

# Presentation to Winona County Board on



**Winona Re-Entry Assistance Program Plus  
A Justice and Mental Health Collaboration Program (JMHC) Initiative**



**July 25, 2023**



# What is the JMHCP?



- Original Grant term:  
10/1/20 – 9/30/23
- Grant amount: \$724,674
- 1 out of 29 awards in U.S. in '20
- Only grant awarded in MN

The Justice and Mental Health Collaboration Program (JMHCP) supports cross-system collaboration to improve public safety responses and outcomes for individuals with mental illnesses (MI) or co-occurring mental illness and substance abuse (CMISA) who come into contact with the justice system. This program supports public safety efforts through partnerships with social services and other organizations that will enhance responses to people with MI and CMISA.

# History of Reentry Programs in Winona County

Program Name	Dates	Funding Source	Award Amount
CARE	10/1/09 - 6/30/12	Minnesota Office of Justice Programs	\$286,210
CARE	3/1/12 - 2/28/13	Minnesota Office of Justice Programs	\$137,210
CARE	3/1/13 – 9/30/14	Minnesota Office of Justice Programs	\$100,000
CARE	11/1/14 – 10/31/16	Minnesota Office of Justice Programs	\$200,000
CARE	11/1/16 – 9/30/19	Minnesota Office of Justice Programs	\$200,000
WRAP	10/1/16 – 9/30/20	Bureau of Justice Assistance	\$250,000
WRAP+	10/1/20 – 9/30/24	Bureau of Justice Assistance	\$724,674

CARE=Community Assessment and Reintegration Program

WRAP=Winona County Reentry Assistance Program

WRAP+=Winona County Reentry Assistance Program Plus



# Program Partners

## Winona Re-Entry Assistance Program Plus



Award No.: 2020-MO-BX-0025  
Awarded 10/15/2020



# Program Goals

1. Develop and implement a cross-systems collaborative and coordinated approach to enhance services, improve outcomes and reduce recidivism for justice involved individuals with MI or CMISA;
2. Enhance in-jail behavioral health and chemical dependency services to lay the foundation for continuation of treatment in the community, thereby increasing public safety in the jail and community;
3. Provide extensive cross-training for criminal justice system personnel and behavioral health/chemical dependency providers to bridge knowledge gaps and improve outcomes for justice involved individuals with MI or CMISA.



# Goal 3:

## Extensive Cross-Training for Criminal Justice & Behavioral Health Professionals

### Mental Health Trainings

- Basic Mental Health Training
- Adverse Childhood Experiences
- QPR (Question, Persuade Refer)
- Motivational Interviewing
- Mental Health Terminology & Roles
- Medication Assisted Treatment
- Understanding Chemical Dependency Evaluations & Diagnostic Assessments
- Trauma Informed Care
- Psychopharmacology
- Circles of Security
- Stress Management & Resiliency
- Neurobiology of Addiction

### Criminal Justice/Legal Trainings

- Understanding the Civil Commitment Process
- Best Practices for Successful Re-Entry
- Collaborative Comprehensive Case Plans
- Social Security 101
- Guardianship 101
- Government Benefits 101
- MNSure and the Combined Application Form
- Overview of the Mental Health Ombudsman Office
- Housing Supports in Winona
- Employment Services in Winona

### Other Trainings

- Cultural Humility
- Motivational Interviewing
- Poverty Simulation

43 total training sessions  
1087 participants (not unique individuals)  
3,072 training hours





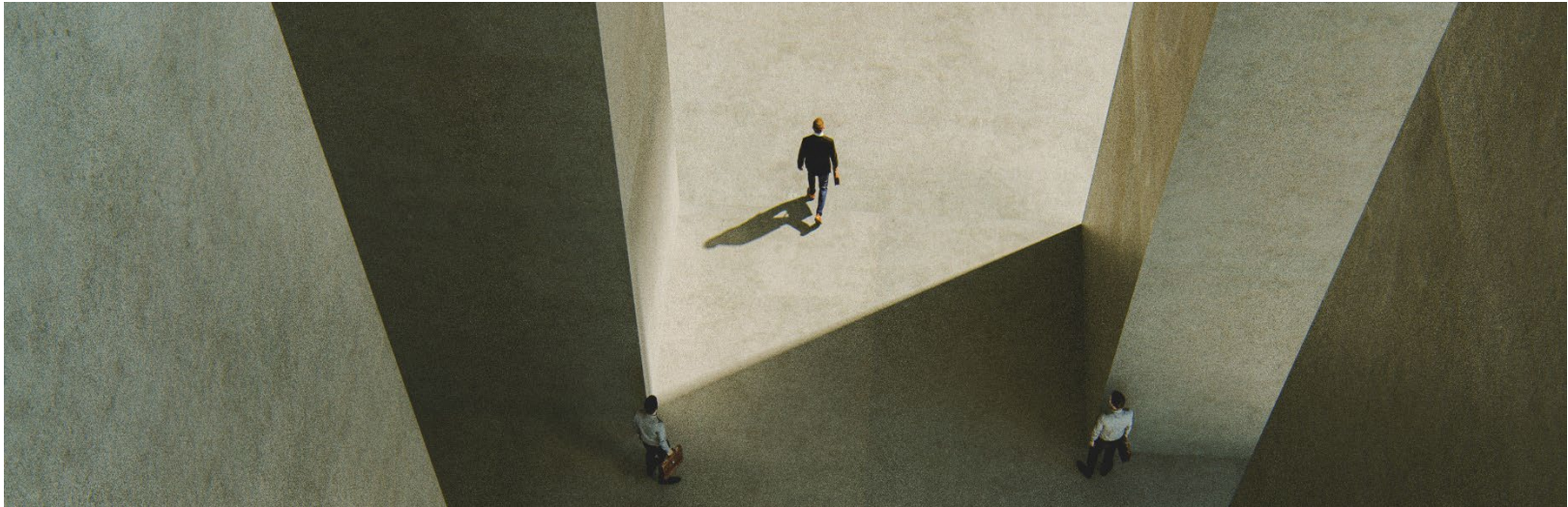
## Goal 2: Enhance In-Jail CD and MH Services



- **Embed social worker in jail:** Full-time grant-funded social worker employed by Winona County to provide in-jail counseling/mental health services to any inmate needing those services, making referrals for in-jail CD and cog skills classes, pre-petition screening as needed (for civil commitment) and assisting with linkages to insurance and other recovery support services.
- **Chemical Dependency & Mental Health Services**
  - Cognitive behavioral skills class, chemical dependency services (delayed)
  - In-jail psychiatric and medical health services will continue to be provided by jail medical provider



# Goal 1: Enhanced Reentry Program



**What is a Re-Entry Program?:** A re-entry program is a program that helps people successfully re-enter the community after spending time in jail or prison. Re-entry programs help people with issues that sometimes cause them to stay in jail or have more involvement with the criminal justice system. Some of the common things that a re-entry program can assist people with include housing, health insurance, chemical dependency and mental health assessment and treatment, transportation and getting ID cards and birth certificates.

Source: Building an Offender Re-Entry Program (2007)





## Goal 1: Enhanced Reentry Program

### What is enhanced about WRAP+?

- WRAP+ has expanded eligibility criteria and does not require an individual to have been incarcerated in order to access services.
- Risk, mental health and chemical dependency screens are performed at the jail or upon referral to the program.
- Qualified individuals are paired with the jail social worker or a mental health practitioner (ARMHS-adult rehabilitative mental health services)\* employed by HVMHC to work with the participant to identify areas of needed services and to assist the individual in accessing services.
- Funding is available through the grant to assist with recovery support services, such as rent, transportation, medical and prescription expenses (until health insurance is in place), and related expenses.

\*Changed 7/1/23 from HUB Community Connectors to Mental Health Practitioners



# Who Qualifies?

**WRAP+ is not just for people getting out of jail or prison.**

- **Justice System Involvement:** A person must have had some involvement with the Winona County criminal justice system in order to qualify. In general, there must have been some contact with law enforcement or the jail within the year before applying for the program, whether that is an arrest, criminal charge, probation or time actually spent in jail. Current treatment court participants will also qualify for WRAP+ as do most recent graduates.
- **Exclusions:** Some criminal offenses will exclude a person from the program. This is due to federal grant restrictions on who may participate. Examples of offenses which would disqualify a person from WRAP+ include murder, assault with intent to commit murder and criminal sexual conduct.
- **Voluntary:** WRAP+ is a voluntary program. Participants must sign a release of information and agree to participant.

\*A person can re-apply for WRAP+ as many times as they want!



# Staff & Leadership

- **Jail Social Worker:** Katie Schild
- **Jail Intake Worker:** Trish Chandler
- **Mental Health Practitioners:** Trish Costello and Sierra Schier
- **Treatment Court Coordinator:** Carin Hyter
- **Grant Manager:** Kalene Engel
- **Mental Health Agency Leadership:** Erik Sievers and Christy Ferrington
- **County Department Head Overseeing WRAP+:** Karin Sonneman



# Jail Social Worker

## For every inmate booked into the jail:

- Meets with everyone in custody
- Completes WRAP+ screener/app
- Inquires about medical insurance
- Provides apps for MNSure and CAF (food/cash)
- Coordinates and makes referrals for MH services and CD services
- Coordinates with R25/behavioral health funds worker to verify funding for assessments
- Attends 1<sup>st</sup> appearances
- Makes referrals to other community services (HUB, volunteer services, tx court, vet ct)
- Assists jail staff with detainees during mental health crisis

## For inmates who qualify for WRAP+:

- Perform services listed on list to the left.
- Coordinate/consult with public defenders, probation, prosecution, case managers and family
- Provide case management for up to 60 days post-release.
- Warm hand-off to a community-based case manager
- Submit funding requests

## Other WRAP+ related duties

- Attend WRAP+ & CJCC meetings
- Serve on treatment court



# Jail Intake Worker

- Meet with in-custody new arrests to complete pre-trial release evaluations for court; used in First Appearances when setting conditions of release and/or bail for those in custody.
- Process all WRAP+ applications, including checking criminal histories.
- Assist Grant Manager in keeping and accessing data needed for grant reporting purposes.
- Assist in case management and court information for WRAP+ program.
- Maintain well-established rapport with many individuals involved in the criminal justice system over the last 6 years working in our Winona County re-entry programs. Many individuals contact me from the outside for information and/or referrals for services.
- Liaison between the jail/those involved in the criminal justice system and resources and departments in Winona County.
- Active Treatment Court team member & attendee at WRAP+ & CJCC meetings



# Other Staff

- **Case Managers (Mental Health Practitioners, Treatment Court Coordinator & Jail Social Worker):** Together with the participant, case managers develop and implement case plans (treatment plans) including goals and action steps to address the barriers that the participant has experienced in achieving and maintaining success and stability (think social determinants of health).

*“Where the magic happens!”*

- **Grant Manager:** Responsible for fiscal and programmatic oversight of the grant including coordinating, attending and documenting all WRAP+ meetings, maintaining/updating policy guides and forms, processing funding requests, monitoring and reporting on program goals and objectives, researching and recommending strategies for program improvement, maintaining documentation of grant expenditures and ensuring legal compliance.



