

**Winona County Criminal Justice Coordinating Council**

**Navigator Network Workgroup Minutes**

**December 2021 – December 2023\***

\*The committee may not have had a meeting in every month. The attached minutes are from every month in which a meeting was held

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
December 14, 2021 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Katie Schild, Chris Meyer, Andy Kranz, Amanda Moldenhauer, Amy Sixty, Deb McClellan, Vanessa Southworth, Anne Vandeberg, Georgia Neal, Amanda Rodriguez.

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their connection or interest in being a part of the workgroup.

**Review of CJCC:** Kalene reviewed the history and purpose of the workgroup. She discussed the Sequential Intercept Map Workshop that was held earlier this year and which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The current workgroup (and six others) were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The EIP is chaired by Andy Kranz and Chris Meyer. Another workgroup of the EIP (Improve Access to Health And Human Services Programs) is working on developing some survey questions that they would like members of this workgroup to answer.

**Roles/Structure:** Rachel asked for volunteers for three roles to assist with the administrative work of the workgroup. Kalene volunteered to take minutes; Rachel agreed to be the facilitator and Geo agreed to maintain a membership list and sent out meeting notices. Rachel has set up a google drive for the storage of documents. It can be accessed at:  
<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnprjTGAf9dpFxuSZxT?usp=sharing>

**Additional Members:** The remainder of the meeting was spent identifying additional individuals who serve in a “navigator” role and who might be interested in joining the workgroup. Updates were made to the document in the Google drive in real-time.

**Next Meetings:** The next meeting of the workgroup will be on January 11, 2022 at 2:00 p.m. via Zoom.

**Adjournment:** Meeting adjourned at 3:00 p.m.

**Navigator Network Workgroup of the**  
**CJCC Early Intervention & Prevention Committee**  
**January 11, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Katie Schild, Chris Meyer, Andy Kranz, Amanda Rodriguez, Amy Sixty, Vanessa Southworth, Georgia Neal, Marissa Gerke, Jon Loomis, Bill Moe, Linda Jacobs, Lisa Howard, Audrey Rivenburg, Carin Hyter, Zoey Lewis, Alyssa Passehl, Kelly Stellflug, Barb Parker, Katelyn Aufderhar.

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their role.

**History of the Workgroup:** Kalene reviewed the history and purpose of the workgroup. She discussed the Sequential Intercept Map (SIM) Workshop that was held earlier this year and which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The current workgroup (and six others) were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. This purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they could share experiences and information and serve as resource and support to each other.

**Activities of Navigator Network:** Rachel asked attendees what would make the meeting time useful for them. Responses included the following:

- Hearing from programs or resources about what they do or offer which would expand their knowledge of community resources. There could be a regular spot for a monthly speaker to speak for 15-20 minutes at the beginning of the meeting, much like what is done at CJCC meetings.
- To share information and knowledge about specific access issues. Carin Hyter discussed how she recently obtained birth certificates and Social Security clients for a client and recorded the steps that she took in doing so. This written “toolkit” information could be made available to members.
- To share information about upcoming trainings or events that may be of interest to members.
- To get more information about Peer Specialists. Treatment Court has found that the individuals they serve are much more receptive to working with people with lived experiences and that could apply across disciplines.
- To discuss and troubleshoot specific access issues. This could be done at a meeting or possibly even in real time via some type of a listserv/google groups option. Rachel will look into the Google Groups idea.
- To create some sort of a mentor-mentee relationship between more experienced navigators and those who are new to the field.

- Another workgroup created through the SIM (the Improve Access to Health and Human Services Workgroup) is in the process of creating a survey that they would like Navigator Network members to take. The survey relates specifically to access to programs administered by Health and Human Services.

**Roles/Structure/Document Storage:** Rachel again asked for volunteers to assist the operation of the workgroup. Kalene volunteered to take minutes and Bill volunteered to coordinate the monthly speakers. Rachel will remain as facilitator and will send out Zoom notices, but will continue to ask for volunteers for those roles in the future. Rachel created a Google drive folder for storage of documents related to the workgroup. It can be accessed at:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>

**Next Meetings:** The next meeting of the workgroup will be on February 8, 2022 at 2:00 p.m. via Zoom. Marissa Gerke will be presenting on FARR.

**Adjournment:** Meeting adjourned at 2:57 p.m.

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
February 8, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Taylor Zonotti, Amy Sixty, Andy Kranz, Deb McClellan, Bill Moe, Shannon Sullivan, Amanda Rodriguez, Kay Peterson, Zoey Lewis, Linda Jacobs, Jen Brietlow, Vanessa Southworth, Loice Odoul, Milly Stanton, Jon Loomis, Lisa Howard

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their role.

**History of the Workgroup:** Kalene reviewed the history and purpose of the workgroup. She discussed the Sequential Intercept Map (SIM) Workshop that was held earlier this year and which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The current workgroup (and six others) were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. This purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they could share experiences and information and serve as resource and support to each other.

**Presentation on FARR (Family Advocacy in Recovery and Restoration):** Marissa Gerke, Case Manager for the Winona Branch of FARR, provided an overview of the program, as follows:

- FARR is a program which provides support for pregnant and/or parenting adults in Winona and Olmsted counties.
- There are two case managers in Olmsted and one in Winona who provide one-on-one case management for their clients to assist with goals related to sobriety, mental health, parenting, child development, employment, education and resource navigation.
- Lately, a lot of what Marissa has been helping her clients with is schedule management, as most of the women have numerous appointments and other obligations.
- In addition to case management, the program offers sober support groups at each location. The Winona group meets on Tuesdays from 4-6pm at Faith Lutheran Church. They recently obtained a grant to cover child care during group sessions. The group includes a group check-in, community updates and then a group activity or topic. During the past month, the topics covered have included self-sabotage, boundaries, stress management and “recognizing the good stuff.”
- Case managers can also offer UA drug screens; this is not a requirement for women to be in the program, but it is another service that is offered.
- Pre-COVID, the program offered monthly social events including children. This has been a challenge during COVID, but one of the fun activities they have done is go to Ferguson’s Apple Orchard.

- The case managers work with families and other service providers using a team approach.
- Financial support includes providing diapers, wipes, basic needs items and monthly Kwik Trip fuel and Walmart cards.
- Program participation is one year at intake, but if a pregnant woman is participating, the one year starts on the birth of the child. Graduates of the program can participate as an alumni. Participants can also stay longer than one year if they desire the support.
- Graduation is achieved if a person has participated for one year, met their case plan goals and attended at least 75% of groups.
- Future plans include having alumni become more active and possibly facilitate the group sessions to emphasize the peer approach.
- There is no cost to participate in the program and insurance is not required.
- The program is completely voluntary; however, sometimes program participation is included in child protection case plans.
- Anyone can refer to FARR, including self-referrals. Most referrals are from child protection, public health and lawyers. Recently a social worker from Winona Health made a referral.
- FARR is funded through the Minnesota Dept. of Health and Human Services and Proof Alliance and is aimed at decreasing the impacts of Fetal Alcohol Syndrome Disorders.
- There are three active alumni: one graduated from college and is working as an elementary teacher, the second is starting as a behavioral health technician and one is currently employed in the longest employment she has had. Bill noted that he's had two treatment court participants with ties to FARR (one participant; one where the significant other participated) and neither would have been as successful without FARR's help.
- There are no strict guidelines as to the recency of the substance abuse.
- Rachel noted that the peer engagement of FARR is really important because people often lose their previous friend circle when they stop using.

