

INDIVIDUALIZED HOME SUPPORT AND RESPITE PROGRAM



PossAbilities

What is Individualized Home Supports and Respite (IHSR)?

- ▶ Is a one to one service directed by a person with disabilities or their family/guardian.
- ▶ Allows for someone with a disability to stay in their own home and receive the support they need at home or in the community.
- ▶ Parents are able to be paid as care-givers or a support staff person can be hired by the family or person with disabilities to work in the home.
- ▶ The service can be offered anywhere in Minnesota.
- ▶ PossAbilities provides the tools, resources and oversight of payroll and required training.

Homemaker Services

- ▶ Someone can come into your home and help manage general cleaning and household activities.
 - ▶ Light housekeeping tasks
 - ▶ Home Management
 - ▶ Assistance with Activities of Daily Living

Respite Services

- ▶ Respite care allows primary caregivers to take time away while the person they care for is looked after by someone else for a short period of time.
 - ▶ In-home respite is respite provided in the person's home or place of residence
 - ▶ Out-of-home respite is provided outside of the person's home or place of residence
 - ▶ If the person is younger than 18, respite has to be provided by a related individual

Individualized Home Supports Services

- ▶ Individualized Home Supports with Training
- ▶ Individualized Home Supports without Training
 - ▶ Each can help provide support for the person with a disabilities in the following areas;
 - ▶ Community Engagement
 - ▶ Health, safety and wellness
 - ▶ Household Management
 - ▶ Adaptive Skills

Funding Accepted

- ▶ Waiver Funding
 - ▶ Brian Injury (BI)
 - ▶ Community Access for Disability Inclusion (CADI)
 - ▶ Community Alternative Care
 - ▶ Development Disabilities
 - ▶ Elderly Waiver (Homemaker)
- ▶ County Funding
- ▶ Private Pay

Referral Process

- ▶ Complete an online referral form at www.PossAbilities.org/request-services/
- ▶ Call our office (507) 281-6116
 - ▶ Office hours are Monday - Friday, 8:00am until 4:30pm
- ▶ Email our IHSR team IHSR@PossAbilities.org

- ▶ We respond within 24/hours