## WRAP+ Funding:

\*must have case plan & expense must be in furtherance of case plan; limit of \$2,000 per participant

### **Funding for Recovery Support Services for WRAP+ Participants:**

(1) Allowable Expenses: Tier 2 Funding will pay for the following items:

- **Housing:** rental application fee, payment of rent, utility bills, up to \$100 in essential housing items (toilet paper, bedding, cleaning supplies)
- **Health:** insurance premiums/co-pays, chemical dependency assessment, diagnostic/mental health assessment, domestic violence assessment, medical expenses, dental expenses, vision expenses, medications, GPS fee for appointments.
- **Identification:** identification cards, Social Security cards, birth certificate
- **Clothing/shoes:** basic clothing upon release, essential toiletries, work clothes, shoes
- **Transportation:** bus pass, cab fees, drivers' license reinstatement fee
- **Child care:** emergency childcare assistance
- **Work-related:** up to one month of GPS, UA and daily fees for work release eligible clients; GPS fee for job search
- **Education:** application fee; GED fee; books, web access fees
- **Communication:** phone cards
- **Monitoring expenses:** up to three months of expenses for drug patch, GPS, electronic alcohol monitoring or electronic home monitoring

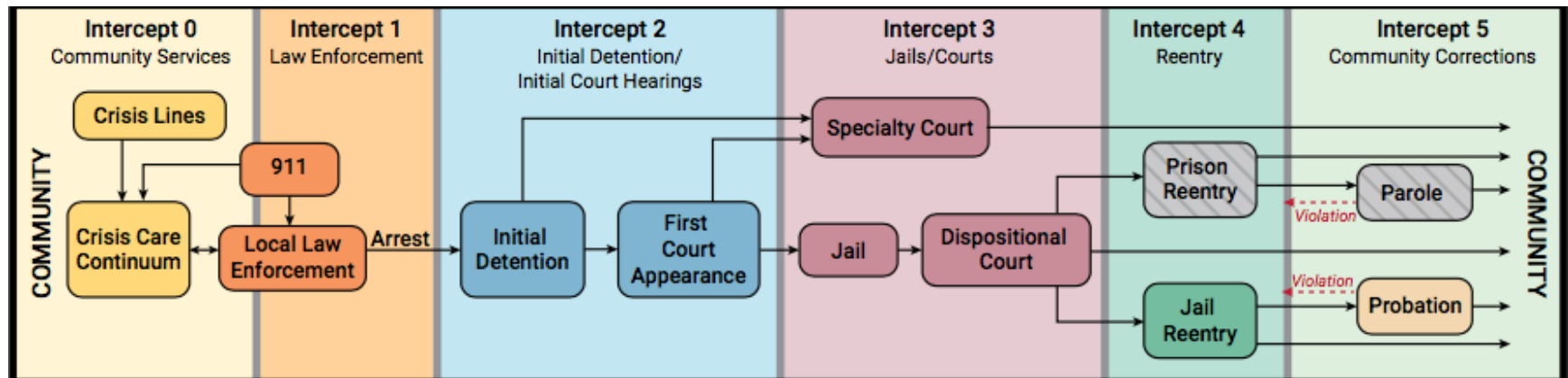


## Program Completion or Termination See Policies and Procedures

- **Treatment Court:**
  - Completion: Graduation from treatment court
  - Termination: Termination from treatment court.
- **HUB:**
  - Completion: Completion of at least ½ of HUB pathways on initial plan
  - Termination: Inactivated from HUB and 6 months since they became a participant.
- **HVMHC Mental Health Practitioners:** to be developed
- **Jail Social Worker:**
  - Completion: Completion of at least ½ of items on initial case plan
  - Termination: Six months since they became a participant and have had no contact with JSW for 60 days.



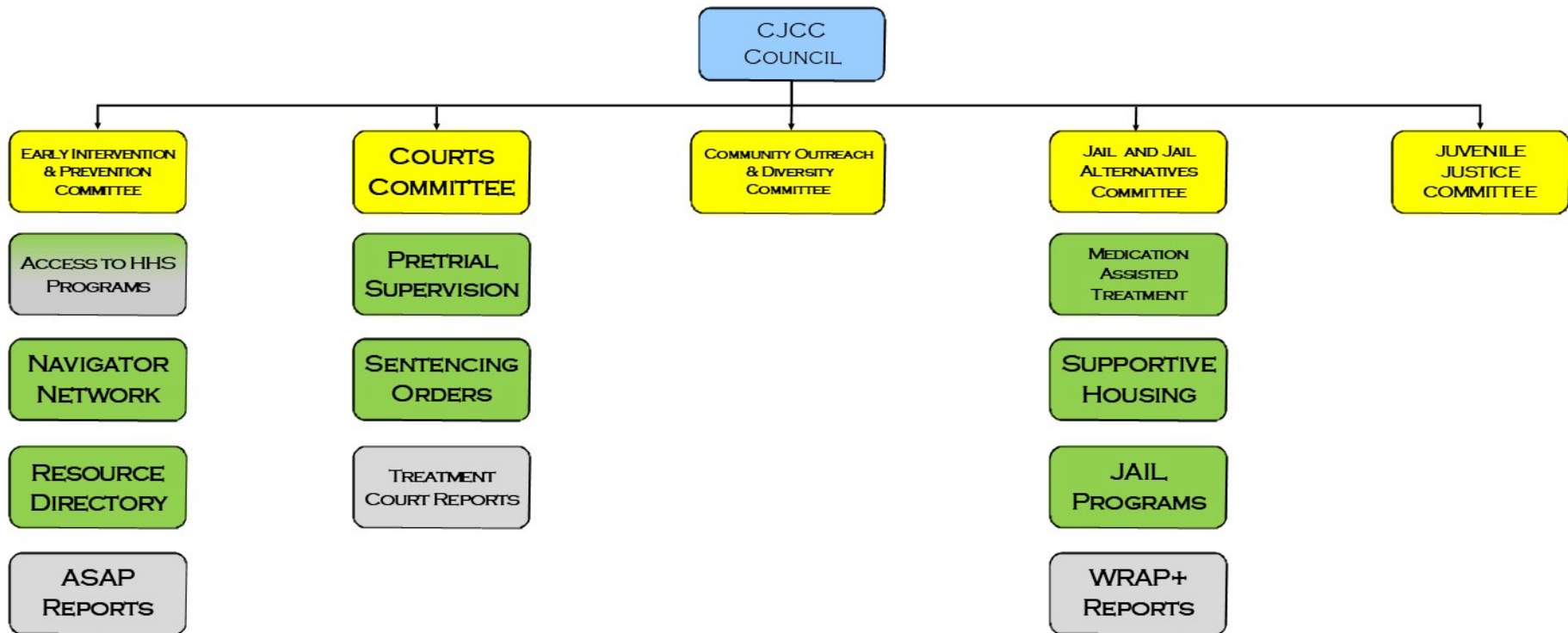
# Sequential Intercept Mapping (SIM) Workshop – March 12<sup>th</sup> & 26<sup>th</sup>, 2021

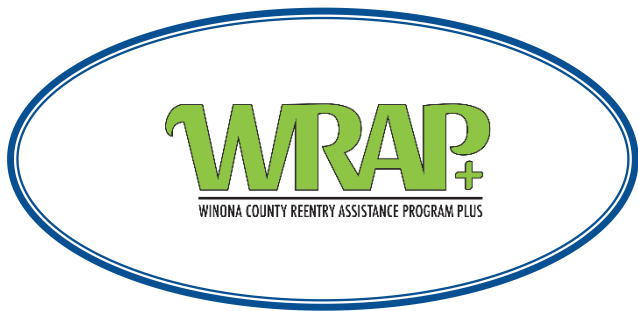


- The Sequential Intercept Model (SIM) details how individuals with mental and substance use disorders come into contact with and move through the criminal justice system.
- The SIM helps communities identify resources and gaps in services at each intercept and develop local strategic action plans. The SIM mapping process brings together leaders and different agencies and systems to work together to identify strategies to divert people with mental and substance use disorders away from the justice system into treatment.

# Sequential Intercept Mapping (SIM) Workgroups

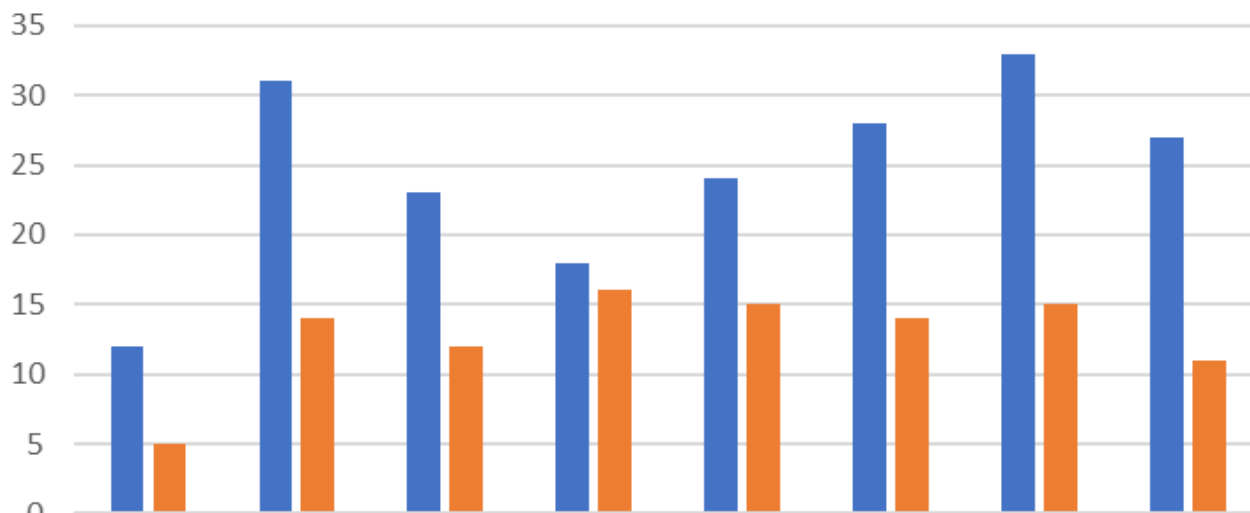
## CJCC COMMITTEE & WORKGROUP STRUCTURE





# Enrollment Data

Accepted Applicants v. Participants by Quarter  
Official Start Date 11/1/21



Accepted Applicants (n=196)	12	31	23	18	24	28	33	27
Participants (n=102)	5	14	12	16	15	14	15	11

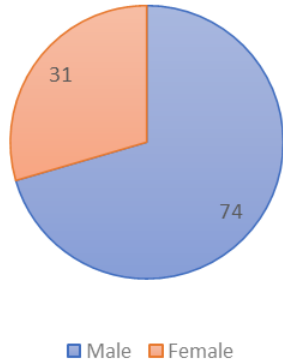
Accepted Applicants (n=196)      Participants (n=102)



# Demographic Data

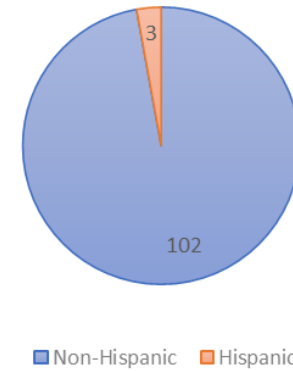
### Participant Gender

All participants through 7/25/23 (n=105)



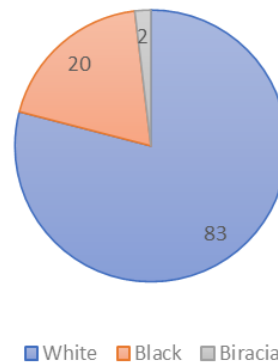
### Participant Ethnicity

All Participants through 7/25/23 (n=105)