**Upcoming Speakers:** Rachel encouraged attendees to sign up on the speakers list in the Google drive:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>.

**Access to Health & Human Services Survey:** Another one of the workgroups that was created as a result of the SIM Map Workshop is focusing on improving folks access to programs administered by the Winona County Department of Health and Human Services (HHS). That group has created a survey to obtain information from navigators about any issues that they have experienced in helping their client know about, access or maintain benefits through HHS. The survey is accompanied by two handouts: one explains the survey and the other has a brief description of the programs. This survey can be shared with other navigators, but is not intended to be taken by clients, as HHS already has audits that include client surveys. Kalene will send the documents to Rachel for distribution to the members of the Navigator Network. Responses are due by February 28<sup>th</sup>.

**Leadership/Membership:** Rachel reminded everyone that she is completely fine with having some else step forward to lead the group. She also reminded people to add their names and contact information to the membership list in the Google drive.

**Other Discussion:**

- Bill shared that the Frozen River Film Festival is showing a film called Clean Slate on February 12<sup>th</sup>. The film is sponsored by Winona Health and is about two men in a Christian treatment program. Treatment court participants will be attending.
- Marissa shared that an activity being held in conjunction with the Frozen River Film Festival is a snowshoe event at Prairie Island sponsored by the Outdoor Recreation Collaborative.

**Next Meetings:** The next meeting of the workgroup will be on March 8, 2022 at 2:00 p.m. via Zoom. Carin Hyter will be presenting on Treatment Court of Winona County.

**Adjournment:** Meeting adjourned at 2:44 p.m.

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
March 8, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Amy Sixty, Bill Moe, Shannon Sullivan, Amanda Rodriguez, Zoey Lewis, Loice Odoul, Rebecca Lundeen, Chris Meyer, Katie Schild, Carin Hyter

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their role.

**Presentation on Treatment Court of Winona County (TCWC):** Carin Hyter, Treatment Court Coordinator for TCWC, provided an overview of the program, as follows:

- TCWC was established in 2012 and will be celebrating its 10 year anniversary in October. It is one of 68 treatment courts in Minnesota. Carin has been the coordinator for five years.
- Watch this video for a good overview of treatment courts: [https://youtu.be/3Y\\_qv\\_ba3dQ](https://youtu.be/3Y_qv_ba3dQ)
- The mission of TCWC is to enhance public safety and reduce costs to the community and criminal justice system by providing resources and structure that allow offenders to become alcohol and drug free.
- To be eligible for TCWC, a person must be an adult, Winona County resident convicted of a felony level offense with high risk and needs (per an LSCMI) and moderate to severe substance use disorder.
- Participants also undergo a mental health assessment, but a mental health diagnosis is not an eligibility requirement of treatment court.
- The program is administered by a multidisciplinary team; there is currently an opening for a mental health provider. Carin is the only paid staff person. All others volunteer.
- Based upon a recent evaluation, the average amount of time that a participant spends in treatment court is about 1.5 years. Thirteen months is the minimum amount of time that a participant would need to be in the program to complete its four phases.
- The program is voluntary, but for most persons who are eligible, the alternative is prison. Carin works with eligible individuals to explain the program and commitment before they are sentenced into treatment court. Once they are sentenced into treatment court, most participants enter treatment (usually inpatient) for 30 days. Following inpatient, most participants step down to a medium intensity treatment option for 30-90 days and then return to the community.
- Motivational interviewing and cultivating internal motivation is a big part of the program. It typically takes the participants about 3-4 months to understand and appreciate how and why TCWC will work for them.
- To illustrate the success of TCWC, Carin provided the following facts:
  - TWCS has had 41 successful graduates and enjoys a 59% graduation rate (compared to the national average of 56%).



- Of the graduates, less than 15% have re-offended (recidivism).
- The average cost per inmate per year in a Minnesota prison is \$41,366, yet the entire yearly budget for TCWC is only \$87,000.
- Treatment court benefits include reduced arrest rates, lower cost to society, reunited families, lowered ACES scores, increased tax paying citizens, mentorship, decline in drug overdoses and ER/urgent care visits, safer neighborhoods and licensed drivers
- Answers to some FAQs about Treatment Court are as follows:
  - The most frequently abused substance is meth, followed by alcohol and then marijuana.
  - Even when people graduate from TCWC, many still remain on probation.
  - About 90% of treatment court participants also have a mental health diagnoses.
- TCWC will be celebrating a graduation on April 7<sup>th</sup>. Upcoming dates for TCWC were shared. Carin encouraged everyone to attend a TCWC session or graduation.

**Google Drive:** Visit the Navigator Network Google Drive to view documents or update the speakers list or membership roster:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing)

**Access to Health & Human Services Survey:** Although the survey end date was February 28<sup>th</sup>, responses will still be accepted if completed immediately. Results will be compiled and shared with the members. Carin expressed thanks for the survey as being an outlet to share struggles and offer solutions.

### **Organization Announcements:**

- **Winona Community HUB:** Rachel is now the Community Wellbeing Coordinator and HUB Manager. Rebecca is the new Community Connector at Hiawatha Valley Mental Health Center.
- **WRAP+:** Kalene shared the upcoming schedule of WRAP+ trainings, as follows:
  - **March:** Cultural Humility Training on March 22<sup>nd</sup> from 9-11 am by Kathy Sublett
  - **April:**
    - MNSURE Applications by Loice Odoul and Completing the Combined Application Form by Naomi Morris on April 12, 2022 from 9-11 am
    - Community Resource Panel featuring representatives from Treatment Court, Catholic Charities, SEMCIL, ASAP and others on April 19<sup>th</sup> from 9-11 am
  - **May:** Neurobiology of Addiction on May 24<sup>th</sup> and May 31<sup>st</sup> from 9 to noon by Carol Ackley (content is original for both sessions)
  - **June:** Circles of Security Training on June 21<sup>st</sup> at 9am
  - **July:** Social Security 101 by Tom Krause of SMRLS on July 13<sup>th</sup> and July 20<sup>th</sup> from 9am to 10:30 am
  - **August:** Guardianship/Conservatorship 101 by Robert McLeod on Monday August 8<sup>th</sup> and Friday August 19 both at 9 a.m.

- **September:** Disability Benefits (MNChoices, SMRT, Waivers, etc) from representatives from Disability 101
- **October:** Motivational Interviewing by Deb Murray of Viterbo
- **November:** Employment Panel: Vocational Rehabilitation, Manpower, etc
- **December:** Mental Health for Non-Mental Health Providers by Christy Ferrington

**Speakers:** Several people have signed up to be speakers at future meetings. In April, Katie will be talking about the WRAP+ Program.

**Leadership** Rachel reminded everyone that she is completely fine with having some else step forward to lead the group. By consensus, everyone agreed that Rachel is doing a great job and should continue to lead the group and that this issue need not be brought up again. 😊

**Other:** Kalene reminded people to contribute “Tutorials” to the Google Drive, which already contains a couple of tutorials contributed by Carin Hyter. Basically, these tutorials are descriptions of specific tasks that a navigator has done to access a service. Recording this information and providing it to others will eliminate the need to “reinvent the wheel.”

