good countywide coverage</li> <li>County uses and encourages consumers to use Smart911, into which mental health/substance use information can be put and then provided to EMS if 911 is called</li> </ul> </li> <li>Unified software system throughout county (LETG) provides access about prior law enforcement involvement in county <ul style="list-style-type: none"> <li>LETG Alerts are available for law enforcement to note special concerns about individuals (master name index- dangerous, weapons in home, known drug users)</li> </ul> </li> <li>Crisis Response for SE Minnesota (CRT) provides county-wide co-response services, but response time varies depending upon where staff member is coming from</li> <li>City of Winona is implementing a co-responder Alternative Response Team but it is not yet in place</li> </ul>
Gaps/Challenges	<ul style="list-style-type: none"> <li>Knowledge/identification/communication of mental health (and SUD) by dispatch to responding officers/crisis response team <ul style="list-style-type: none"> <li>Mental health history may be unknown/inaccessible, so responding officers may not be aware of history</li> <li>LETG is not consistently being used to denote MH or other issues; Smart 911 information depends upon client input</li> <li>Dispatchers are trained to take information and get law enforcement out to the scene and not try to determine whether it is a mental health situation (because that could present a huge liability issue). Officers on the scene make those determinations</li> </ul> </li> <li>Additional mental health and substance use training for law enforcement, and the involvement of people with lived experience in providing the training <ul style="list-style-type: none"> <li>Staffing shortages and schedules makes it difficult to provide trainings; overtime work/pay sometimes needed for training</li> <li>Other mandatory law enforcement required trainings make it difficult to require officers to attend non-mandatory trainings</li> </ul> </li> <li>Implementation of the Alternative Response Team will be time and labor-intensive, but there is much information available on the topic</li> <li>No known formal police-based diversion programs other than officer discretion</li> </ul>
Possible Action Steps	<ul style="list-style-type: none"> <li>Need to gather additional information on officer discretion in issuing citation, as that was included in the SIM Map Report. <ul style="list-style-type: none"> <li>Explore police-based diversion programs (to reduce citations/arrests)</li> </ul> </li> <li>Continue WRAP+ Trainings; promote trainings among law enforcement</li> <li>Convene team of law enforcement heads to discuss a possible countywide training program for officers mental health and substance use. <ul style="list-style-type: none"> <li>Possible use of American Rescue Plan funding to provided funding for overtime costs associated with mental health and substance use trainings</li> </ul> </li> <li>Support implementation of Alternative Response Team through research, service on implementation committees, etc.</li> </ul>

# The Winona County Experience

## 2nd Sequential Intercept Map-2022

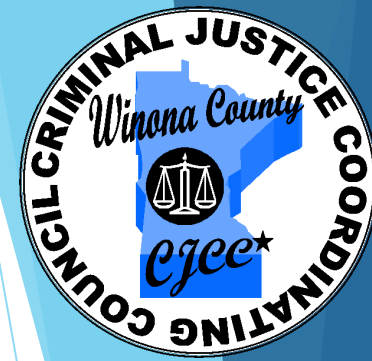


### SEQUENTIAL INTERCEPT MAP RESPONSIBILITY CHART



# The Winona County Experience

## SIM Map Workgroups-2022



### Early Intervention & Prevention Committee:

- ☐ Access to Health & Human Services: Develop strategies to improve consumer access to county health and human services programs and services.
- ☐ Navigator Network: Create a “Navigator Network” to connect persons who help others navigate systems and access services so they can share resources and ideas.
- ☐ Resource Directory: Improve methods/ways to inform the community about available resources (i.e. resource directory/apps).

### Courts Committee:

- ☐ Pretrial Services: Improve pretrial supervision/monitoring of release conditions.
- ☐ Sentencing Orders: Improve accuracy and communication regarding sentencing orders.

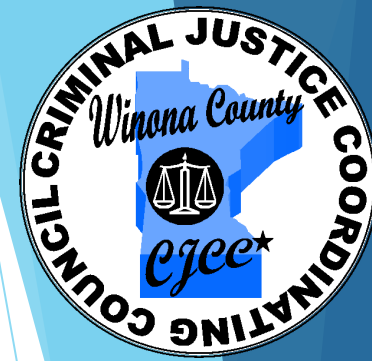
### Jail & Jail Alternatives Committee:

- ☐ Medication Assisted Treatment: Expand local delivery of MAT (Medication Assisted Treatment).
- ☐ Supportive Housing: Expand local supportive housing options.



# The Winona County Experience

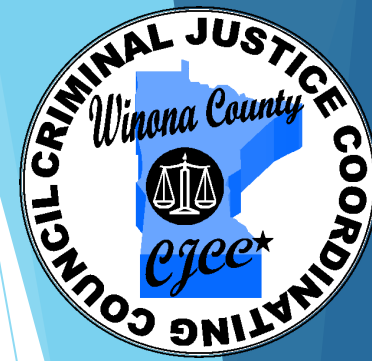
## 2023 and beyond



- ☐ We will continue to communicate regularly through our various CJCC groups to provide feedback on existing strategies making adjustments where necessary
- ☐ We will continue to address the gaps identified during the Sequential Intercept Mapping Process
- ☐ We will transition WRAP+ into new jail (opening Sept. 23) and add elements of the program that we were not able to implement due to jail construction
- ☐ We will continue WRAP+, seek a grant extension and refine and implement our strategies for sustaining the positions created by the WRAP+ Grant plus seek additional funding for non-personnel costs, such as recovery support services (i.e. rent, bus passes, etc.)
- ☐ We will continue our cross-trainings
- ☐ We will engage in another Sequential Intercept Mapping Process in approximately 2025
- ☐ We will continue to seek out additional evidence-based strategies to improve our response to individuals with mental illness who are involved in the justice system

# The Winona County Experience

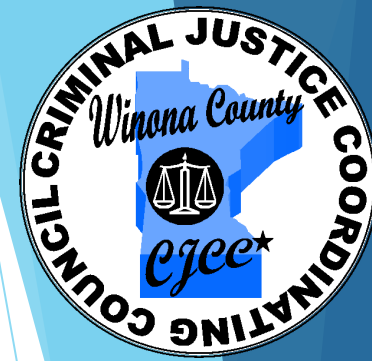
## Possible action steps for your county



- ❑ If you do not already have a multidisciplinary group of justice system leaders and public members who meet to discuss justice system issues, consider forming one (today as a good start!)
- ❑ Take “inventory” of the existing programs and resources for mentally ill or chemically dependent individuals in your community (the first step of Sequential Intercept Mapping)
- ❑ Provide opportunities to learn about the existing programs and resources – possibly by setting aside time each month for presentations or through a conference or gathering where you can learn more about resources in your community
- ❑ Consider implementing a cross-training program for criminal justice and behavioral health professionals so each discipline can learn about the other. There are many free on-line trainings
- ❑ Complete a Sequential Intercept Map to identify gaps and opportunities



# The Winona County Experience Questions?



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