### Participant Race

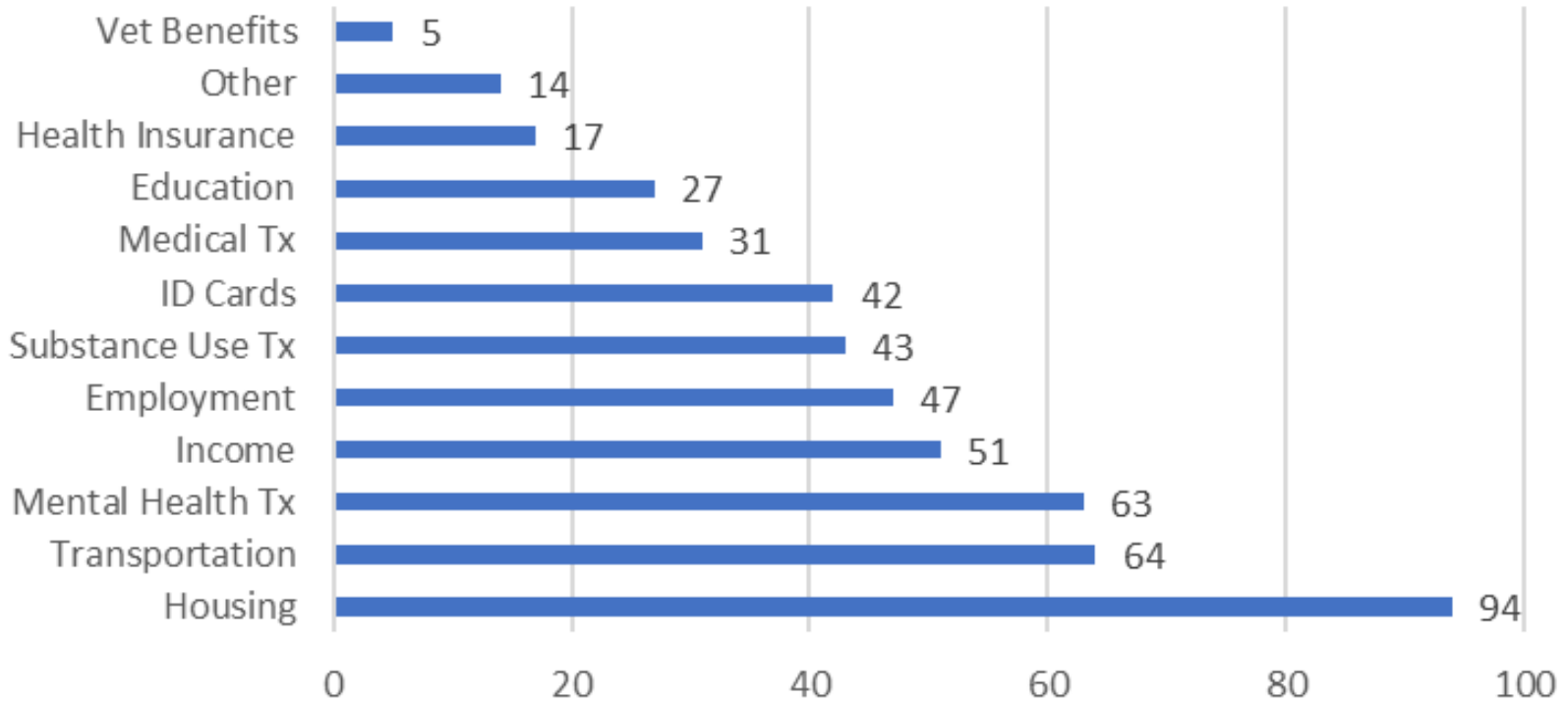
All Participants through 7/25/23 (n=105)





# Participant Needs

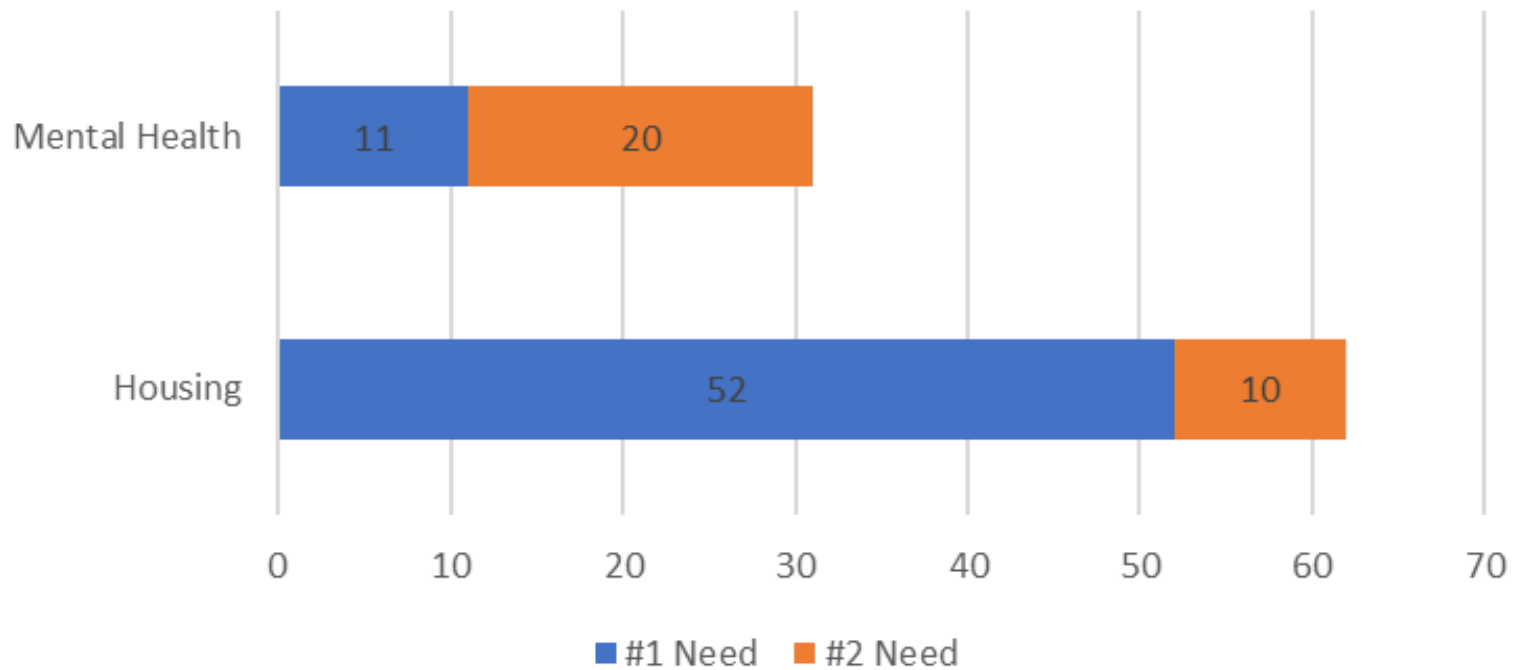
Participant Needs From Application  
n=105; multiple answers allowed





# Participant Needs

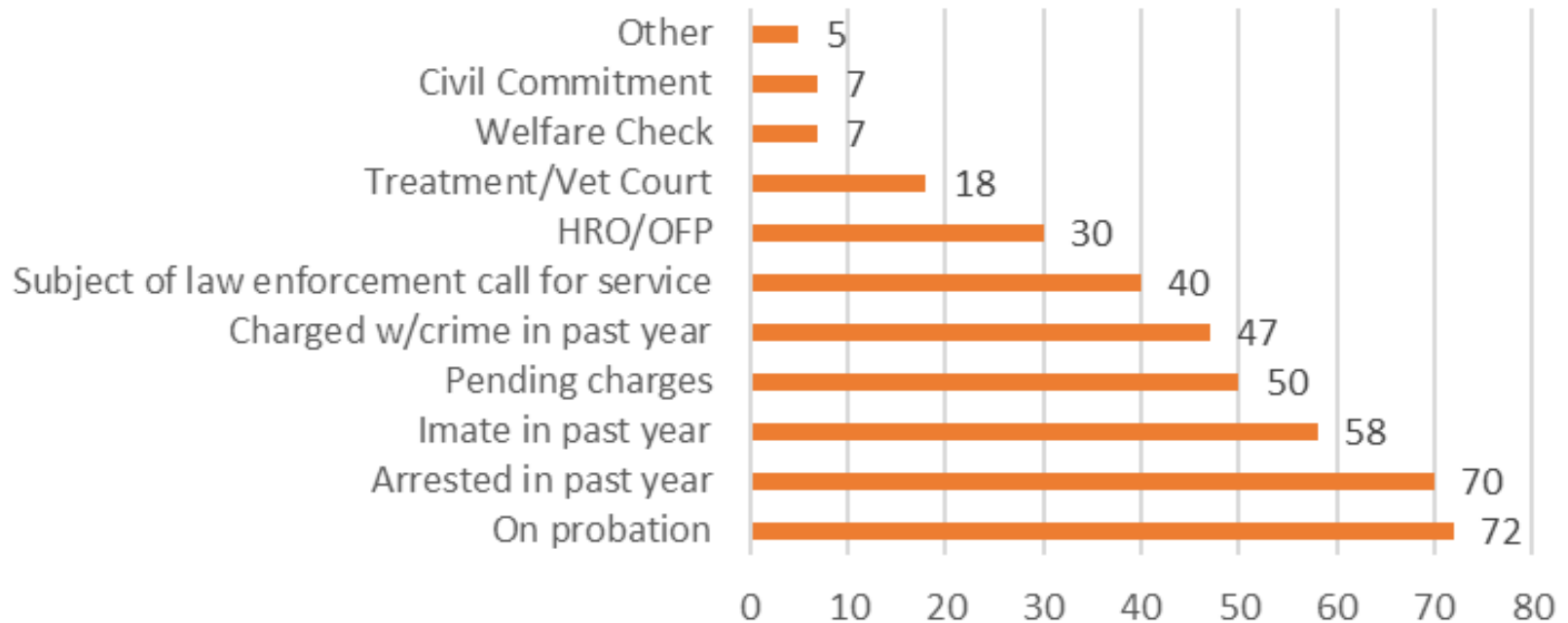
Top 2 Participant Needs from Application  
n=105; multiple answers allowed





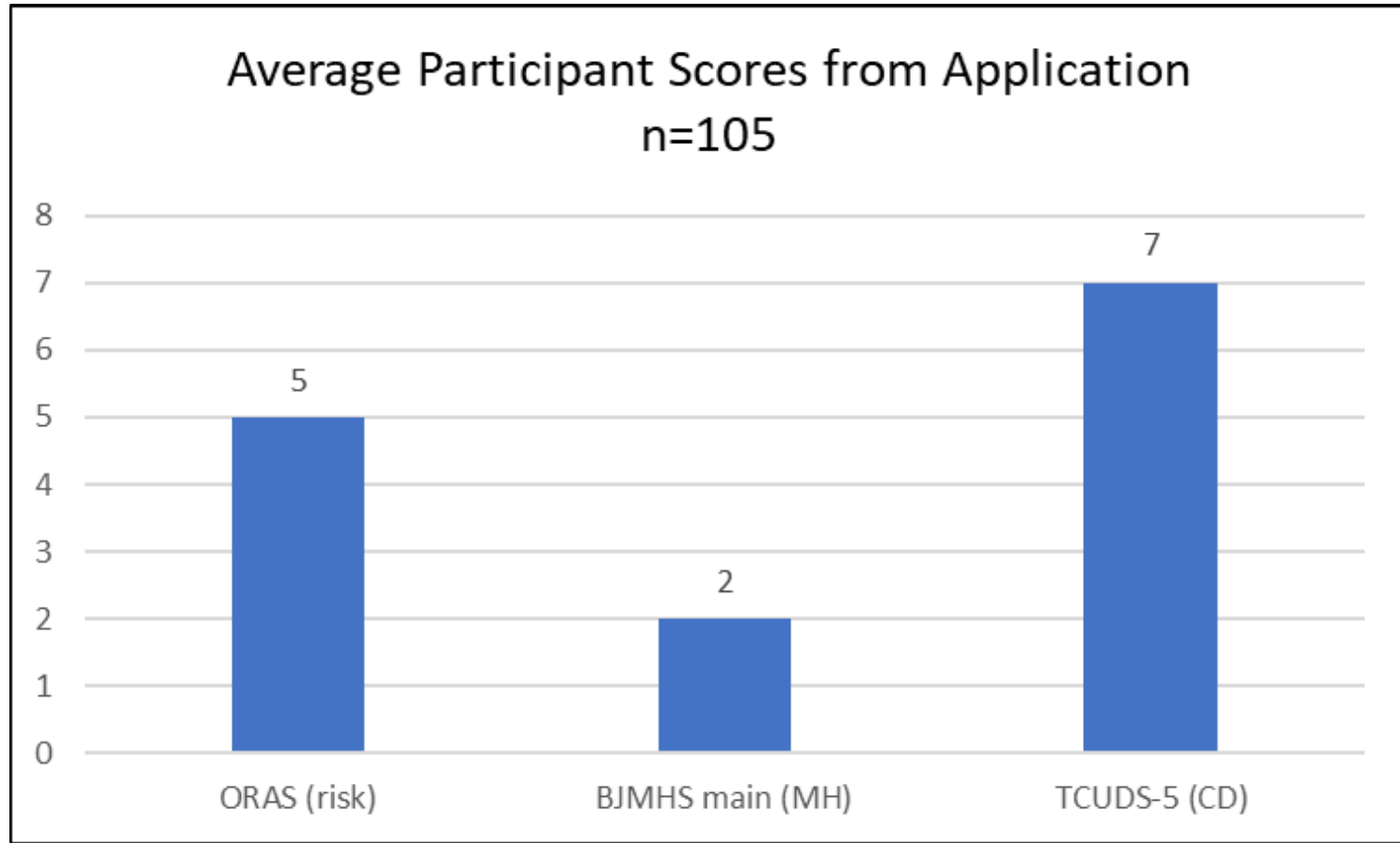
# CJ Involvement

Participant Criminal Justice Involvement From Application (n=105; multiple answers allowed)  
Average number of items selected = 4





