



MERIDIAN BEHAVIORAL HEALTH

**NOW ACCEPTING
DIRECT ACCESS &
PERFORMING A
COMPREHENSIVE
ASSESSMENT UPON
ADMITTANCE.**



Please call 877-367-1715 to contact our Access Team or email directly to CARC@meridianprograms.com for any Admission questions.

Residential Treatment Facilities

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|---|---|
| Cedar Ridge Men's Program – Stillwater | Oakridge Men's Program – Rochester, MN |
| *Twin Town Men's Program – St Paul | Lake Shore Men's Program – Mahtomedi, MN |
| Douglas Place Men's Program E. Grand Forks | Douglas Place Woman's Program – E. Grand Forks |
| New Beginnings Men's Program – Waverly | New Beginnings Woman's Program – Waverly |
| Tapestry Women's Program – St Paul | Meadow Creek Women's Program – Pine City |
| Latitudes LGBTQ Program – St Paul | Bridge Recovery Men's Program – Sauk Rapids |
| Beauterre Recovery Institute – Owatonna | New Beginnings of MN IOP Program – 8 locations |

7 Men's Programs, 4 Women's Programs, 1 LGBTQ Program, 1 Professional's Program

ABOUT MERIDIAN BEHAVIORAL HEALTH

Based in the Minneapolis-St. Paul Twin Cities area, Meridian Behavioral Health is one of the fastest growing, leading behavioral healthcare platforms in the country. Meridian provides mental health and substance use treatment services across a broad continuum of care, which includes in-patient, residential, out-patient and medication-assisted treatment. Today, Meridian has 3 brands with over 19 locations throughout Minnesota. For more than 27 years, Meridian has developed and refined an innovative, evidence-based, "addictive disease" care model. And this innovative care model, treatment center network and corporate infrastructure have allowed it to rapidly expand, positioning the company and our communities well to continue to reach those in need.

** Twin Town accepts level 3 predatory offenders on a case-by-case basis at the discretion of the director. Population served policy states we only accept up to Level 2 yet the director can approve beyond that if clinically warranted.*

PERSONALIZED CARE FOR HEALTH AND HOPE

Every day, we dedicate ourselves to people, creating treatment plans that help them grasp meaningful, lasting change—the kind of change that can turn lives around. Our network is uniquely designed for those who may be struggling with alcohol or chemical dependency, mental or behavioral health concerns. Our team works across job titles and experience, disciplines, and expertise, applying proven therapeutic approaches to treatments that are as compassion-based as they are evidence-based. We share the same hearts, minds and ambitions, and an unwavering belief that we are truly at our best when those we treat are at theirs. Addictions are often as unique as the person who has them. At Meridian Behavioral Health, we take the time to get to know the patient’s situation so we can understand how we can help. Working one-on-one with patients in a judgment-free environment, we develop a level of trust which can overcome even the most challenging circumstances. We then create a custom care plan for each patient, considering their individual needs and long-term goals.

EVIDENCE-BASED APPROACHES

Even as we develop a treatment plan appropriate for an individual situation, we apply the lessons learned helping others reach their goal to find long-term recovery. Clinical practices are scientifically based upon the evidence established by the effective treatment of previous patients. Our evidence-based approach to drug and alcohol treatment also considers the specific social conditions contributing to addiction. Experience has taught us that this can bring healing not only to the afflicted individual, but to their family and the broader community as well.

FULL CONTINUUM CARE

The scope of Meridian’s network of affiliates provides a variety of disciplines and types of expertise to ensure patients get care appropriate to their needs. Our comprehensive array of services and specialties reach all levels and intensity of care, from residential inpatient to outpatient, from medically assisted treatment to group-based counseling. Our mental illness/ chemical dependency (MICD) care model is versatile enough to adapt along with our patients throughout their recovery.

INTEGRATING MIND, BODY, AND SPIRIT FOR SUSTAINED HEALING

At Meridian Behavioral Health, we utilize a holistic approach to recovery, as drug and alcohol addiction affects both mental and physical health. We believe all are born with an innate state of mental health and wisdom that once lost, can be accessed, and reclaimed. By embracing this concept of innate well-being, we pull upon the power of inner strength and re-establish a sense of self-pride and self-worth. The result is positive thinking which leads to healthy choices and, therefore, positive behavior. We listen, we respect, we understand, and above all, we help make a lasting change. Our staff whole-heartedly believes in the power of personal touch and their passion helps transform lives every day.

Please visit us at <https://www.meridianprograms.com/>

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