

# Family Service Rochester

## Family Advocacy in Recovery & Restoration

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Life can be challenging, but together, we can go FARR!

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Winona County

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Olmsted County

# Meet the FARR Staff

## Winona County

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## Olmsted County

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Family Advocacy in Recovery and Restoration (FARR) provides recovery support for women age 18 and over who are pregnant and/or parenting. Services are culturally appropriate, gender-specific, and comprehensive. FARR currently operates in Rochester and Winona Areas.

## *Current Group Numbers:*

- Winona County:

- 11 women
- 3 alumni participants
- 25 children

- Olmsted County:

- 23 women
- 3 alumni participants
- 34 children

## *FARR Provides:*

- **One-on-One Case Management**
  - FARR Case Managers assist with person-centered goals related to: sobriety, mental health, parenting, child development, employment, education, referrals, and resource navigation.
- **Peer Sober Support Groups**
  - Winona-Tuesdays
  - Rochester-Mondays & Thursdays
- **Drug Screens**

## *FARR Provides:*

- Social Event
  - Pre Covid-1x a month case managers take the group out for a “Social Event.”
- Coordination with Service Providers
  - Case managers coordinate and work with families other service providers with a Team approach.
- Assistance with:
  - Diapers, wipes, basic needs.

## *Program Participation:*

- Participation in the program is for 1 year at intake
  - Year starts over the day baby is born
- Once a participant graduates she is eligible to participate as an alumni
  - Completed 1 year
  - Active participant at group- 75% of groups
  - Meet case plan goals

# F.A.R.R.

- Women are able to stay in the program for longer than 1 year if they need continuing support.
- Women are no longer immediately discharged if termination of parental rights occurs.
- More focus on the family as a whole and not just singular focus on mom.



# F.A.R.R.

- No cost to participate
- Insurance not required
- Program participation on a voluntary basis

FARR is funded through a grant from PR%F (Proof) Alliance, an organization charged with outreach and prevention efforts to decrease the impacts of Fetal Alcohol Syndrome Disorders (FASD). FARR works in collaboration with PR%F to decrease the number of babies born exposed to substance use in-utero.

## *Referral Process:*

- Anyone can refer to FARR
  - Mothers can also refer themselves
- Simply fill out a referral form and email it back to [FARR@familyservicerochester.org](mailto:FARR@familyservicerochester.org) or contact 507-361-2198.