# Screeners Scores



Score of 3 (male) or 4 (female) indicates high risk

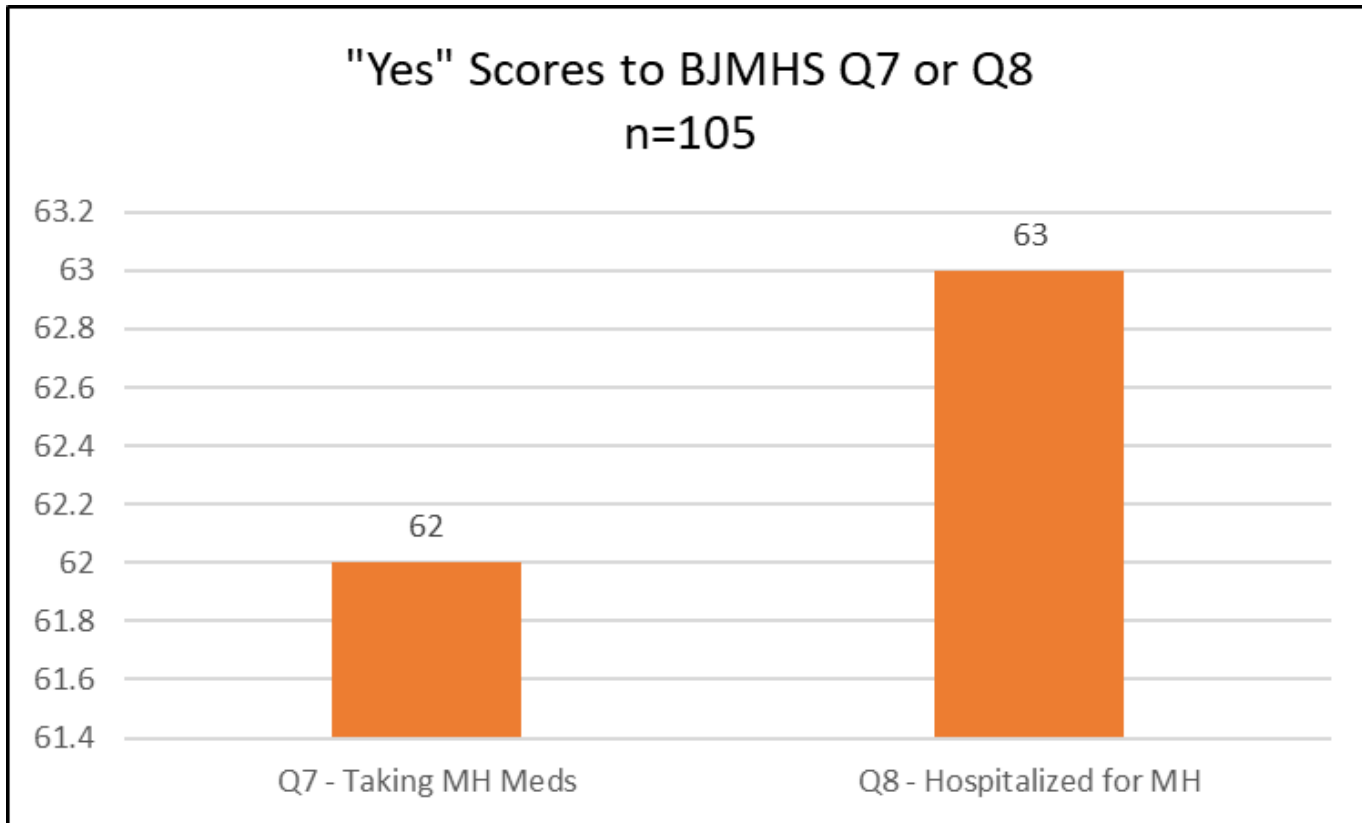
Score of 2 indicates need for further assessment

Score of 2 indicates need for further assessment





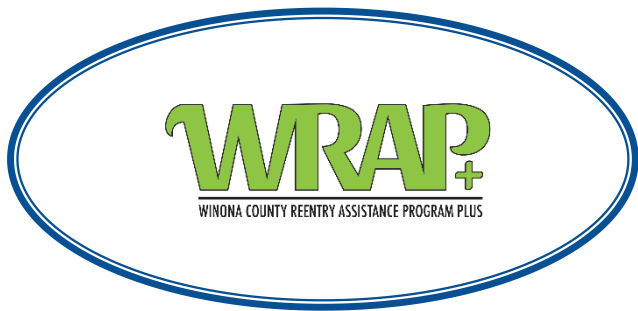
# Screeners Scores



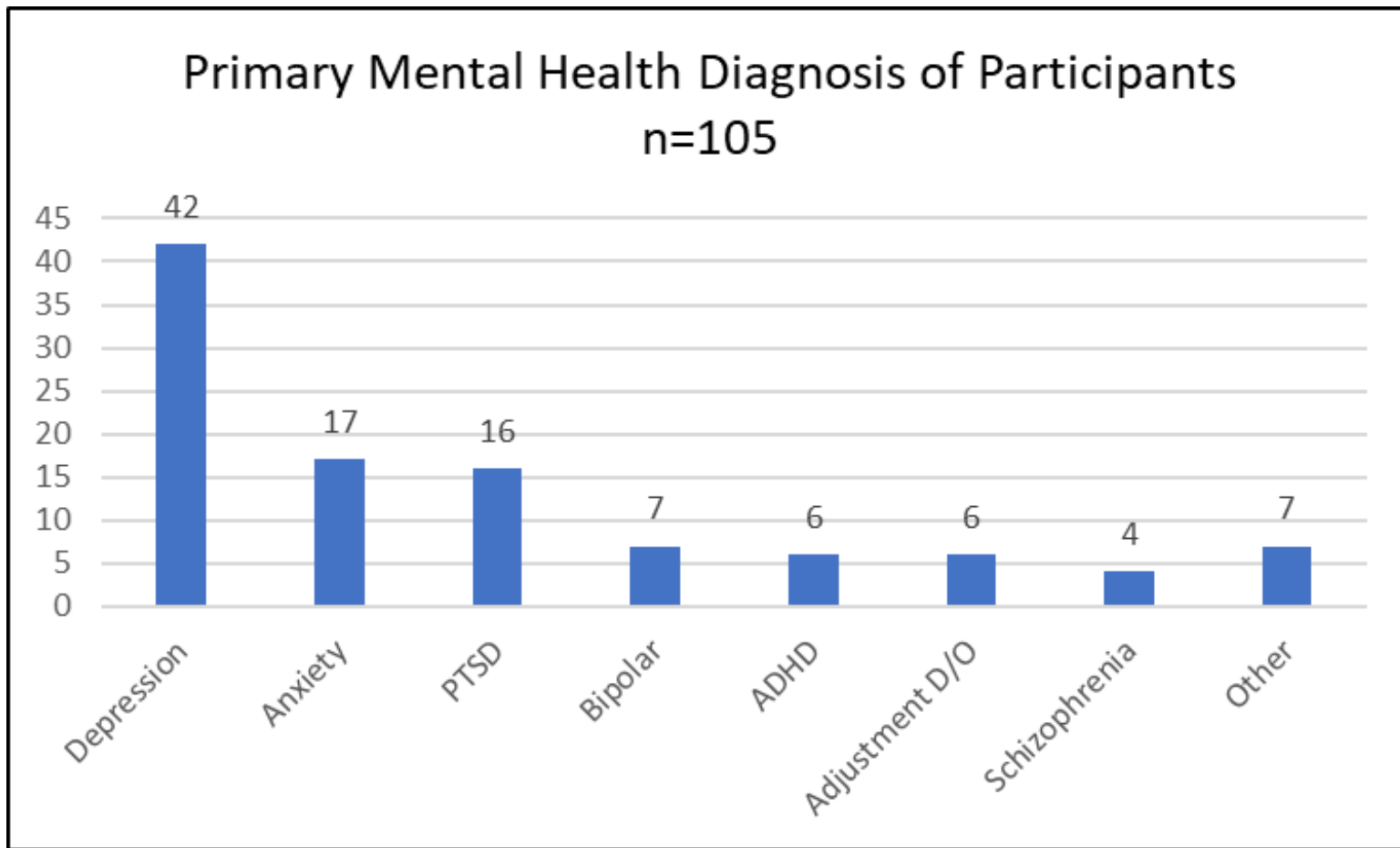
Answering yes to either of the below questions indicates a need for further assessment:

Q7: Are you currently taking any medication prescribed for you by a physician for any emotional or mental health problems?

Q8: Have you ever been in a hospital for emotional or mental health problems?