**Next Meetings:** The next meeting of the workgroup will be on April 12<sup>th</sup> at 2:00 p.m. Rachel would like to schedule an upcoming meeting as an in person meeting.

**Adjournment:** Meeting adjourned at 2:48 p.m.

## **Winona Navigator Network**

A Workgroup of the CJCC Early Intervention & Prevention Committee

Tuesday April 12th at 2pm

Zoom:

<https://us02web.zoom.us/j/87308029429?pwd=VzZXZW54MjRoNUxmLzITTIIsTDJsdz09>

### **Introductions:**

#### **Summary of Workgroup context and purpose:**

A Sequential Intercept Map (SIM) Workshop was held in March 2021 which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The Navigator Network and six other workgroups were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they can share experiences and information and serve as a resource and support to each other.

**Guest Speaker:** Katie Schild and Rebecca Lundeen: WRAP+

\*\* recording available in the Google Drive\*\*

Find more information about WRAP+ at: <https://winonacountycjcc.org/wrapplus/>

### **Organizational Announcements:**

- Parent Support Outreach Program (PSOP- Winona County program that works with families) may be a good presentation in the future- Rachel will reach out.
- HUB: two new CCs onboarding- ready for more referrals!!
- Free Mental Health/Criminal Justice Webinars (WRAP+ funded trainings):  
Register at: [Community Trainings - Hiawatha Valley Mental Health Center \(hvmhc.org\)](https://www.hvmhc.org/community-trainings)
  - Tuesday April 12th 9am-11am  
MNSure and Completing the Combined Application Form
  - Tuesday April 19th 9am-11am  
Community Resource Panel
  - Tuesday May 24 and May 31 9am-12pm  
Neurobiology of Addiction and Trauma
  - Tuesday June 21 9am-11am  
Circles of Security: Understanding Attachment in Relationship Building

### **Discussion Items:**

- NN Weekday outdoor lunch? Maybe in June- will discuss at May meeting

What other trainings might be helpful to host in this setting or 2 hour training?

- Kalene: there are some WRAP+ trainings lined up, but are not posted yet (sneak peak)
- July 13, 20: 9-10:30 SS 101
- August 8th: guardianship 101
- September: request has been made to Disability 101
- October: MI w Deb Murrey from Viterbo
- November: Employment panel
- December: Mental Health for non-mental health provider

Other topics: EMDR DBT etc, Common Ground (sober living), NAMI MN (advanced psych directives) Immigrant law center of MN (working w undocumented participants)

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
May 10, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Amy Sixty, Bill Moe, Shannon Sullivan, Amanda Rodriguez, Loice Odoul, Rebecca Lundeen, Katie Schild, Katelynn Aufderhar, Vanessa Southworth, Kori Holewinski, Andy Kranz, Karin Sonneman, Carrie Meiners, Kelly Wooden, Alyssa Passehl

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their role.

**Presentation on SEMCIL:** Amy Sixty, Independent Living Program Supervisor, provided an overview of SEMCIL (Southeast Minnesota Center for Independent Living). For detailed information, please see the attached outline or the presentation Powerpoint or video, located in the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing)

Key takeaways from the presentation are that an individual who self-identifies as having a disability is eligible for independent living skills services. ILS services provided include information and referral, independent living skills training, individual and systems advocacy, peer counseling and transition assistance. ILS services are voluntary and, with few exceptions, provided free of charge. SEMCIL also provides personal care attendant services and operates the disability hub (disabilityhubmn.org). Referral information and a list of summer classes offered by SEMCIL are also posted in the Google Drive.

**Organization Announcements:**

- **SEMCIL:** SEMCIL received a grant and is able to offer its summer transition classes free of charge. Classes on cooking, using the library, money management, housing and driver's training will be offered. The catalog was emailed to the Navigator Network distribution list and is also in the Google Drive.
- **WRAP+ Training:** A training entitled Neurobiology of Addiction will be offered on May 24<sup>th</sup> and May 31<sup>st</sup> from 9 to noon by Carol Ackley (content is original for both sessions)
- **Treatment Court:** A graduation ceremony will be held on Thursday, May 12<sup>th</sup>. Two people are graduating. Contact Carin Hyter for zoom information.

**Summer Get-Together:** After getting input from the group, Rachel will pick a date and time to have an in-person get together at one of the pavilions by the lake. The get together will take place before the June meeting.

**Other:** Wincraft/Fanatics is having a job fair on May 14<sup>th</sup> at 1301 Innovation Drive in Winona. There will be free Bloedow's donuts and lunch, plus giveaways. Attendees were encouraged to spread the word.

**Next Meeting:** The net meeting will be on June 14<sup>th</sup> at 2pm. Bill Moe will speak about Probation. Upcoming speakers include Phil Huerta of ASAP in July; Brad Nelson of the Ignition Interlock Program in August.

**Adjournment:** Meeting adjourned at 2:45 p.m.

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
June 14, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Amy Sixty, Bill Moe, Amanda Rodriguez, Rebecca Lundeen, Katie Schild, Vanessa Southworth, Andy Kranz, Kelly Wooden, Chris Meyer, Amanda Moldenhauer, Jen Breitlow, Linda Jacobs, Tina Brown, Ndea Young, Lisa Howard

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their role. Rachel summarized the workgroup purpose and context within CJCC.

**Presentation on Probation & Parole:** Bill Moe, Probation Agent, provided an overview of Probation and Parole.

For detailed information, please see the attached outline or the presentation Powerpoint or video, located in the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing)

Key takeaways from the presentation are that a probation officer wears many hats, ranging from law enforcement officer (providing monitoring of the conditions imposed by the court and reporting infractions) to social worker (helping the person access resources and being a change agent). Some probation officers have specialized caseloads for offenses like DUI, domestic assault and criminal sexual conduct. Intensive supervision is another name for parole, which is when someone has served time in prison. This happens more often in bigger cities. Risk assessments are used to determine what type of supervision a person needs. Probation agents develop a case plan with higher risk individuals, which is sort of like a life plan. . Sometimes people are referred to probation before they are sentenced so probation can prepare a report for the court and attorneys with the person's criminal and social history, all in an effort to help the judges and attorneys make a decision about the person's sentence. An executed sentence means the time that a person actually serves in jail or prison. A stayed sentence means that the person has a jail sentence hanging over their head, but they are on probation and if they screw up badly enough, they may return to jail. When a person is sentenced to prison in Minnesota, they actually only serve 2/3 of the sentence in prison; the rest is on supervised release (which is like probation). However, if a person violates supervised release, they go before a Hearings and Release Officer who decides whether they stay in the community or go back to jail. If a person violates probation, the probation agent can file a violation report and the district court judge decides what to do about the violation. The term probation agent and probation officer mean the same thing.

**Organizational Announcements:**

- **Navigator Network:** The in person get together is schedule for June 22, 2022 from noon to 1:30 at the Fire Union Shelter in Lake Park.
- **WRAP+:** WRAP+ has the following upcoming trainings: Circles of Security (June); Social Security 101 (July); Guardianship/Conservatorship (August); Motivational Interviewing (October).
- **Suicide Line:** The national suicide line will be rolled out in July. It is 988

Meeting adjourned: 2:34 p.m.