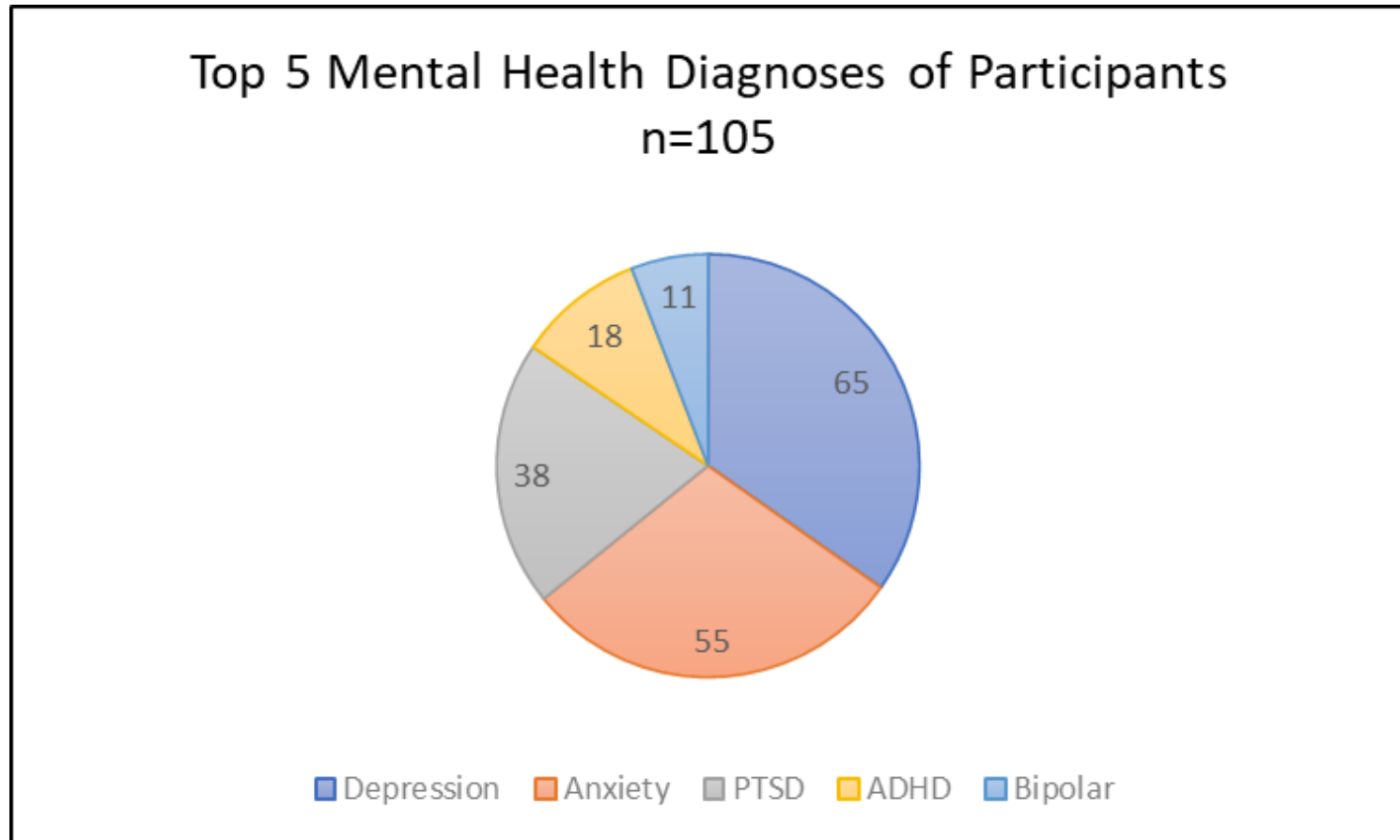
# Mental Health Diagnosis





# Mental Health Diagnoses

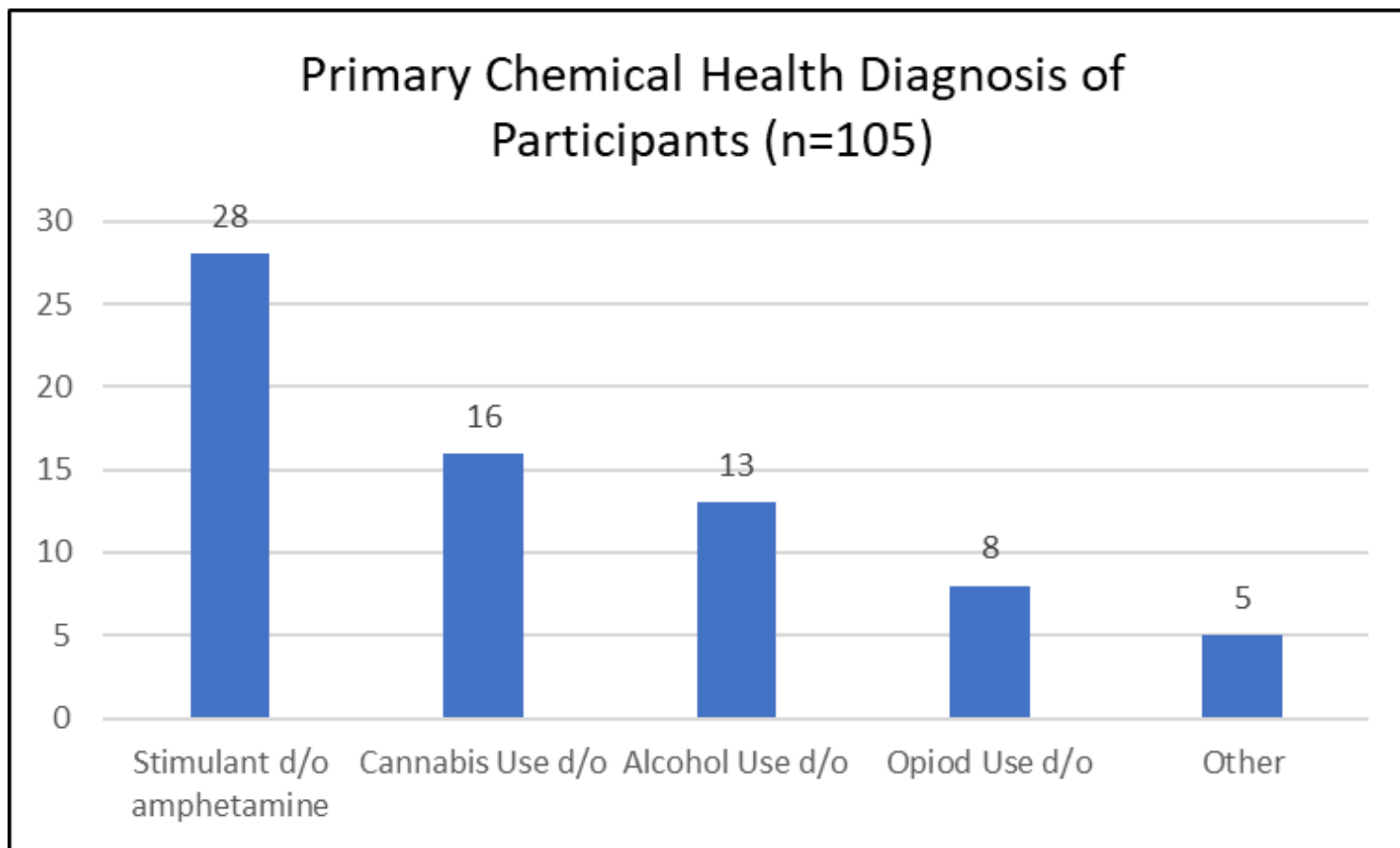
NOTE: total includes all diagnoses, whether primary, secondary or tertiary





# Chemical Health Diagnosis

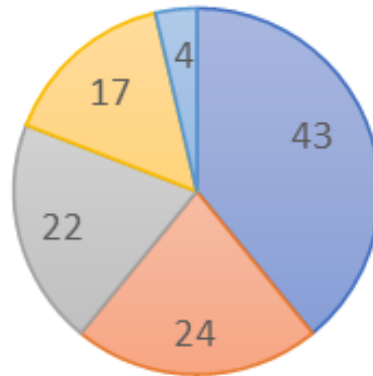
NOTE: Not all participants have a chemical dependency issue



# Chemical Health Diagnoses

NOTE: total includes all diagnoses, whether primary, secondary or tertiary

Top 5 Chemical Health Diagnoses of Participants  
n=105

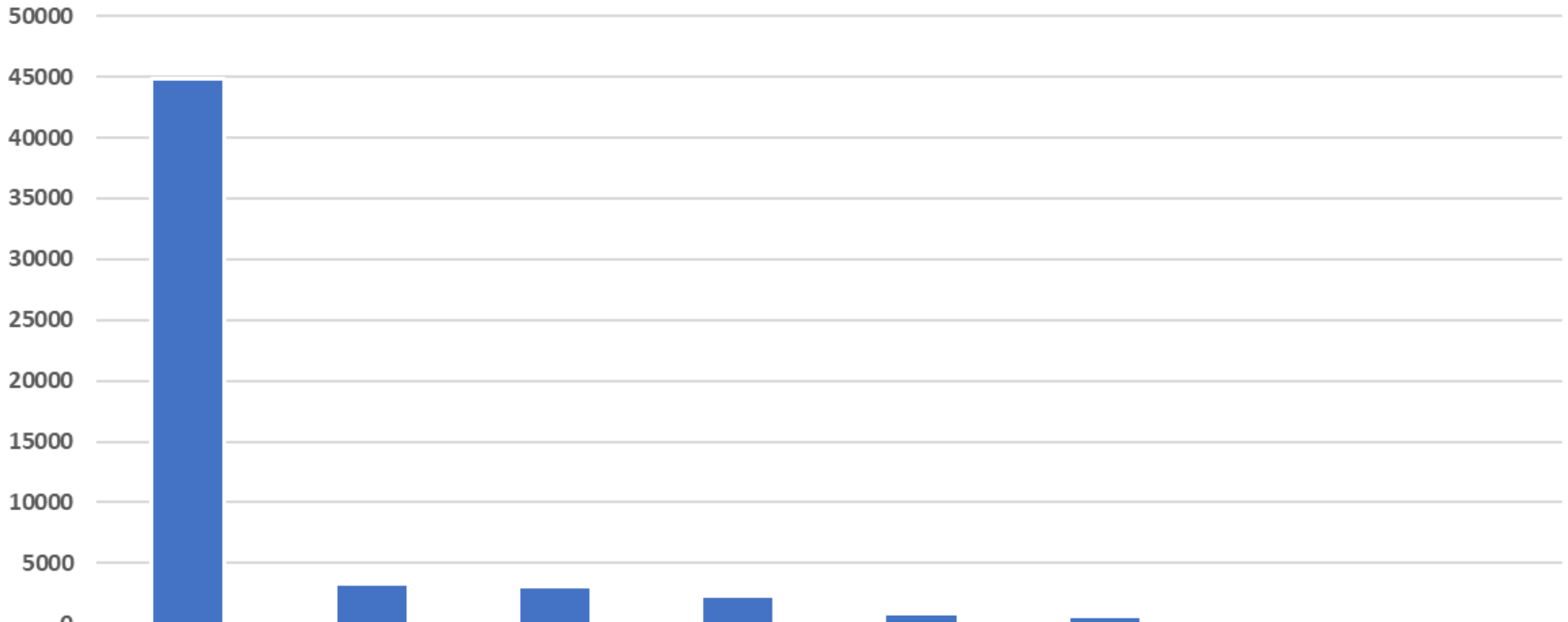


- Stimulant d/o amphetamine
- Cannabis Use d/o
- Alcohol Use d/o
- Opioid Use d/o
- Tobacco Use d/o



# Funding Requests

Participant Funding by Category  
n=105



■ Series1	\$44,859.07	\$3,330.02	\$3,098.06	\$2,323.47	\$908.90	\$680.00	\$352.00	\$98.90
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# Program Length

Participant Completions and Terminations

Shortest:  
41 days

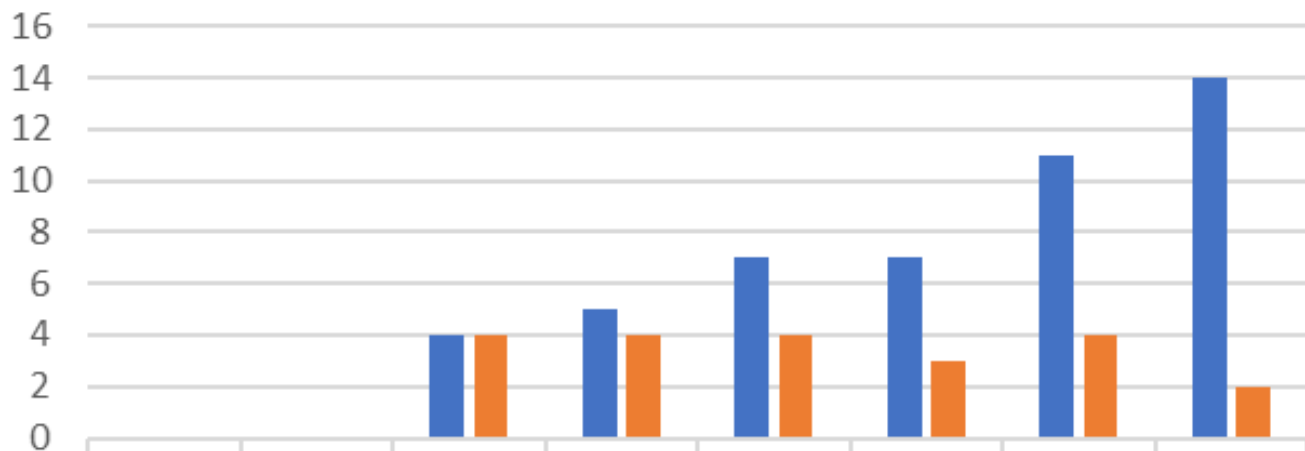
Average:  
188 days

Longest:  
567 days



# Completions v. Unsuccessful Terminations

Completions v. Unsuccessful Terminations  
n=69



	21Q3	21Q4	22Q1	22Q2	22Q3	22Q4	23Q1	23Q2
■ Completions	0	0	4	5	7	7	11	14
■ Terminations	0	0	4	4	4	3	4	2

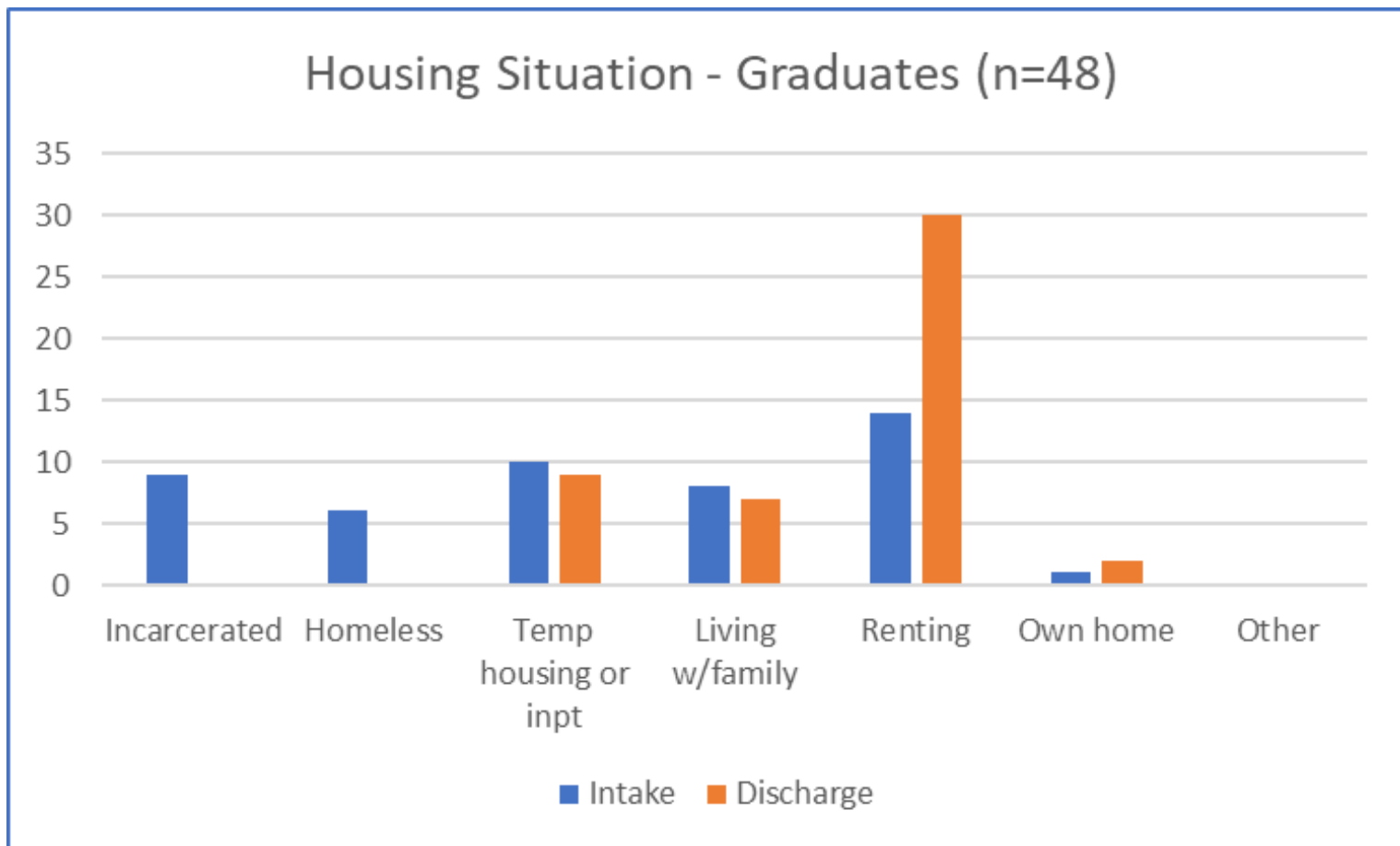
■ Completions    ■ Terminations

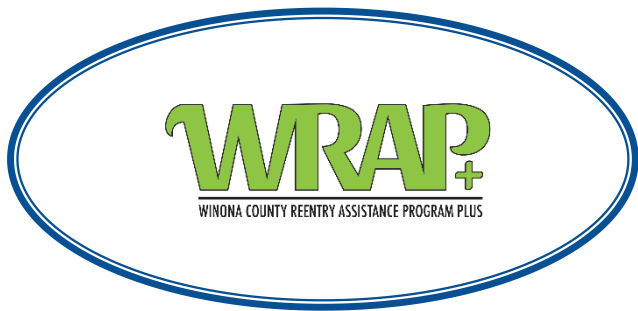




# Outcome Data

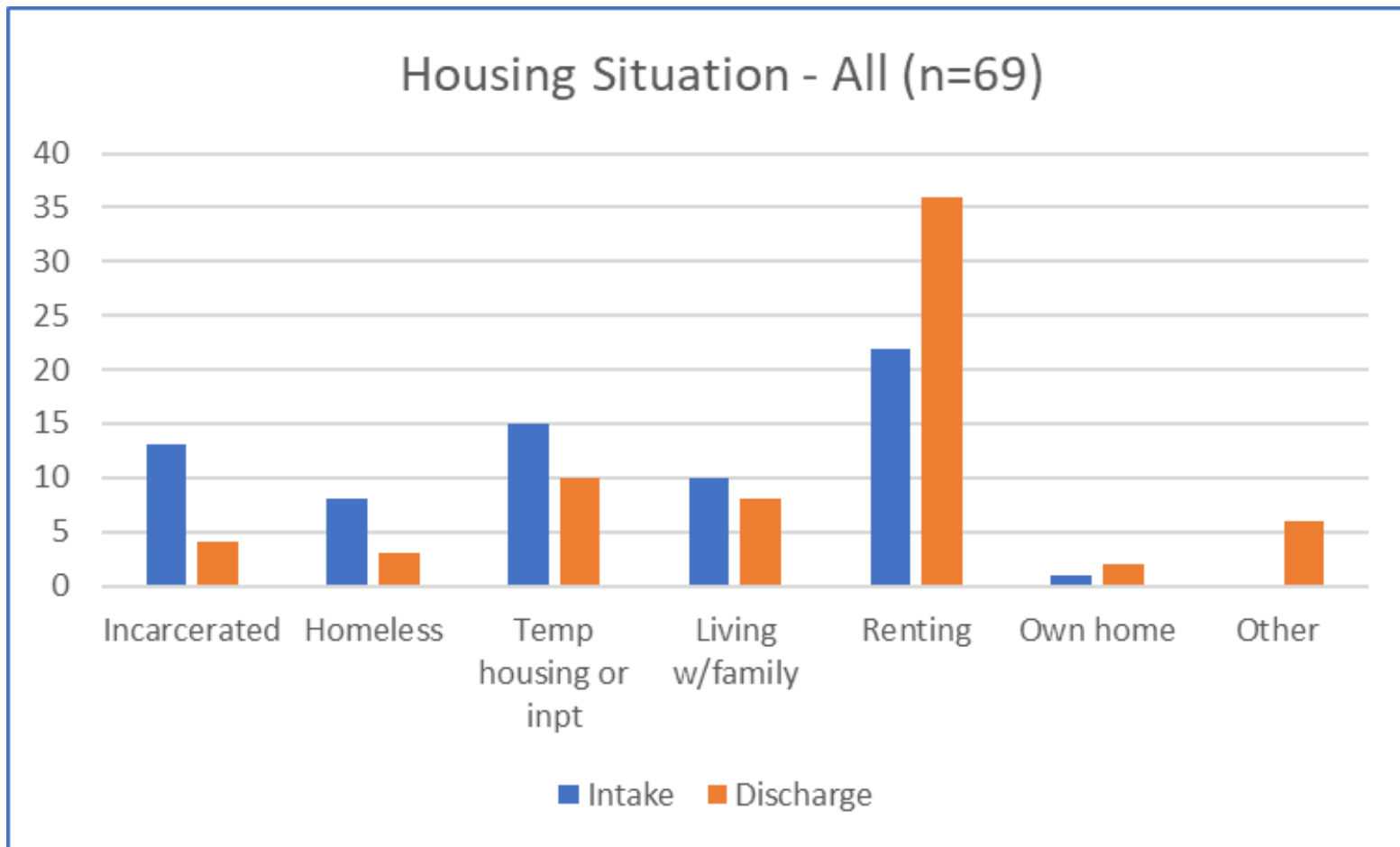
## Participant Completions

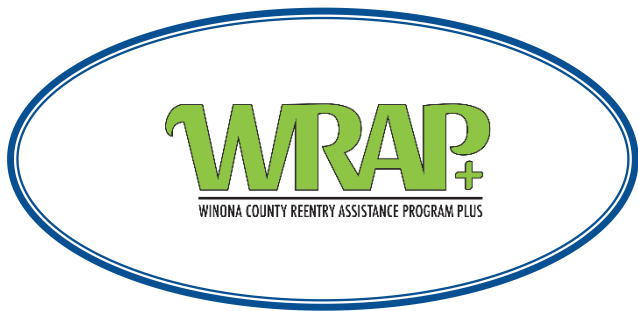




# Outcome Data

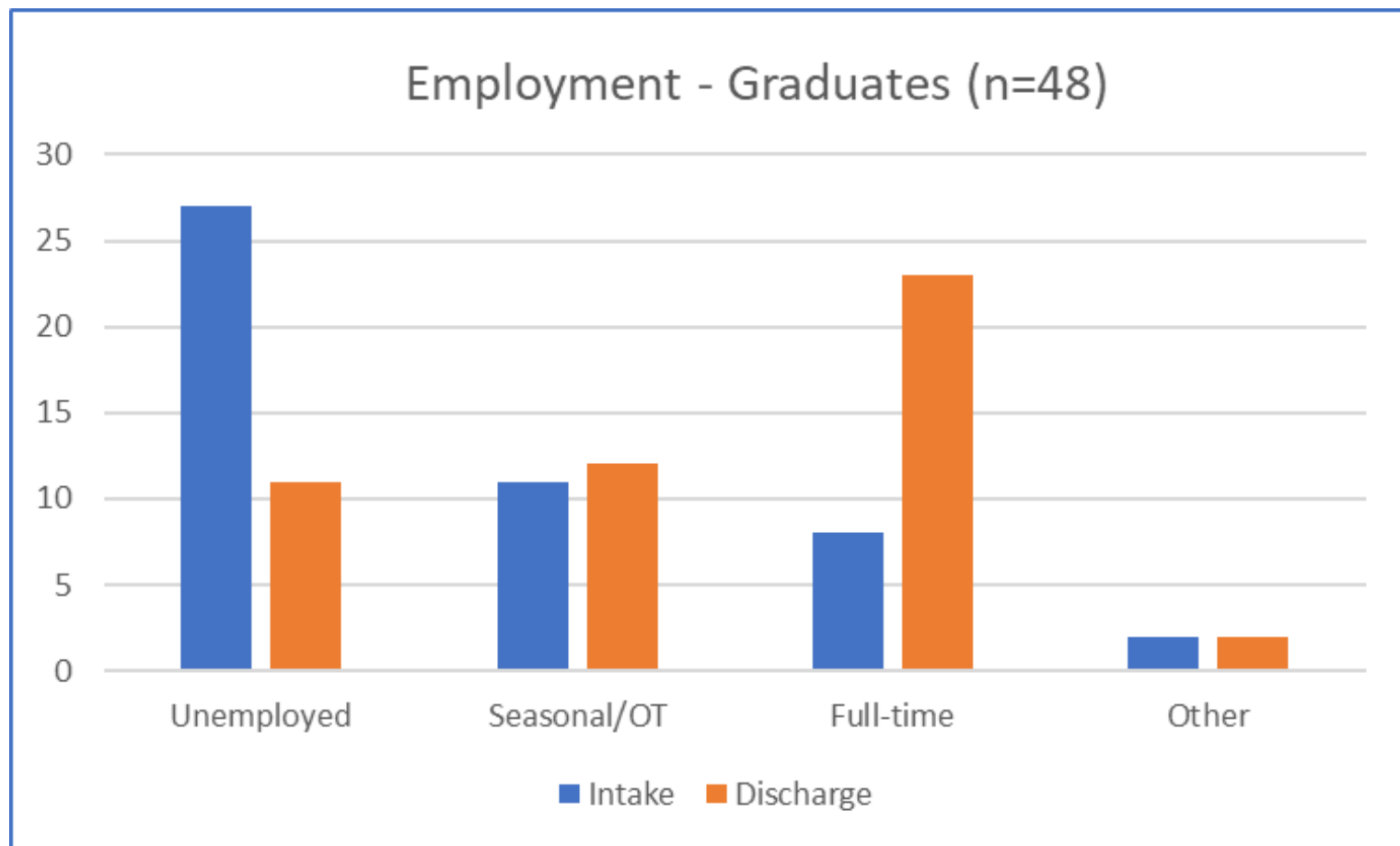
Participant Completions and Terminations