Upcoming Speakers: Phil Huerta-ASAP; Brad Nelson, 3<sup>rd</sup> Judicial District Ignition Interlock, Loice Odoul, Health Access MN, Advocacy Center and Parent Support Outreach Program



**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
July 12, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Amy Sixty, Bill Moe, Amanda Rodriguez, Rebecca Lundeen, Katie Schild, Vanessa Southworth, Kelly Wooden, Helen Bagshaw, Phil Huerta, Loice Odoul, Ashley Floy, Marie Kovecsi

**Minutes by:** Kalene Engel

**Introductions:** Persons present introduced themselves and their role. Rachel summarized the workgroup purpose and context within CJCC.

**Presentation on Winona County ASAP:** Phil Huerta, Program Coordinator and Helen Bagshaw, Volunteer, provided an overview of Alliance for Substance Abuse Prevention.

For detailed information, please see the presentation Powerpoint or video, located in the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing)

Key takeaways from the presentation are as follows:

- ASAP is short for Alliance for Substance Abuse Prevention. It is a community-based coalition, not a non-profit, which uses a public health approach and science as opposed to scare tactics.
- ASAP started in 2012 when a Winona Area Public School counselor became concerned about what was going on in the community with respect to teen drug use. The CJCC and Livewell Winona joined together with other community members to apply for a Drug Free Communities Grant.
- Phil joined ASAP in 2015, when the 1<sup>st</sup> grant was awarded. The second grant was awarded in 2020. Helen became involved because, as a part of four teenage children (at the time), she felt that this group seemed to be what was missing in the community.
- ASAP uses a variety of prevention strategies, including changes in policies, systems and the environment.
- The vision of ASAP is to have a community free from the negative consequences of alcohol and substance abuse, to promote health lifestyles and choices for youth, especially regarding alcohol, tobacco and other drug use. ASAP empowers youth to become youth leaders.
- ASAP has a Board of Directors with representatives from 12 sectors, which provides a broad community perspective. Winona Health serves as ASAP's fiscal agent.
- ASAP has been involved in many outreach activities over the years, where representatives attend community events and provide information. This includes stints at the Winona County fair, in schools (including football games) and in the community.

- Since 2016, they have hosted Drug Take Back Days. They also worked on expanding prescription drug dropboxes.
- Other examples of activities ASAP has done include art contests, student created ad campaigns, teen nights, and even a visit to the legislature.
- Persons wanting to help ASAP can do so by volunteering at community events or other activities, receiving updates via email, joining a workgroup or helping lead at monthly board updates.

**Organizational Announcements:** None.

**Meeting adjourned:** 2:40 p.m.

**Next Meeting:** August 9, 2022 at 2pm with featured speaker: Brad Nelson, 3<sup>rd</sup> Judicial District Ignition Interlock

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
August 9, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Bill Moe, Katie Schild, Vanessa Southworth, Kelly Stellpflug, Shannon Sullivan, Katelyn Auferdhar, Brad Nelson, Jen Quarberg, Jen Breitlow, Andy Kranz

**Minutes by:** Kalene Engel

**Presentation on 3<sup>rd</sup> Judicial District Ignition Interlock Program:** Brad Nelson, Coordinator, provided an overview of the 3<sup>rd</sup> Judicial District Ignition Interlock Program.

For a newsletter about the program, see the Navigator Network Google Drive:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>.

Key takeaways from the presentation are as follows:

- The program was started by then-Chief Judge Jodi Williamson in 2016 to address the Catch-22 for people who were trying to get their licenses back following a revocation but could not navigate the Driver and Vehicle Services System, so they continued to pick up charges and get thrown in jail due to Driving After Revocation.
- The program is funded by a Federal TZD (Towards Zero Deaths) grant. During the last two years, the program incurred greater expenses than what grant funding covered, so the 3<sup>rd</sup> District Administration kicked in funds to keep things going.
- The funding is used to pay Brad and to offset the cost of the installation and fees for ignition interlock for up to 1 year.
- Since the inception of the program, 1459 people have applied for the program. Winona County has produced 149 referrals. A total of 468 people have received funding through the program.
- Most referrals come through the criminal justice system or the Department of Motor Vehicles.
- Brad is a coach who helps people navigate DVS to get their license back. His role is to deal with DUI offenders (including driving after cancellation). If a person has never had a DUI, he will still talk with them and try to steer them in the right direction. He recognizes that some people don't have access to the internet or a printer to print off the applications, so he tried to help as much as possible to remove roadblocks for them to apply.
- The only criteria for people to use Brad's services are that they have a DUI-related offense and either live in the 3<sup>rd</sup> Judicial District or their charge originated in the 3<sup>rd</sup> Judicial District.
- Brad will provide summaries of what he is doing with a client to their probation officers to keep them in the loop.
- He will also work cooperatively with treatment centers so that the client can get back their license at the same time they are leaving treatment.

- Judges have been ordering people to get hooked up with Ignition Interlock as a condition of release.
- Brad will provide Rachel with a stack of business cards for people in Winona who would like to have them.
- **Contact information for Brad Nelson is as follows:**
  - Ignition Interlock Coordinator
  - Third Judicial District
  - 1696 Greenview Dr Sw
  - Rochester, Mn 55902
  - Phone # 507-722-7261**
  - FAX: 507-285-7476
  - E-Mail: [Brad.nelson@Courts.state.mn.us](mailto:Brad.nelson@Courts.state.mn.us)

**Organizational Announcements:**

- FARR: FARR has a new referral form that is fillable, so people can complete it right on their computer without having to print it off. The form is in the FARR folder on the Navigator Network Drive.
- HHS Tips Sheet: A “Tips Sheet” on how to best communicate with Winona County Health and Human Services was developed by the Access to HHS Workgroup. It also will be uploaded to the drive.
- Catholic Charities/HUB: Catholic Charities will be hiring a community connector for the Warming Center.
- Naomi Morris from DHS passed along information about Briva Health. Briva is a certified Navigator for anyone looking for assistance with MNSURE Health Care. Briva also assists people with questions on other issues, such as food assistance, child care, and legal assistance.

**Meeting adjourned:** 2:40 p.m.

**Next Meeting:** September 13, 2022 at 2pm

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
September 13, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Marissa Gerke, Shannon Sullivan, Katelyn Auferdhar, Jen Breitlow, Andy Kranz, Patrick Michener, Loice Odoul, Chris Meyer, Amanda Rodriguez, Lisa Howard

**Minutes by:** Kalene Engel

**Presentation on Winona Community Hub:** Rachel Stoll, Community Wellbeing Coordinator for Livewell Winona and HUB Manager, provided an overview of the Winona Community Hub Program.

For a powerpoint about the program, see the Navigator Network Google Drive:  
<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>.

Key takeaways from the presentation are as follows:

- The Hub was started in 2016 by the Winona Wellbeing Collaborative which was looking for a way to better address health outcomes. After evaluating options, the WWC selected the Pathways Community Hub Model which had proven successful in Ohio.
- In recognition of the fact that health is only the tip of the iceberg and that many factors outside of the clinic walls influence health, the Hub takes a systems level approach to change by breaking down barriers between agencies and providers and bridging gaps.
- The Hub uses community health workers (also called community connectors (CCs)) to link participants to health and social services and to address identified areas of need, called pathways.
- The CCs takes a holistic approach and works with everyone in the household.
- CCs focus on common metrics to identify, track and address risks.
- The CCs are employed by different agencies, but all use a common software program and common metrics. All current CCs either have a community health worker certificate or are working towards a certificate.
- Under the pathways model, once a CC successfully completes a pathway, the CCs employing agency receives payment from the participant's insurer. Currently, the payment agreements are being worked out with different health insurers. Last week, the first agreement (with BCBS) was signed!
- Examples of the types of services provided by the CCs include the following:
  - Monthly check ins in the home or community setting.
  - Navigating healthcare and other systems
  - Health education and goal setting for behavior change
  - Supporting a patient in the management of a chronic disease
  - Supporting a patient in medication adherence
  - Depression screening

- Supporting patients in building capacity to achieve wellness
- Addressing social determinants of health via referrals
- Anyone can make referrals to the HUB; there are several agencies that have referral access to the HUB software.
- Once a referral is made, the CC reaches out to the family and uses standardized forms to address risk, which triggers pathways. Each pathway has specific steps that must be completed before payment is earned.
- There are currently four CC's (Winona Health-2, HVMHC-1, Volunteer Services-1) and two needing to be hired (FCC and Catholic Charities).
- To qualify for the HUB, a person must be a Winona County resident and have one of the following:
  - Screen positive for food insecurity OR
  - Diagnosed with or self-report mental health issues OR
  - Experiencing homelessness OR
  - Been to the emergency room more than 5 times in the past 12 months.
- Qualifying criteria is reviewed and changed by the Winona Wellbeing Collaborative. The emergency room criteria was just added a couple of months ago.
- There is no “substance abuse” criteria to qualify, but there is a substance use pathway.
- Kalene has worked with several of the CC and is very impressed with the work they have done for the WRAP+ participants.

**Organizational Announcements:**

- Catholic Charities is hiring a Community Connector
- Kalene and Karin Sonneman are presenting on WRAP+ to a national audience tomorrow.

**Meeting adjourned:** 2:38 p.m.

**Next Meeting:** October 11, 2022 at 2pm

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
November 15, 2022 at 2:00 p.m. via Zoom**

**Present:** Kalene Engel, Andy Kranz, Kelly Wooden, Jen Quarberg, Kay Peterson, Katie Schild, Elizabeth Wells, Betsy XXXX, Patrick Michener, Emily Jonson, Angela Holloway, Kaitlynn Aufderhar, Shannon Sullivan, Bill Moe, Loice Odoul, Amanda Rodriguez

**Minutes by:** Kalene Engel

**Presentation on Parent Support Outreach Program:** Kelly Wooden provided an overview of the Parent Support Outreach Program.

For a powerpoint, brochure, recording and referral form on PSOP, see the Navigator Network Google Drive:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>.

Key takeaways from the presentation are as follows:

- Kelly (457-6409; [kwooden@co.winona.mn.us](mailto:kwooden@co.winona.mn.us)) and Jen Quarberg (457-6554; [jquarberg@co.winona.mn.us](mailto:jquarberg@co.winona.mn.us)) run the program.
- PSOP started off as a pilot program and, since 2013, has received funding from the legislature.
- The funding allocated to Winona is used to fund staff.
- Criteria for participation in the program is a parent or caregiver with a child under 10 or a pregnant individual who has one or more risk factors.
- The risk factors include such things as domestic violence, homelessness, child behavioral issues, educational concerns, trauma, prior child protection cases, low income, parenting challenges.
- The program is designed as a prevention program, to support families further upstream. It is not appropriate for cases where there is an open CPS case or immediately after a CPS case, as it is meant to prevent child protection, not respond to it.
- Average PSOP caseloads are 20 families, but have been as high as 45. The whole household is assessed for services.
- The program is meant to be relatively short term. Some cases are open less than a month and some are open more than a year. The average is around 3-4 months.
- PSOP only requires a monthly meeting but meetings are scheduled according to need.
- Referrals can come from almost anywhere—the community, CPS screen outs, the school, etc.
- PSOP can help connect caregivers with basic needs, health, parenting assistance, transportation, child care and financial needs.
- The case managers work on the families strengths and needs to develop a case plan.
- PSOP is part of the county so they help with applying for benefits and making referrals to other agencies, such as SEMCIL, WIC, ECFE, PIE, Help Be Grow, Waivered Services, Farr, Ready Set School, Volunteer Services, etc.

- PSOP can also help with school supplies, clothing and furniture and sometimes with rent or security deposits.
- The end of the year tends to be a busy time for referrals. They currently have as many referrals for Q4 of this year as they had for all of Q3.
- PSOP also works with Community Services and WAPS to support a teen parent program geared at improving school attendance and grad rates, creating self sufficiency, improving child health outcomes and interrupting the generational cycle of poverty.
  - To be eligible for the teen parent program, a person must be age 21 or under and enrolled in school, college or a GED Program.
  - The participant works with the social worker, maternal child health nurse and parent educator.
  - Individuals who complete the program get credits and are eligible for incentive cards.
  - There are currently 22 open cases, with 10 new referrals this year.
  - Four people graduated in 2021-22, which is high.
- Kelly and Jen are also National Child Passenger Safety Technicians and have access to free car seats through Medicaid plus some grant-funded car seats.
- Kelly also provides some short-term parenting support.

**Organizational Announcements:**

- Open enrollment is going on for private MNSURE plans. Clients eligible for MA or MN Care are not subject to open enrollment time limits.
- A question was raised as to whether SEMCAC was accepting applications for energy assistance. No one knew the answer.
- The Winona Warming Center has had a high of 10 people per night. They learned that Rochester might be sending some people to Winona because they are filling up there. Check in for the center is at 9pm and the doors are locked at 10pm, with only law enforcement or the hospital being able to refer after that.

**Meeting adjourned:** 2:38 p.m.

**Next Meeting:** December 13<sup>th</sup> at 2pm; Advocacy Center of Winona



**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
December 13, 2022 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Kelly Wooden, Kaitlynn Aufderhar, Bill Moe, Loice Odoul, Amanda Rodriguez, Ejahn Eryilmaz, Marissa Gerke, Andrea Pierson, Veronica Carbajal Martinez, Brooke Stueve, Katie Krommes, Rebecca Lundeen

**Minutes by:** Kalene Engel

**Presentation on Advocacy Center of Winona:** Veronica Carbajal Martinez provided an overview of the services provided by Women’s Advocacy Center of Winona.

For a powerpoint, brochure, recording and referral form on ACW, see the Advocacy Center of Winona on the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing)

Key takeaways from the presentation are as follows:

- The name was changed to Advocacy Center of Winona to better reflect the scope of the services—which is not just for women. Despite the name change, the services provided have remained consistent.
- The main services provided include the following:
  - Crisis advocacy and support, including a crisis line with empathetic listening for survivors
  - Emergency shelter and relocation, including offers of hotel vouchers, connection to family and support networks and possibly even a longer term stay in an apartment available to ACW clients through a master lease
  - Free support group network for individuals who have experienced domestic violence, sexual assault and stalking
  - Legal advocacy and justice assistance including coordination with prosecution and courts and attendance at hearings and with obtaining orders for protection
  - Accompaniment and intervention to appointments with medical professionals, landlords or law enforcement
  - Funding for items such as rent, gas, emergency housing supplies, transportation, safety planning, lock changes, door stops, window alarms and tasers.
  - There is an advocate and advocacy office on the campus of Winona State.
  - Veronica is a bilingual advocate—the agency’s first.
- Advocates are mandated state reports
- To get people motivated to contact ACW, its best to help them find the internal motivation to do so. Sometimes they just need to be ready to get the support they need.
- ACW does warm handoffs and will help the client reach out to other service providers
- When ACW calls, it is from a private number.