# Outcome Data

## Participant Completions

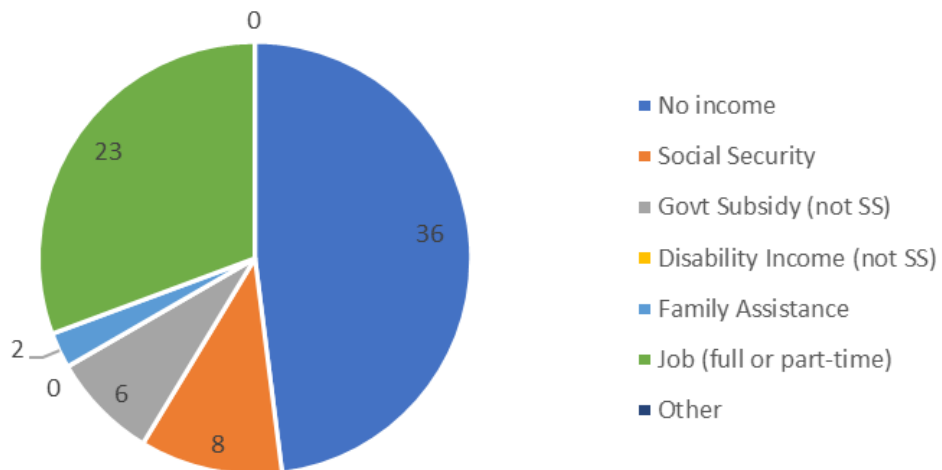




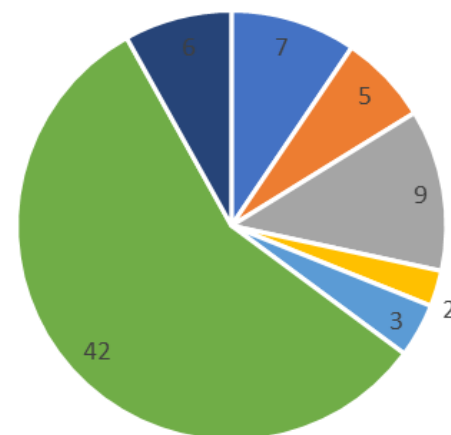
# Outcome Data

## Participant Completions and Terminations

Financial - All - Intake (n=69)



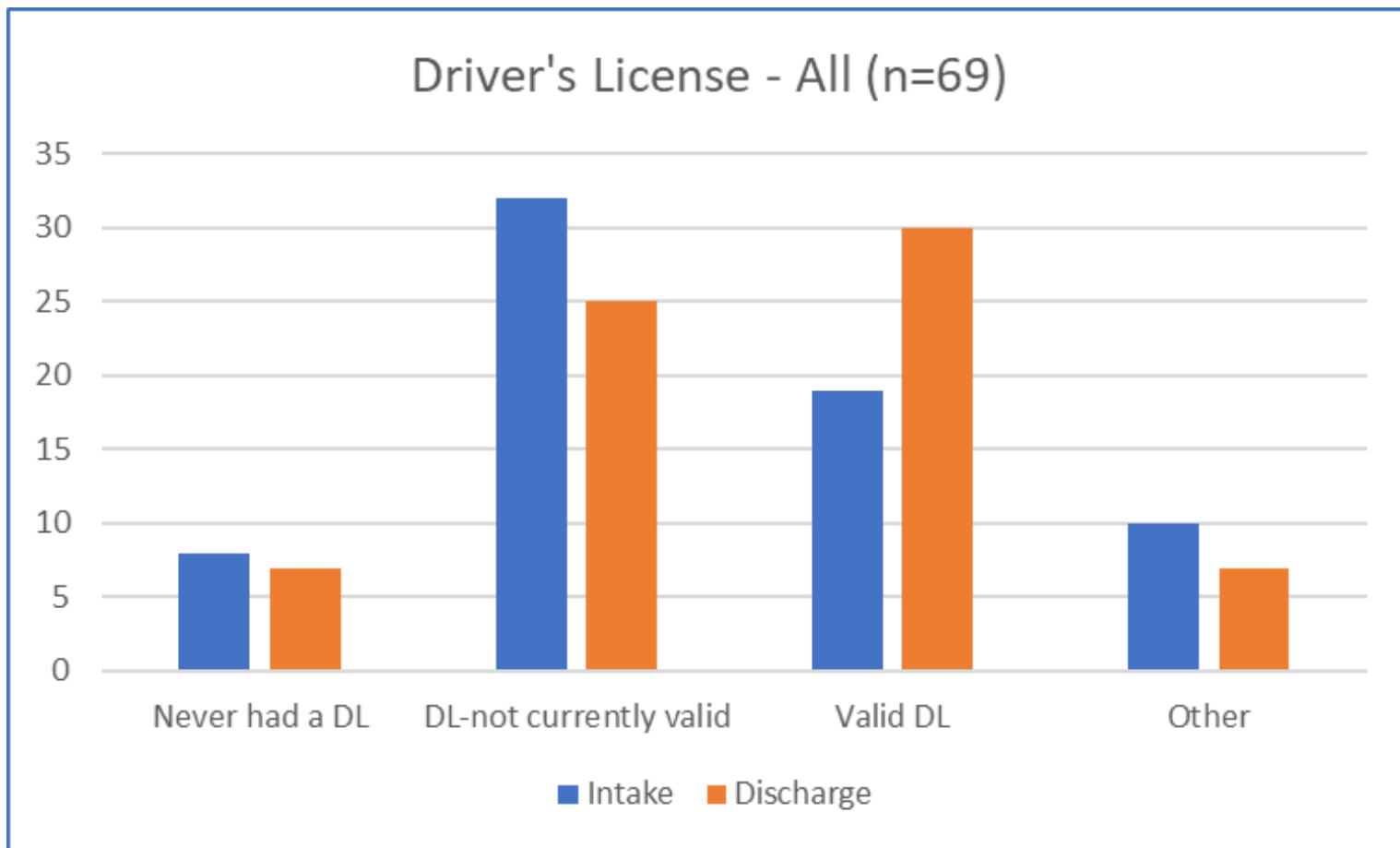
Financial - All - Discharge (n=69)





# Outcome Data

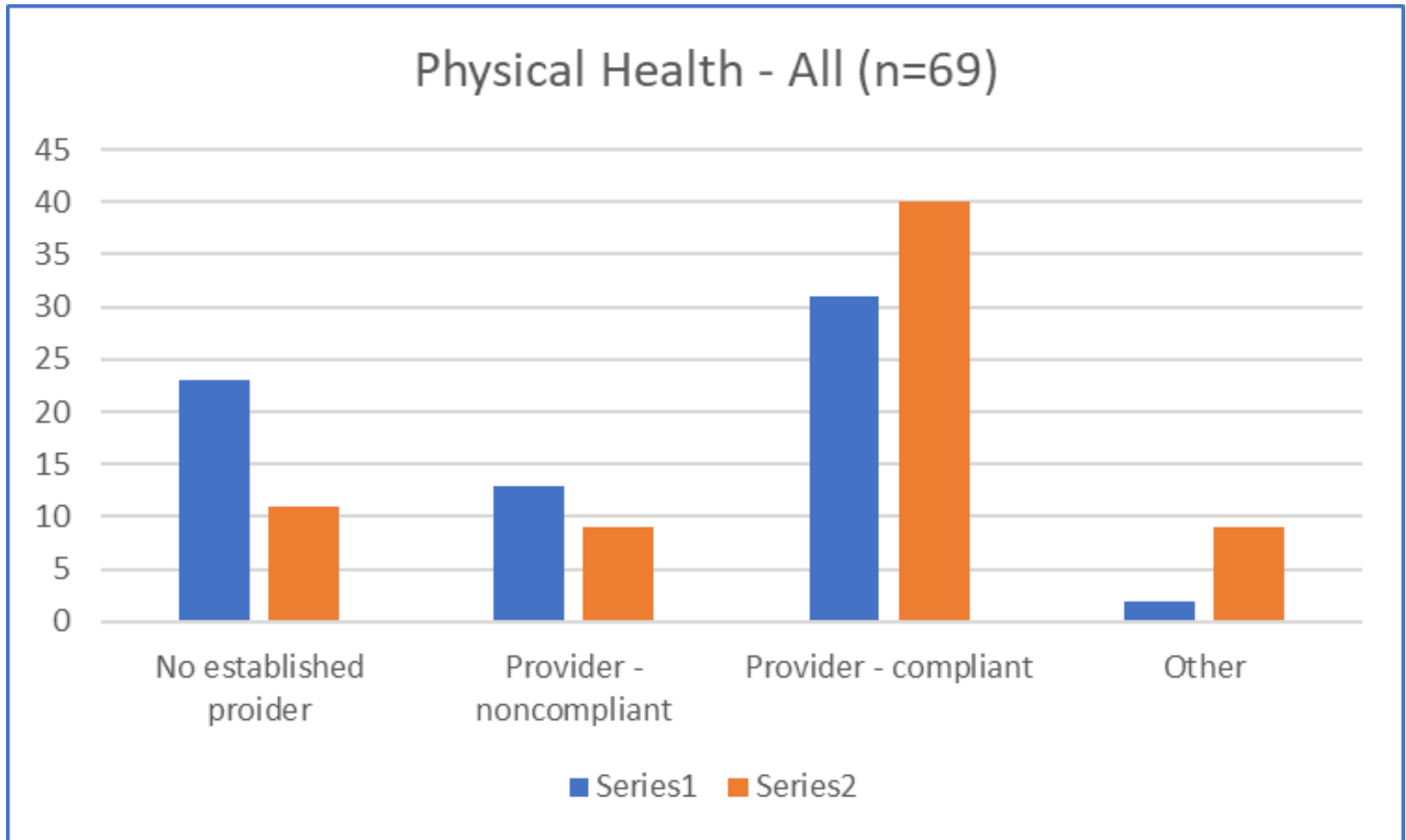
Participant Completions and Terminations





# Outcome Data

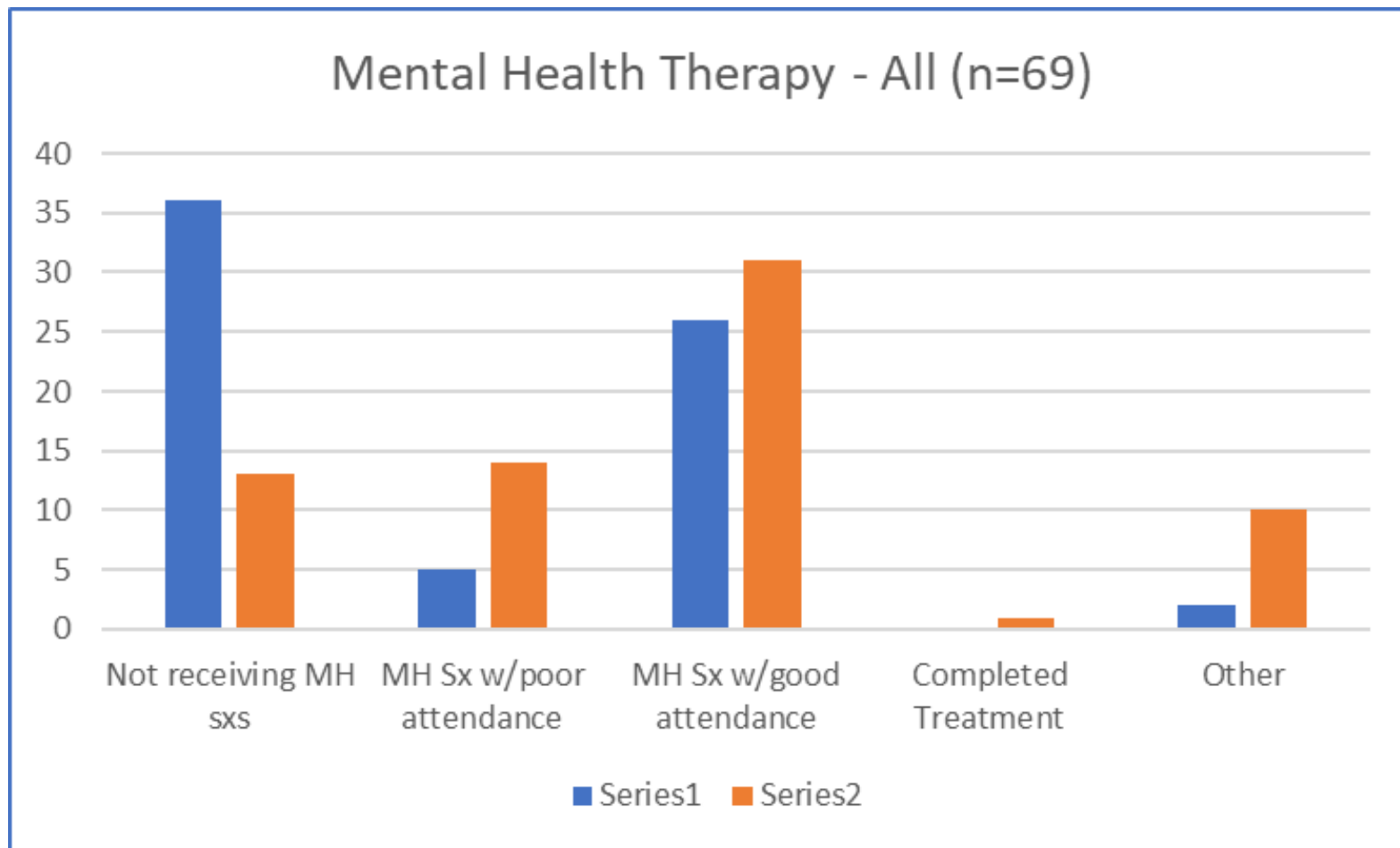
Participant Completions and Terminations