- The number of people they are helping is trending upwards due to their inclusivity in helping men and women. A report will be released on December 15<sup>th</sup> with more information about numbers served.
- They are only able to help one “side” if both people in a relationship reach out to them.
- Reception to the bilingual advocate has been very positive; Veronica has already helped 5-7 people in the short time that she has been there.
- ACW offers unpaid internships. Interns are required to undergo a 40 hour training.

**Organizational Announcements:**

- Open enrollment is going on for private MNSURE plans and ends on December 15<sup>th</sup>. Open enrollment is extended to January 15<sup>th</sup> for coverage which starts February 1<sup>st</sup>. Clients eligible for MA or MN Care are not subject to open enrollment time limits.
- WRAP+ will now pay for the \$680 driver’s license reinstatement fee for eligible participants.
- The HUB was awarded a health equity grant which needs to be spent by the end of May. The grant will include a very close partnership with Project FINE to increase the Community Connectors ability to work with immigrants and refugees. This may pay for translation of the WRAP+ brochure. An internship with a paid stipend of \$2,500 will be offered as part of the grant.
- Healthy Families is a new program being administered by FCC. Pregnant women and mothers with a child 3 months or younger who are stressed can enroll in the program. Once enrolled, a person can receive services until the child is 5 years old. Clients will be accepted starting January 1<sup>st</sup>. The program can help with transportation to medical or other important appointments. Referrals can be made by contacting Andrea at FCC or through the website. Healthy Families will be the presenter in January.

**Meeting adjourned:** 2:45 p.m.

**Next Meeting:** January 10, 2023 at 2pm; Health Families

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
January 10, 2023 at 2:00 p.m. via Zoom**

**Present:** Katie Rommes, Kalene Engel, Bill Moe, Chris Meyer, Vanessa Southworth, Amber Sickler, Andrea Pierson, Rachel Stoll, Rebecca Lundeen, Marissa Gerke, Shannon Sullivan, Kelly Stellpflug, Alyssa Passehl, Andy Kranz, Kelly Stellpflug, Jen Quarberg, Ann McLaughlin, Amanda Rodriguez, Katelynn Auferdahr, Katie Schild

**Minutes by:** Kalene Engel

**Presentation on Healthy Families:** Katie Rommes provided an overview of the new FCC Health Families Program at Family and Children's Center.

For a powerpoint, recording and referral form on Healthy Families, see the Healthy Families folder on the Navigator Network Google Drive:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>.

**Spreadsheet on Early Intervention for Families:** Rachel started a spreadsheet to summarize the different characteristics of early intervention/prevention programs for infants and children. People were encouraged to complete the spreadsheet, which will be in the Google Drive.

**Organizational Announcements:**

- WRAP+ Trainings are set up for January through March. There's a four hour motivational interviewing training which is free (and which is usually very expensive). Ruth Charles is doing a presentation on Trauma Informed Care and State Ombudsmen for Mental Health Representatives are also doing a presentation.
- Intensive outpatient program for mental health is opening later this month and accepting referrals. Referrals can be made online: [Intensive Outpatient Program \(winonahealth.org\)](https://www.winonahealth.org/Intensive-Outpatient-Program)

**Meeting adjourned:** 2:45 p.m.

**Next Meeting:** February 14, 2023 at 2pm; Speaker TBA

**Navigator Network Workgroup of the**  
**CJCC Early Intervention & Prevention Committee**  
**February 14, 2023 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Kalene Engel, Tim Parker, Lisa Bork, Kevin Estenson, Bill Moe, Jen Quarberg, Andrea Pierson, Marissa Gerke, Andrea Onstad, Michaela Daley, Tyler Kinney, Rebecca Lundeen, Katie Rommes, Loice Odoul, Kelly Wooden, Amanda Rodriguez, Brooke Stueve, Anne McLaughlin, Kelly Stellflug, Alyssa Passehl, Mckenzie Mach

**Minutes by:** Kalene Engel

**Introductions:** Attendees introduced themselves.

**Presentation on Partners in Excellence (PI):** Lisa Bork and Kevin Estenson provided an overview of Partners in Excellence.

For a powerpoint and recording on PIE, see the Partners in Excellence folder on the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing)

Highlights of the presentation are as follows:

- PIE is an autism therapy center focused on children from age 18 months to 7 years old. Created in 2001 by Deb Thomas, it has expanded to five full centers, the closest of which are located in Winona and La Crosse.
- To be eligible for the program, a child must have a diagnostic or psychological assessment with a diagnosis of autism or other related developmental delay.
- PIE uses a treatment model based on applied behavior analysis, using positive reinforcement to modify human behavior and motivate kids to want to use positive skills.
- Children receive 1:1 therapy with a behavior therapist to start and gradually transition to larger groups.
- Children attend 8 hours per day, Monday through Friday with a variety of types of therapy sessions throughout the day.
- When dealing with challenging behaviors, they focus on the “why” and try to provide the child with tools to address those needs. They do not use consequences, time outs or physical restraint.
- Parents/caregivers are encouraged to be involved in their child’s care through regular communication, meetings, observations, individualized trainings and group outings.
- The range of stay is 1-4 years, but can be as little as 9 months and as much as 7 years.
- Early referrals and applications are encouraged because there is typically a wait list. Although there is physical space available to have more children, finding additional staff is a challenge.
- Since PIE services are a medical service, most insurances (other than Tri-Care) cover the cost.

**Organizational Announcements:**

- There is a WRAP+ training on Civil Commitment on February 15<sup>th</sup>, and a second ACES training in March. A Poverty Institute is being planned for October.
- Starting March 31st, the state will be requiring people on Medical Assistance to complete renewal forms. (Because of the pandemic, completing renewals has not been required for a few years; people were simple auto=renewed). Although people will not be penalized for failing to report changes that occurred during the period where renewals were not required, if a person is no longer eligible for MA, they lose coverage. Because of the need to renew, it is important for recipients to make sure Winona County has the correct address. Incarcerated persons who are “pending disposition” will be eligible to maintain coverage if they meet other eligibility requirements.

**Meeting adjourned:** 2:45 p.m.

**Next Meeting:** March 14, 2023; Speaker: Hiawatha Hall representative. Future presentations include Student Success Coaches from Winona Area Public Schools and Hope for Homes.

**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
March 14, 2023 at 2:00 p.m. via Zoom**

**Present:** Rachel Stoll, Tyler Kinney, Kevin Estenson, Kalene Engel, Marissa Gerke, Katie Rommes, Tara Betz, Bill Moe, Karrie Hahn, Shannon Sullivan, Linda Jacobs, Kelly Wooden, Katelynn Aufderhar, Katie Schild, Amanda Rodriguez, Loice Odoual, Angela Holloway, Emily (intern), Katelyn Fox, Vanessa Southworth, Veronica Martinez, Kay Peterson, Ann McLaughlin, Chris Meyer.

**Minutes by:** Kalene Engel

**Introductions:** Attendees introduced themselves.

**Hiawatha Hall Presentation:** Tara Betz, Treatment Supervisor, provided an overview of Partners in Excellence.

For a recording on Hiawatha Hall (HH), see the Hiawatha Hall folder on the Navigator Network Google Drive:

[https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing.](https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpF XuSZxT?usp=sharing)

Highlights of the presentation are as follows:

- Tara is a licensed therapist and treatment supervisor
- HH is an intensive residential treatment services (IRTS) placement for persons with serious and persistent mental illness.
- Individuals who are referred typically are coming from inpatient hospitalization and require a higher level of care than what a direct placement in the community will provide.
- When persons enter HH, their medications are stabilized and they are able to work on skills.
- HH takes persons who are in jail and housed or homeless
- A referral team reviews referrals and makes a determination on admissions based upon insurance and level of care needed.
- There are 9 beds so they can take up to 9 clients.
- Services include medication management, independent living skills, communication skills, social skills and groups (3x/day). Staff will work on a treatment plan with the client and community and put a plan in place to make sure there is not regression once the individual returns to the community.
- It's a 24 hour program with onsite staff including a program coordinator/supervisor, two mental health practitioners (who do a lot of service coordination) and 7-9 mental health rehabilitation workers.
- The program is a 90 day program.
- Project FINE provides interpreting services.

- Multiple insurances are accepted. Some that are not accepted are Humana, UHC, Quartz and Medicare.
- Referrals can be made by contacting FCC, Hiawatha Hall or online at <https://www.fcconline.org/locations/winona-mn>

**Organizational Announcements:**

- WRAP+ has multiple trainings planned; see the [hvmhc.org](http://hvmhc.org) website for more information
- As a result of a recent health needs assessment, Winona County is forming four workgroups. Anyone is welcome to join the workgroups.
- Advocacy Center is providing training this Saturday on safe dating for teenagers.
- Community Education is sponsoring a training on vaping.
- Rachel will be participating in a housing panel sponsored by Habitat for Humanity.
- An informational session on the Drivers License for All Legislation will be held in St. Charles.
- MNSure signups are continuing.
- Flyers on all of the above will be distributed by Rachel.

**Meeting adjourned:** 2:30 p.m.

## **Winona Navigator Network**

A Workgroup of the CJCC Early Intervention & Prevention Committee

Tuesday May 9 2023

<https://us02web.zoom.us/j/89144110029?pwd=SGp5UXY3RmJHOWRtb3dGUGVob29RUT09>

### **Introductions:**

**Attendance:** Rachel Stoll, Kylie Davison, Katie Illies, Andrea Pierson, Chris Meyer, Tina Schott, Marissa Gerke, Katie Rommes, Kelly Wooden, Kay Peterson, Katelynn Aufderhar, Tyler Kinney, Bill Moe, Jen Quarberg Amanda Rodriguez, Veronica Martinez, Kevin (PIE), Katie Schild, N'Dea

Young,

### **Summary of Workgroup context and purpose:**

A Sequential Intercept Map (SIM) Workshop was held in March 2021 which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The Navigator Network and six other workgroups were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they can share experiences and information and serve as a resource and support to each other.

### **Organizational Announcements:**

- WVS is going to build a new facility!! That means that right now the clothes shop is closed, WVS is not able to do clothing vouchers until next spring. If folks request, they make appointments for Grace Place free shelf
- HUB is hiring a coordinator position [Link to Job Posting](#)
- Engage Winona is launching Winona Area Kitchen Table will focus on stakeholders. Currently recruiting 12 community members who have experience with housing insecurity in Winona County meet for about 6-8 hours per week at \$50/hour to build relationships between community decision makers and people with lived experience. To learn more email N'Dea at [ndea@engagewinona.org](mailto:ndea@engagewinona.org) or check the [Engage Winona Website](#)
- Healthy Families (FCC) has hired a second home visitor for the home visit program and they are receiving referrals regularly!
- PSOP is having a car seat safety event at Winona State, you must pre-register. Can get your current car seat checked and can get a new car seat if they qualify June 26th from 3:30-6:30 (Rachel will forward flier later this week with registration info)
- FARR: program management worked with marketing department to create a short video about the FARR program. Rachel can forward on the group with minutes.

**Guest Speaker:** Winona County Restorative Justice Program



**Navigator Network Workgroup of the  
CJCC Early Intervention & Prevention Committee  
June 13, 2023 at 2:00 p.m. via Zoom**

**Present:** Stacy Shones, Bill Moe, Rachel Stoll, Susan Henry, Katie Schild, Chris Meyer, Rebecca Lundeen, Jacqueline Henderson, Katie Schild, Marissa Gerke, Shannon Sullivan, Veronica (from Advocacy Center), Alyssa Passehl, Kalene Engel.

**Minutes by:** Kalene Engel

**Introductions:** Attendees introduced themselves.

**PossAbilities Presentation:** Stacy Shones provided an overview of Partners in Excellence.

The meeting was not recorded due to issues with Microsoft Teams; however, the powerpoint is in the PossAbilities folder on the Navigator Network Google Drive:

<https://drive.google.com/drive/folders/1sgL5G1BnSmz01jnrpjTGAf9dpFxuSZxT?usp=sharing>.

Highlights of the presentation are as follows:

- PossAbilities is a disability service provider which offers day programs in Rochester and in home programs throughout the State of Minnesota, with a focus on southeast Minnesota, including Winona.
- The program offered in Winona is called the Individualized Home Support and Respite Program (IHSR). This is similar to what is being offered by Home and Community Options and Legacies, but they both have waitlists.
- IHSR can allow someone to stay in their home with the support they need. A family member could be paid to be a caregiver of someone else could be hired to be the service provider.
- Power is given to the families or individuals who need the services to plan how they want the services delivered to them.
- Homemaker services can be provider whereby someone comes into an individual's home to manage general cleaning and household activities, such as light housekeeping, home management (budget), assistance with activities of daily living (such as going for a walk, brushing teeth and bathing).
- Respite care may be provided if the person served is an adult. For children, respite must be provided by a family member.
- Many forms of funding are accepted for payment including BI, CADI, Community Alternative Care, Developmental Disabilities, elderly waivers and county and private insurance.
- Referrals can be made online, by email or via phone: 507-281-6116.
  - [IHSR@Possabilities.org](mailto:IHSR@Possabilities.org)
  - [Possabilities.org/request-services](https://Possabilities.org/request-services)

**Organizational Announcements:**

- Jackie Henderson is the new Coordinator for the HUB dealing with daily operations; Rachel is the HUB Manager.
- Career Force is available to do walk-in/drop-in resume services at the Winona Public Library every other Thursday from 1-4pm, starting on June 22<sup>nd</sup>.
- Veronica (who was hired through an ARPA grant) has now become a permanent staff member at Advocacy Center of Winona.
- Geo Neal has been hired as a case manager at FCC for Healthy Families. Referrals are accepted for pregnant women or women with children up to 3 months.
- A free dental clinic will take place on August 8<sup>th</sup> and 9<sup>th</sup>.
- As of June 1<sup>st</sup>, all persons on felony probation and supervised release are allowed to vote in Minnesota..