# Outcome Data

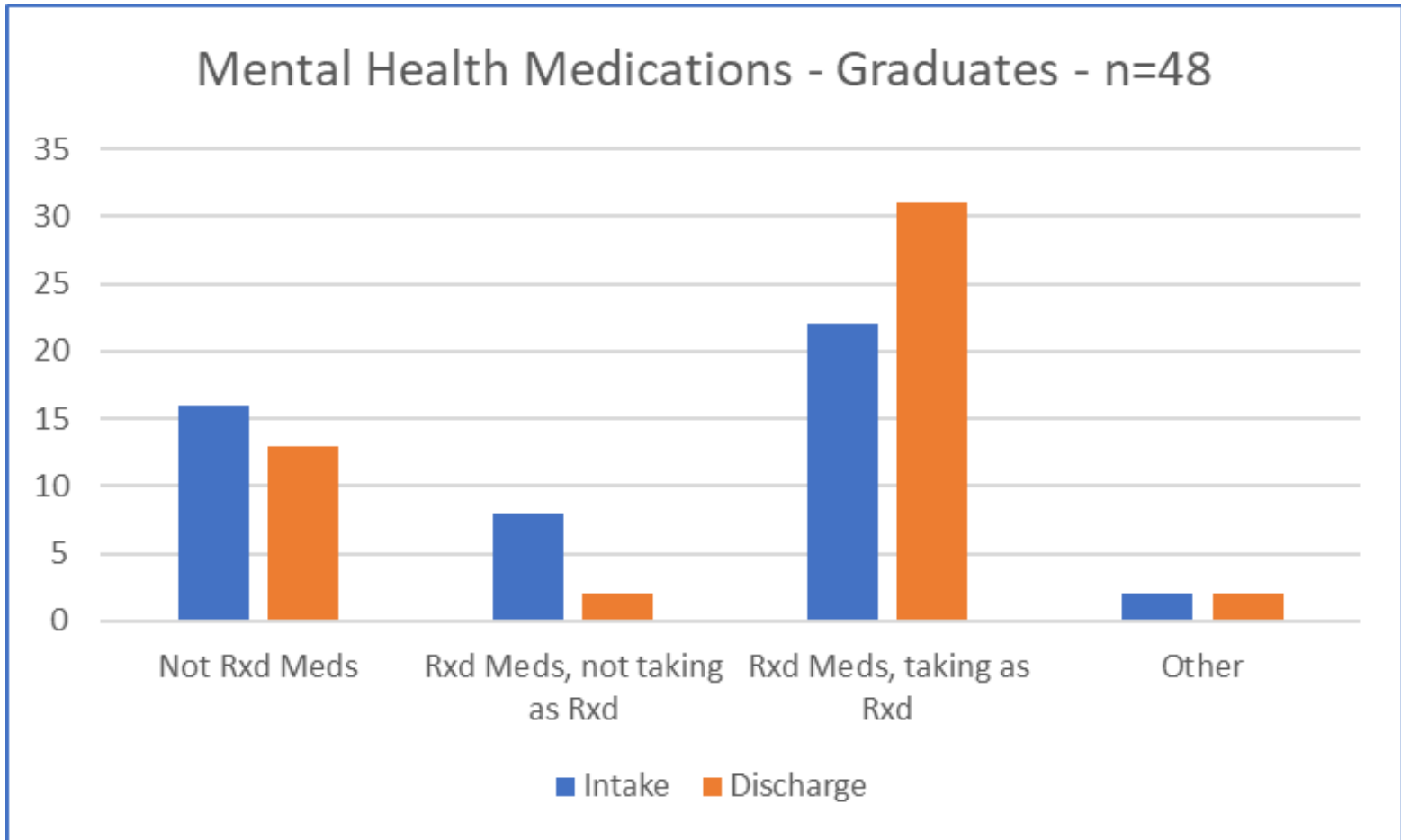
Participant Completions and Terminations





# Outcome Data

## Participant Completions

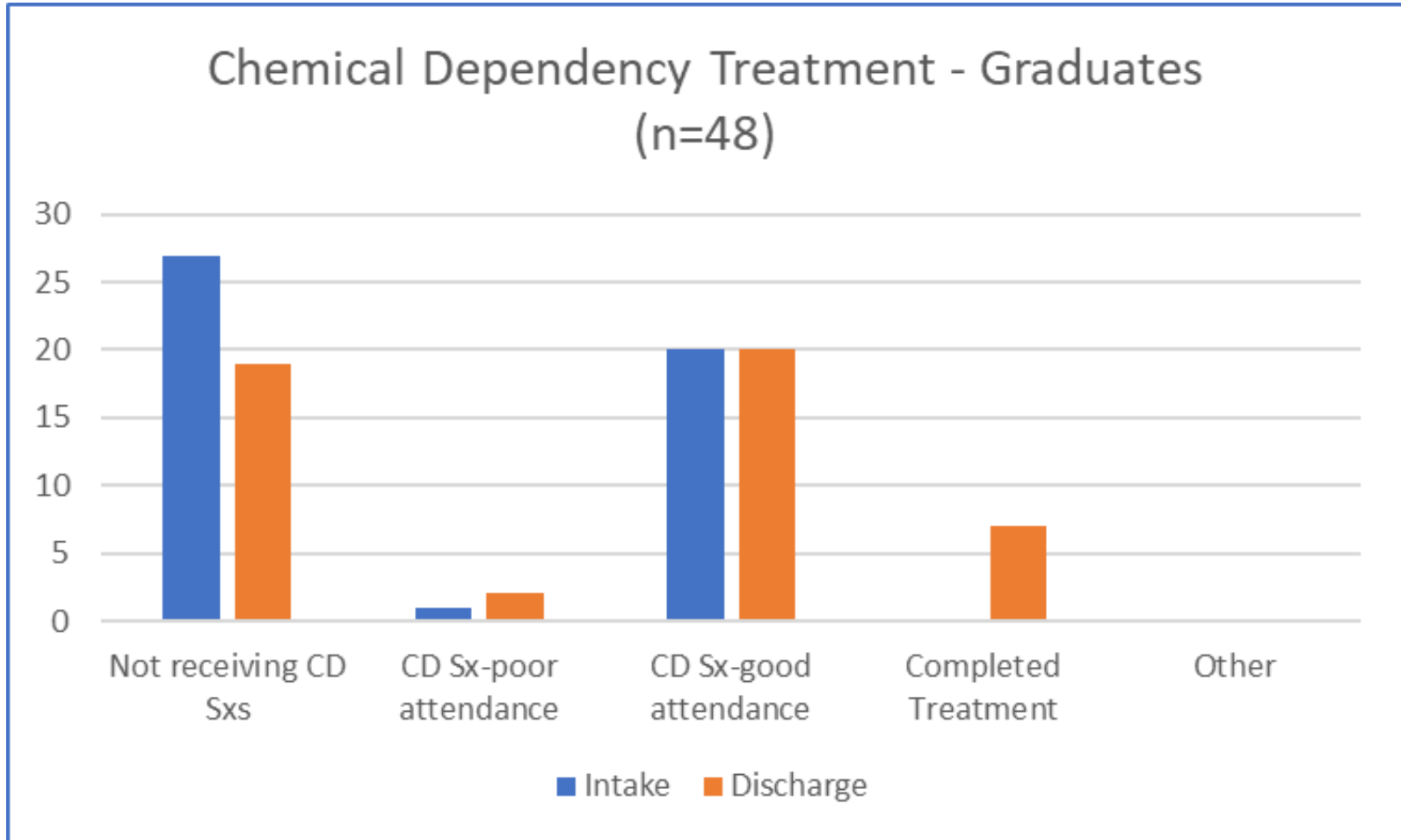






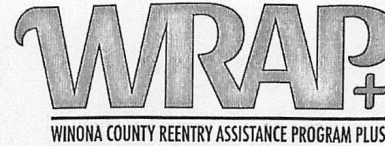
# Outcome Data

## Participant Completions





# Client Success Stories



## My WRAP+ Success Story

Name: Chase Wehner  
Date: May 2nd 2023

WRAP+ has helped me with (ex: rent, transportation, etc.):

First Month Rent

My Story (why I needed WRAP+ assistance):

WRAP made it possible for me to grow and excel in my recovery. After treatment I was working full time and still unable to financially recover from a purchase as big as my first apt. By helping with the first month, I was able to move into a place and maintain my bills. This gave me the freedom to learn independence, and to cherish the things I have. I wish I could explain how grateful I am and express how much this program has worked for me. If I didn't move into my apartment and grow this way, I don't think I would be where I am today. Giving me the shelter allowed me to focus on my goals, mental health, and future. Without the shelter, I wouldn't make that privilege.

My Accomplishments (where I am today with the help of WRAP+):

Other Comments/Suggestions for Improvement:

Don't ever think what you're doing for us doesn't help. It does.

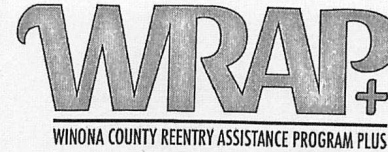
My Overall Satisfaction with WRAP+ (0 = Not Satisfied, 10 = Very Satisfied)

Got my license, got 2 jobs, 1yr sobriety, started a family, made a life of the mess I had.

10/10 ★★★★★



# Client Success Stories



## My WRAP+ Success Story

Name: *Janna Chandler*  
Date: *05/02/23*

WRAP+ has helped me with (ex: rent, transportation, etc.):

*Rent, Professional Continuing Education, etc.*

My Story (why I needed WRAP+ assistance):

*Stabilization phase - I came into the program door-to-door from jail with nothing. I wasn't able to provide for myself - without WRAP+ it would have been very easy to relapse & give up early on.*

My Accomplishments (where I am today with the help of WRAP+):

*I have been in the same apartment for 15 months, I have my nail technician & esthetician license again (guaranteed income) and am working towards my A.P. Esthetician license, and my DL (A&AN)*

Other Comments/Suggestions for Improvement:

*Thank you so much - TCWC & WRAP+ gave me my life back.*

My Overall Satisfaction with WRAP+ (0 = Not Satisfied, 10 = Very Satisfied)

*10 +*



# Client Success Stories



## My WRAP+ Success Story

Name: Kevin Sultze

Date: 2/14/23

WRAP+ has helped me with (ex: rent, transportation, etc.):

Driver's License Reinstatement Fee

My Story (why I needed WRAP+ assistance):

I needed to get my license back so I could drive to work and make my meetings and appointments. I was relying on my parents to drive me to all my different obligations and it was very hard on them.

My Accomplishments (where I am today with the help of WRAP+):

I have my drivers license for the first time in 20+ years. I am way more self sufficient and feel like I am finally able to take care of my responsibilities by myself

Other Comments/Suggestions for Improvement:

I really appreciate the help I received from Wrap+ like I said before this is the first time in 20+ years I've had my license. This is one of the biggest accomplishments in my life.

My Overall Satisfaction with WRAP+ (0 = Not Satisfied, 10 = Very Satisfied)

10+ thank you



# Client Success Stories



Another  
WRAP + Participant



# Questions



# Contact Information

## **Trish Chandler**

Jail Intake Worker

[tchandler@co.winona.mn.us](mailto:tchandler@co.winona.mn.us)

(507) 457-6539

## **Katie Schild**

Jail Social Worker

[kschild@co.winona.mn.us](mailto:kschild@co.winona.mn.us)

(507) 457-6483

## **Carin Hyter**

Treatment Court Coordinator

[chyter@co.winona.mn.us](mailto:chyter@co.winona.mn.us)

(507) 457-6434

## **Trish Costello**

Mental Health Practitioner

[trishc@hvmhc.org](mailto:trishc@hvmhc.org)

(507) 961-6509

## **Sierra Schier**

Mental Health Practitioner

[sierras@hvmhc.org](mailto:sierras@hvmhc.org)

(507) 961-6495

## **Kalene Engel**

Grant Manager

[kalene@engellawoffice.com](mailto:kalene@engellawoffice.com)

(507) 453-3646