**Meeting adjourned: 2:30 p.m.**

**Winona Navigator Network**  
A Workgroup of the CJCC Early Intervention & Prevention Committee  
Teams  
7/11/23

**Introductions:**

**Attendance:** Bill Moe, Marissa Gerke, Jackie Henderson, Rachel Stoll, Amanda Moldenhauer, Rebecca Lundeen, Susan Henry, Katie Rommes, Jennifer Quarberg, Katie Schild, Loice Oduol, Kelly Wooden,

**Summary of Workgroup context and purpose:**

A Sequential Intercept Map (SIM) Workshop was held in March 2021 which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The Navigator Network and six other workgroups were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they can share experiences and information and serve as a resource and support to each other.

**Organizational Announcements:**

- Loice from MNSure Navigator: Folks who are due for a renewal in June who have not yet turned in their renewal, their coverage has been extended through July.

**Guest Speaker:**

Rebecca Lundeen, Career Force

## **Winona Navigator Network**

A Workgroup of the CJCC Early Intervention & Prevention Committee  
Teams  
8/8/23

### **Introductions:**

**Attendance:** Rachel Stoll, Jackie Henderson, Bill Moe, Kalene Engel, Chris Meyer, Susan Henry, Marissa Gerke, Veronica (ACW), Dina Nelson, Jennifer Quarberg, Katie Rommes, Kelly Stellpflug, Kelly Wooden, Loice Oduol, Amanda Rodriguez

### **Summary of Workgroup context and purpose:**

A Sequential Intercept Map (SIM) Workshop was held in March 2021 which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The Navigator Network and six other workgroups were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they can share experiences and information and serve as a resource and support to each other.

### **Guest Speaker:**

Alexander Vechinski with NorthStar Regional, mental health and chemical dependency support including inpatient and outpatient including IOP and sober living homes.

<https://northstarregional.com/>

### **Organizational Announcements:**

- ACW will be doing Safe Dates for teens events in St. Charles in spanish and english 16th, 23rd, and 30th of September. Will do in October/November in Winona and it will be posted in Community Ed. Will be October 28th and November 4th and 11th. Veronica will send fliers to be included in notes
- WRAP+ Trainings: 2 on cultural humility with Kathey Sublett in August- September 5th will be an online training on AFSD. Two sessions of Poverty Simulation. Kalene will send fliers to Rachel to distribute
- Health Access MN: Medicaid renewals: initially, those who were due for a renewal (coverage ending at the end of June) are now open through the end of July. Coverage was also extended for people whose renewals were due in August, will now be extended to August 31st. Need to turn in renewals! Reach out to Loice at Health Access MN or Winona County via email (mteam@co.winona.mn.us), or the states website: <https://www.mnrenewallookup.com/> or by calling MNSure Call Center at 855-366-7873
- HUB has very short waitlist- send in referrals!
- We Care MN now taking referrals via website for Housing stabilization, ARMHS and counseling. Headquarters is in St. Cloud so reach out to Dina Nelson personally to get referrals in for services in Winona. Dina Robinson, Clinical Director 320-241-9307

## **Winona Navigator Network**

A Workgroup of the CJCC Early Intervention & Prevention Committee  
Teams  
10/10/23

### **Introductions:**

**Attendance:** Rachel Stoll, Jackie Henderson, Linda Jacobs, Baihley Bartz, Jaymi Buege, Rebecca Lundeen, Kay Peterson, Katie Rommes, Jen Q and Kelly, Dina Nelson, Alyssah Passehl,

### **Summary of Workgroup context and purpose:**

A Sequential Intercept Map (SIM) Workshop was held in March 2021 which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The Navigator Network and six other workgroups were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they can share experiences and information and serve as a resource and support to each other.

**Guest Speaker:** Dina Nelson at WeCare

[https://winonahealthservices-my.sharepoint.com/:v/g/person/rstoll\\_winonahealth\\_org/EcZwl\\_zumjtLkrm9Hu6dlT4BjY58m9pHd4GCsTIW4ajstw](https://winonahealthservices-my.sharepoint.com/:v/g/person/rstoll_winonahealth_org/EcZwl_zumjtLkrm9Hu6dlT4BjY58m9pHd4GCsTIW4ajstw)

### **Organizational Announcements:**

- Partners in Excellence, now has children’s mental health case management, just opened up yesterday! And are now taking referrals, not limited to PIE childrens, open to all in Winona County.
- Rachel Stoll is leaving the HUB! Her last day is 10/27 so direct HUB questions to Jackie Henderson at [jacqueline.henderson@winonahealth.org](mailto:jacqueline.henderson@winonahealth.org)

**Winona Navigator Network**  
A Workgroup of the CJCC Early Intervention & Prevention Committee  
Google Meet  
11/14/23

**Introductions:** Chris Dalke, Ann McLaughlin, Bill Moe, Baihley Bartz, Veronica, Sara Taha, Gwen Lynch, Susan Henry, Chris Meyer,

**Attendance: Summary of Workgroup context and purpose:**

A Sequential Intercept Map (SIM) Workshop was held in March 2021 which identified criminal justice system gaps for persons with mental health and/or substance abuse issues. The Navigator Network and six other workgroups were formed to address some of these gaps. This workgroup reports to the Early Intervention and Prevention (EIP) Committee which reports to the CJCC Main Council. The purpose of the Navigator Network is to bring together people who assist others in “navigating” services or supports so that they can share experiences and information and serve as a resource and support to each other.

**Guest Speaker:** Tara and Gwen Childcare Aware Wayfinders and Families First

All programs are newly funded as of 2021-2022

Childcare Aware: branch off of DHS

2021 newly appropriated funds were passed to support family childcare and center based programs. Childcare Aware has an office at Families First in Rochester MN. There are lots of different initiatives going in the childcare lane to get childcare programs started and growing. One goal is to increase access to childcare statewide. Strategy includes targeted outreach and recruitments by building partnerships in communities to understand what community needs are. There is a focus on communities with the lowest access to give resources and tools and also if providers want to grow and need technical support. They encourage programs to start by providing business support and knowledge as well as licensing, day to day operations and access to supportive programs. All work done by Childcare Aware is for licensed childcare facilities.

*Winona needs an additional 211 childcare spots to fill the childcare needs in the city. Winona is a higher need city in the region.*

Families First:

Sara: Legal non-licensed work

Family, Friend and Neighbor childcare. Any family member like grandparents, aunties or older siblings or friend or neighbor providing childcare in the home without institutional support.

Families first supports these caregivers to ensure that they have access to those resources.

There are many reasons that a family might choose this kind of care including: low access to services, work shifts that do not line up with daycare providers’ schedule, cultural reasons or other reasons. Program helps train caregivers in health and safety, kindergarten readiness, and other supportive training to ensure that caregivers are providing the best care that they can.

Caregivers get toys and books as well as vital material support. Caregivers may not be able to find this resource so the word needs to be spread about this service for informal caregivers. Caring for children can be difficult and there are supports in this program for mental health for caregivers as they provide care. Have a mental health specialist who provides caregiver with one-on-one support

Provides education on resources and ensures that caregivers have the support they need to provide safe, legal care and have support to become licensed if they would like to pursue that.

**Organizational Announcements:**

- Safe Dates event with Advocacy Center went well! Had about 3-5 students per session, there are plans to do the events again next spring with new curriculum, more information to come!
- Winona Health Clinic will be closed on Black Friday- ED, hospital and urgent care will be open.